

#### **Province of the Eastern Cape National School Nutrition Programme (NSNP)**

#### **School Implementation Guidelines**

Seeking to enhance learning capacity and improve access to education through serving a nutritious meal on time.



#### How do we serve a nutritious meal on time?



Finish feeding by 10:00 am



Serve a balanced meal



Serve the correct quantity

#### FOREWORD BY THE SUPERINTENDENT GENERAL

The Eastern Cape Department of Education, through its National School Nutrition Programme (NSNP) seeks to promote access to education, enhance the learning capacity and contribute towards learner retention and scholastic improvement through serving nutritious meals to all needy learners, on time, in the Province.

In addition to providing nutritious meals to learners on time, the programme should also provide support to schools in meeting the other two significant objectives, namely; promotion of healthy eating habits and lifestyles amongst school communities as well as promotion of food security (sustainable food production) in schools and communities

The brief to the NSNP Task Team that discharged with the responsibility of developing these guidelines was to develop a user friendly manual that must not only focus on "what schools should do" (policy) but greatly assist schools in "knowing how to do it" (implementation). The document consists of a brief, simple guideline which regularly makes reference to a more practical set of templates, tools and manuals which have been included in the appendices.

We believe that these implementation guidelines will assist schools to effectively and efficiently implement the NSNP in the most accurate way and thus achieve the programme objectives as stated above.

Special appreciation goes to the NSNP Task Team and FUEL Trust for the development of a comprehensive set of guidelines for the smooth implementation of NSNP and all schools are encouraged to make full use of them as they will be monitored against these guidelines.

T.S. KOJAN SUPERINTENDENT GENERAL

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#### Definitions

Curriculum Assessment Policy Statements
Conditional Grant Framework
Department of Basic Education
Department of Health
Division of Revenue Act
Eastern Cape Department of Education
First In First Out
Identity Document
Key Performance Indicator
Medicines Control Council
Medium Term Expenditure Framework
Nutrition Education
National School Deworming Programme
National School Nutrition Programme
Public Finance Management Act
Schools are classified as belonging to a specific poverty quintile
South African Schools Act
Sustainable Food Production
School Governing Body
Service Level Agreement
School Management Team
Standard Operating Procedure
Ultra-High Temperature

#### Background to the NSNP and Relevant Policy

#### Background

- The National School Nutrition Programme (NSNP) was introduced by President Mandela as a lead project within the Reconstruction and Development Programme in 1994
- For the first 10 years the programme was implemented by the Department of Health (DOH)
- Since 2004 the Department of Basic Education (DBE) has been responsible for the implementation of the Programme
- The NSNP aims to provide a cooked mid-morning meal to more than 9 million learners nationally, in quintile 1 to 3 public primary and secondary schools, as well as selected special schools
- The NSNP is funded from a Conditional Grant with a national budget in excess of R6 billion per annum
  - Funds are transferred on a quarterly basis by the National Department to Provinces according to the Division of Revenue Act (DORA) as well as directives from DBE and National Treasury
  - Every Province can select their own preferred model for procurement of products and services related to NSNP implementation. In 2011, the Eastern Cape Province changed from a centralised procurement model to a decentralised procurement model
  - Funds are only made available if the prescribed conditions are adhered to by the Province, Districts and Schools

#### The Key Objectives of the NSNP are to:

- Provide nutritious meals to learners on time so as to improve their ability to learn
- Promote healthy lifestyles amongst learners and parents
- Promote the establishment of school vegetable gardens

#### **Conditional Grant Framework**

- The Conditional Grant Framework (CGF) is the overarching policy document for the NSNP and it contains the following critical information, amongst others:
  - The goal, purpose and expected outputs
  - The specific conditions which need to be adhered to
  - Allocation criteria
  - Medium Term Expenditure Framework (MTEF) allocations and payment schedule
    - Responsibilities of the different levels of the system (National Department, Provincial Departments, Districts and Schools)
- DORA and the CGF (which is an annexure of DORA) are updated and gazetted annually and are made available to schools through circulars, as they are updated
- The Strategic Goal and Output of the NSNP as defined in the CGF are set out below:

Strategic Goal	To enhance learning capacity and improve access to education
Output	Schools that prepare and serve nutritious meals for learners

#### **Provincial Implementation Model**

The Eastern Cape Department of Education (ECDOE) currently uses the decentralised procurement model to implement the NSNP. This means that NSNP funds for food, cooking fuel and food handler stipends are transferred directly to each participating school, to be administered by the school in line with provincially prescribed processes.

"Managing NSNP Funds" and "NSNP Procurement" are covered extensively in these guidelines

#### **Roles and Responsibilities of Key Stakeholders**

The <u>School Principal</u> AND the <u>School Governing Body (SGB)</u> are jointly accountable for managing the implementation and governance of the NSNP.

There are three sub-committees of the SGB that assist with this, namely:

- School Finance Committee
- School Procurement Committee
- School NSNP Committee

#### Principal

- In line with policy, the principal, as the accounting officer, is ultimately responsible for the overall management of the NSNP at the school
- Specifically s/he has the following responsibilities:
  - o Constitute the relevant sub-committees and ensure their functionality
  - Appoint an NSNP coordinator, in consultation with the School Management Team (SMT)
  - o Ensure time-tabling that allows for NSNP meals to be served on time
  - o Review and sign NSNP reports and submissions to the District

#### School Governing Body (SGB)

The responsibility of the SGB is to:

- Manage NSNP funds at school, through the School Finance Committee, including ensuring transparent and accountable measures and reporting corruption and fraud
- Manage NSNP procurement through the School Procurement Committee
- Engage the services of food handlers and facilitate their payment through the school finance committee
- Address NSNP related infrastructure challenges at the school
- Facilitate community engagement to support NSNP implementation
- Report irregularities to the relevant officials

#### **NSNP** committee

- The NSNP committee must be constituted as follows:
  - o 1 x SMT member
  - o 1 x SGB member
  - o 1 x NSNP coordinator
  - o A food handler should be co-opted by the NSNP committee to participate in meetings
  - In addition, if the school has an admin assistant, it is strongly recommended that they are appointed to the NSNP committee
- The NSNP committee is accountable to the SGB and should meet at least once per quarter
- The responsibilities of the committee are to:
  - Plan the implementation of the NSNP, including both day-to-day running and special events
  - Reflect on and address NSNP challenges at the school
  - o Review and maintain an up to date NSNP File
  - Draft and distribute minutes of meetings of the committee
  - Ensure compliance to approved menu options and quantities
  - $\circ$   $\;$  Advise the procurement committee on product required and relevant specifications

#### **NSNP Coordinator**

- The NSNP Coordinator must be an educator or another person that is permanently employed by the DBE and their responsibility is to:
  - o Administer the NSNP file and ensure daily feeding registers and monthly reports are prepared
  - Manage the receipt, safekeeping and issuing of stock
  - Schedule and organise NSNP committee meetings
  - o Supervise the day to day NSNP activities at the school and in particular manage food handlers
  - Liaise with educators with regard to the supervising of feeding in class and the submission of daily feeding registers
  - Liaise with District NSNP officials when required
  - Attend relevant NSNP training sessions and meetings which are facilitated by the district and cascade information to relevant school stakeholders

#### Educators

- Educators, as per pastoral responsibilities, are responsible for supervising feeding in their classes, as well as maintaining a daily feeding register
- Educators must support the implementation of the National School Deworming Programme (NSDP) at schools as part of the Ministerial priorities for the Minister of Basic Education

#### Serve a Nutritious Meal on Time

• The key output of the NSNP is to <u>Serve a Nutritious Meal on Time</u> and a school should carry out the 3 steps below to score maximum points for their <u>KEY PERFORMANCE INDICATOR (KPI)</u>

#### Finish feeding on time

- Finish feeding all learners by 10:00am, so that the meal can enhance their ability to learn
- Where breakfast is served (per approval) the main meal can be served by 12:00 (if breakfast is discontinued, the school must revert to serving by 10:00)
- Feeding should not encroach on tuition time and therefore must be considered when the school time-table is created

#### Serve a balanced meal

- Serve all 3 food groups every day
  - o Starch
  - o Protein
  - Fruit/Vegetables
- During a 5 day week, schools must serve all products stipulated on their school specific menus

#### Serve the correct quantity

- Prepare quantities per your school specific menu which is based on your approved NSNP enrolment
- This menu will be sent to you annually



Finish feeding by 10:00 am



Serve a balanced meal



- Refer to Appendix 1: Serve a Nutritious Meal on Time (Key Slides)
- A copy of these 5 slides (preferably laminated) should be put up on the wall in the kitchen so that all stakeholders involved in the NSNP are made aware of the key performance areas of the programme
- It is important that the NSNP coordinator completes and signs the "<u>Daily School Feeding Summary</u>" to confirm the following for each day:
  - Start and finish time of feeding
  - The menu served (starch, protein and fruit/veg)
  - Total number of learners fed
- The Daily School Feeding Summary is part of the School NSNP Monthly Reporting Pack (refer appendix 4)

#### **Managing NSNP Funds**

The ECDOE uses the **Decentralised** procurement model for the NSNP. This means that funds for the programme are transferred **quarterly** into the school bank account so that the school can:

- Procure <u>food</u>,
- Procure cooking fuel (wood/gas), and
- Pay the stipends to food handlers

#### **NSNP Funds Transfers**

- Prior to the commencement of the new financial year a <u>NSNP Business Plan Amendment Circular</u> will be sent to all schools participating on the programme
- This circular will clarify the key assumptions per the approved NSNP Business Plan. It will also specify the quarterly dates by which schools will have received their NSNP funds transfers
- At the beginning of each quarter schools will be sent a <u>NSNP School Specific Budget</u>. This budget indicates how funds should be spent per month for each of the expenditure categories (food, stipend, cooking fuel (wood/gas)
  - Refer Appendix 2: School Specific Budget (Example)
- Schools should acknowledge receipt of the quarterly NSNP funds by reflecting the actual amount received into their bank account on the quarterly NSNP School Specific Budget

#### School Finance Committee and Utilisation of NSNP Funds

- In line with South African Schools Act (SASA), the SGB must establish a **School Finance Committee** to manage all funds of the school and this committee should work closely with the NSNP Committee to manage NSNP funds properly
- Schools need to ensure that they manage their NSNP funds in line with the quarterly School Specific Budget
- Irregular conduct in the management of NSNP funds shall be dealt with in terms of the Public Finance Management Act (PFMA) and other relevant legislation governing acts of misconduct
- NSNP funds may not be used to procure cleaning materials Norms and Standards funds should be used
- All payments for NSNP products or services (including payments to food handlers) must be made through the issuing of cheques that duly reflect the payee and approved signatories

#### School NSNP Monthly Reporting Pack

- Schools are required to submit the completed School NSNP Monthly Reporting Pack to the District by the last feeding day of the month
- The reporting pack consists of the following documents:
  - Daily School Feeding Summary
  - Daily Food Handler Attendance Register
  - o Food Handler Acknowledgment of Payment Form
  - NSNP Income and Expenditure Register
  - Copies of Invoices & Supporting Vouchers
  - Expenditure vs Budget Analysis
  - Bank Statement (1 x per quarter reflecting NSNP funds received)
  - Copies of Cheques
- Refer to the following documents to assist with the completion of the Monthly Reporting Pack:
  - Appendix 3: School NSNP Monthly Reporting Pack (Key slides)
  - Appendix 4: School NSNP Monthly Reporting Pack (Blank Template)
  - Appendix 5: School NSNP Monthly Reporting Pack (Completed Template)

#### Additional Funding for the Procurement of Equipment and Utensils

Schools may from time to time receive an additional allocation of funds for the procurement of
equipment or utensils for the NSNP. This allocation would be separate from the quarterly transfers for
food, gas/wood and stipends and the funds should be used solely for this purpose and all transactions
recorded on a separate tracking form.

#### • Refer Appendix 6: Equipment/Utensils Funds Tracking Form (Blank and Completed Template)

#### Use of surplus NSNP funds

It is unacceptable for schools to purposefully generate surplus funds. Legitimate surplus NSNP funds which remain at the end of a financial year may be utilized to improve the implementation of the NSNP <u>IF</u> the request is approved in writing by the District Director in advance of the use of the surplus funds

Requests will only be considered for the following expenditure:

- Feeding of learners at the beginning of the new financial year (if transfers are delayed)
- Improving the menu by providing animal protein (meat) or providing fruit twice a week
- Procurement of cooking facilities/equipment, eating utensils, fire extinguishers and mobile kitchens
- Providing breakfast to orphans and other vulnerable learners
- Purchase of protective clothing for food handlers
- Purchase of water tanks, seedlings, garden implements and greenhouses for improvement of garden produce, with due consideration of water challenges
- Providing meals to Grade 12 learners during study periods, weekend classes or holiday programmes

All requests for the utilisation of surplus funds must be made in writing using the standard template. Surplus funds may only be spent once approval is received in writing from the District Director. Refer to:

• Appendix 7 : Application for Utilisation of NSNP Surplus/Savings (Blank Template)

#### **NSNP Record Keeping**

- Every school should keep an **NSNP file** to assist with the management of the programme and to provide evidence that key management practices have been conducted effectively
- The standard NSNP school file index should be used by schools to organise their files
  - Refer to Appendix 8: Eastern Cape NSNP School File Index (Template)
- Schools must also ensure that fixed assets that are used for the implementation of the NSNP (eg: pots, stoves, gas cylinders, cooking and eating utensils, fire extinguishers etc) are properly recorded in the schools' asset register and that the register is updated regularly

#### **NSNP Procurement**

As mentioned earlier in this guideline, in 2011 the ECDOE adopted the decentralised procurement model for the NSNP. This means that schools receive funds quarterly to procure food for the programme.

This decision was premised on the view that schools are best-placed to lead decisions affecting the daily running of the programme, and that a decentralised model is most likely to promote innovation and creativity at the level of schools and communities.

The model promotes local economic development as it encourages <u>small local businesses</u> to participate in the procurement processes for the NSNP. The model also avoids complicated and lengthy tender processes and allows quicker decisions to be taken by the schools.

The ECDOE may from time to time identify schools for the piloting of new procurement innovations (eg: promotion of small holder farmers for the supply of fresh food to the NSNP). The outcomes of these pilots may affect procurement policies but the ECDOE will provide guidance to schools on any changes as required.

#### Selecting, appointing, contracting and paying supplier(s)

The fact that the procurement function for the NSNP has been delegated to schools means that they have the responsibility for:

- <u>Selecting, appointing and contracting</u> with suppliers
- Ordering and receiving deliveries from suppliers
- <u>Paying suppliers for products delivered</u>

Schools should go through the formal procurement process of selecting, appointing and contracting with suppliers for the NSNP <u>every 6 months</u> (i.e. twice per annum)

- This formal procurement process means that every 6 months the school should:
  - *Request quotations* from suppliers using a standard template which has pre-formatted quantities for specific menu items
  - o <u>*Compare these quotations*</u> on a like for like basis
  - o <u>Evaluate and select</u> the most suitable supplier(s)
  - o *Formalise* the appointment of the supplier(s) and *maintain an audit trail* of the entire process
- Schools should refer to the following documents to ensure they conduct these processes properly:
  - Appendix 9: School NSNP Quotation Process (Key Slides)
  - Appendix 10: School Specific Supplier Quotation Sheet (Example)
  - Appendix 11: Supplier Evaluation Sheet (Blank Template)
  - Appendix 12: Supplier Quotation and Evaluation Sheets (Completed Examples)
- Schools should formalise their arrangements with the supplier by developing and signing a Service Level Agreement (SLA). This document is intended to clarify the roles and responsibilities of both parties. Schools can develop their own agreement but are encouraged to engage with the example which has been developed as a reference.
  - Refer to Appendix 13: Service Level Agreement (Example)

#### **Receipt of Food and Stock Management**

#### Orders

- Schools are responsible for placing orders with suppliers for the NSNP products that they require
  - Orders should be made in writing using the standard NSNP Order Form • Refer Appendix 14: NSNP Order Form (Blank Template)
- The school should refer to their School Specific Menu to guide them as to the quantities that should be ordered

#### Deliveries - Non-perishable goods:

- These are products with an extended shelf life eg: samp, sugar beans, pilchards, Ultra High Temperature (UHT) milk etc and deliveries should take place a **minimum of once per month**
- Deliveries may take place more frequently depending on the specific arrangements that the school has with the supplier and on the amount of storage space that the school has available

#### Deliveries - Perishable goods:

- These products have a limited shelf life and deliveries should take place a minimum of once per week
  - Pasteurised Amasi
  - Fresh fruit and vegetables
  - o Brown bread (preferably on the day of serving)

#### **Receipt of Goods (Quantity)**

- Each time a delivery is received, the school should check that the quantities delivered tie back to the order and to the supplier delivery note for each product:
  - Expected quantity per the order
  - <u>Recorded quantity</u> per the service provider's delivery note
  - Actual quantity delivered (on the truck)

#### **Receipt of Goods (Quality)**

- <u>Expiry dates</u> on non-perishable products should be checked at the time of delivery and products which are out of date or very close to being out of date should not be accepted
- Food should always be delivered in the <u>original manufacturers packaging</u> which should be correctly labelled and schools should reject products which have been repackaged or manually labelled
- Schools should never accept delivery of tinned products which are damaged
- Fruit and vegetables should be checked to ensure that they are fresh on the day of delivery
- Schools should ensure that suppliers understand and carry out safe food transportation practices
  - Refer to Appendix 15: Safe Food Transportation (Manual)

#### Stock management

- Effective stock management starts with a school having an organised storeroom. Schools will have a well organised storeroom if products are stored:
  - By product <u>or</u>
  - By day of the week
- They should also always use a First in First out (FIFO) basis when issuing the food to be prepared. (ie the oldest stock to be used before newer deliveries are used)
- Schools should maintain an up to date stock control register to track receipts and issues of dry products
  - Refer to *Appendix 16: Stock Control Register (Blank and Completed Template)*

#### **Food Handlers**

#### Background

- Food handlers are engaged by schools to prepare and serve meals to learners. They are also responsible for cleaning the preparation areas and maintaining a high level of personal hygiene
- Food handlers are not employed, but are contracted by the school, on a voluntary basis, and in turn they are paid a monthly stipend for the very important work that they do
- Food handlers should be parents or guardians of children at the school who are unemployed and who are in possession of a South African barcoded Identity Document (ID)
- Food handlers and they should be engaged for a period of **12 months**

#### **Recruitment and Appointment**

- Appointment of food handlers for the year needs to be completed by 15<sup>th</sup> of February each year
- Each school should engage the correct number of food handlers by engaging with the prescribed ratio of learners to food handlers
  - Refer to Appendix 17: Food Handler Appointment Ratios (Guide)
- Prior to the beginning of each financial year the SGB should notify parents of the opportunity to volunteer to assist with the NSNP at the school and make them aware of the food handler duties
- This is best done by making the standard Advertisement and Application Form available
- Interested candidates should complete the application form AND provide a certified copy of their South African ID or Passport (SGB members may not apply to render services as a food handler)
  - Refer <u>Appendix 18: Food Handler Advertisement & Application Form (Blank/Completed</u> <u>Template)</u>
- The SGB should use the standard evaluation template to record all applications received and to indicate the basis on which the successful candidates were selected (where applicable/appropriate interviews should be conducted to assist with the evaluation)
  - Refer Appendix 19: Food Handler Evaluation Form (Blank/Completed Template)
- The SGB and the food handler should formalise the engagement by signing the food handler contract
  - Refer to <u>Appendix 20: Food Handler Contract (Blank Template)</u>
- For each food handler engaged the school should complete a registration form for EPWP purposes
  - Refer to Appendix 21: Food Handler Registration Form (Blank/Completed Template)
- A copy of the food handler standard duty list should always be kept on the wall in the kitchen. The duty list has been translated into 4 languages (English, Afrikaans, IsiXhosa and Sesotho)
  - Refer to Appendix 22: Food Handler Standard Duty List (Templates)

#### Training

- Schools should assist food handlers to attend training workshops arranged by the ECDOE and must keep them informed of developments in NSNP implementation
- Schools should also share the contents of the various safety manuals with food handlers

#### **Monthly Administration**

- The value of the monthly food handler stipend is stipulated annually in the CGF
- Food handlers should be paid for all 12 months regardless of whether feeding takes place in a particular month
- Each food handler should be paid separately and they should confirm receipt of their stipend by signing the Food Handler Acknowledgement of Payment Form
  - Refer <u>Appendix 23: Food Handler Acknowledgement of Payment Form (Blank/Completed</u> <u>Template)</u>
- Food handlers and the NSNP coordinator should sign the Food Handler Attendance Register daily
  - Refer <u>Appendix 24: Food Handler Attendance Register (Blank/Completed Template)</u>

#### **NSNP Safety**

Personal hygiene and basic kitchen hygiene are important to prevent the contamination of food as well as to ensure the safety of food handlers. Storage, preparation and cooking of food require the implementation of hygiene and safety practices. Gas safety is particularly vital as gas is the predominant source of energy used for cooking in the NSNP.

When invited, schools should make every effort to attend health and safety training workshops.

#### **Food Safety**

School stakeholders (in particular food handlers) who support delivery of the NSNP should be familiar with the food safety practices. Refer to *Appendix 25: Food Safety Manual*.

#### The key areas addressed in the manual are:

#### Personal hygiene

- Leaners should wash their hands with soap before and after eating
- Toilets should be clean and hygienic
- Food handlers should be clean and appropriately dressed (head covered, closed shoes, aprons)

#### Kitchen hygiene and safety

- The meal preparation area should be clean and hygienic
- A fire extinguisher should be available in meal preparation areas and must be serviced every 12 month

#### Storage and handling of food

- Food items must be stored:
  - In a well-ventilated and lockable storage room
  - In an organised manner (by product <u>or</u> by day of the week)
  - Hygienically (i.e. off the floor <u>and</u> separate from hazardous chemicals/substances)
  - Using a FIFO basis (i.e. the oldest stock is used before new deliveries are used)
- Stored food should be within their expiry date and must be in their original packaging
- If storage bins are used to store food, ensure that they are emptied and cleaned before re-using them

#### Pest Control

• Ensure that any pest control measures used do not contaminate food

#### **Food Poisoning and Contamination**

- Schools should take note of the following key practices and brief food handlers accordingly:
  - Appendix 26: Food Safety Tips to Prevent Food Poisoning and Contamination (Guide)
- If a school suspects food poisoning or contamination has occurred then they should immediately refer to
  - Appendix 27: Managing Suspected Food Poisoning and Contamination (SOP)

#### Gas safety

• If a school uses gas, all gas canisters should be kept outside, protected from tampering and locked and food handlers should be familiar with the gas safety practices Refer to *Appendix 28: Gas Safety Manual* 

#### Waste management

• Schools should encourage learners, educators and school communities to carry out good waste management practices. Refer to *Appendix 29: Waste Management Manual* 

#### **Feeding Practices**

#### **Feeding Calendar**

- An NSNP feeding calendar will be provided by the province to each school at the beginning of each financial year
- Schools should ensure that they serve meals to learners on every feeding day (as per the calendar)

#### **Serving Learners**

- Schools should make appropriate facilities available for ALL learners to be able to wash their hands with soap and water before <u>and</u> after eating their meal
- Learners should be served in classes/dining halls to promote table etiquette and minimise soil worm infestation
  - $\circ$   $\;$  When eating in classes, workbooks should be removed from tables
  - $\circ$   $\;$  Learners should always be supervised while eating their meals

#### Eating/Serving Utensils

- Schools should provide eating utensils for learners to eat their meals in a dignified way
- After feeding is complete, food handlers should take the utensils back to the kitchen/preparation area for washing and packing

Educators and other officials are not allowed to eat these meals. However nominated NSNP educators can taste the food before learners eat.

#### **Nutrition Education**

Nutrition Education (NE) is one of the pillars of the NSNP that seeks to build a foundation for a healthier and economically active generation. NE comprises consciously constructed opportunities for learning, involving some form of communication designed to improve *nutrition literacy*, including improving knowledge, and developing *life skills* which are conducive to individual and *community health*. The goal of NE is closely linked with Goal 25 of Action Plan 2014: Towards Schooling 2025, in promoting the wellbeing of learners in pursuit of academic performance.

It is not only concerned with the communication of information, but also with fostering the **motivation**, skills and confidence (self-efficacy) necessary to take action and to make the correct choices to promote healthy lifestyles and well-being and to prevent and control lifestyle diseases.

#### The primary objectives of nutrition education are to:

- Make every school a "healthy school" (health promotion and awareness are integrated into school life)
- Increase the general awareness of good nutrition in school communities towards improving the health and wellbeing of individuals
- Building the skills of learners to take more self-responsibility for their health and physical development

#### Who are school communities?

- Learners, educators, parents, school governing bodies, school management and administrators
- Food handlers, school vendors and tuck-shop operators
- School gardeners and the community

#### How do we "make our school a healthy school"?

- Participate in key educational awareness activities each year:
  - o National Nutrition Week
  - World Food Day
  - o World School Milk Day/World Milk Day
  - Global Handwashing Day
  - $\circ$  Arbor Day
- Ensure that Guidelines and Nutrition Education materials developed for schools are properly used eg:
  - The NSNP Safety Directory
  - Refer to Appendix 30: Guidelines for Tuck Shop Operators (Manual)
  - Refer to Appendix 31: Various Wall Charts on Healthy Lifestyles and Hygiene (Posters)
  - o "Mnandi 4 Sure" recipe book for the preparation of tasty and healthy meals
- Create platforms to advocate healthy eating e.g NSNP Forum and support key messaging e.g. Obesity Strategy, Salt Regulation etc. (in collaboration with DOH)
- Support NSNP sub-programmes (feeding , food gardens and deworming)
- Develop physical activity schedules for all learners apart from the official sporting codes
- Put drawings on the walls (murals) promoting healthy foods and healthy lifestyles
- Organise talks by the local health officers
- Encourage the use of learner support materials and lesson plans that have been developed in line with Curriculum Assessment Policy Statements (CAPS) and to ensure that NE is properly covered in the curriculum (Life Skills and Life Orientation)

#### Deworming

To ensure that optimal benefits are obtained from NSNP meals, DBE partnered with DOH to implement a deworming programme which targets Grade R-7 learners in quintile 1 -3 schools.

The Medicines Control Council (MCC) agreed that educators may administer tablets to learners IF:

- It is done under the direct supervision of a professional nurse
- The educators involved receive orientation/training
- Proper records are kept by educators of tablets that are administered
- Consent is provided by the parents
- Side effects are managed

#### Before Implementation - Principals must ensure that:

- Information sessions are held with parents (at parent meetings) and learners (in class) on the type of worms, the effect of worms and how to prevent and treat worms
- Each learner receives the following documents to take home to their parents:
  - A letter informing the parents about the deworming campaign and
  - $\circ$   $\;$  A consent form for parents to sign

#### Before Implementation - Class educators should:

- Compile class lists of learners whose parents gave consent and
- Keep the class list and consent forms per class in one file

#### **Procedures on Deworming Day:**

- The school nurse will hand the deworming tablets over to the principal when she arrives at the school
- Educators should work in teams of two to administer the deworming tablets to learners who have returned the signed consent forms to receive the deworming tablet:
  - One educator should give the tablet to the learner and ensure the learner swallowed the tablet
  - The other educator should be responsible for recording that the dose has been given and check whether the learner's name corresponds with the learner receiving the dose
- Learners who are ill on the treatment day should not receive deworming medicine. This is not due to the danger of side effects, but to prevent the potential misconception that the medication caused any illness.
- Educators of Grade 4 classes should wait 20 minutes before administering the deworming tablets to the girls who have first received the HPV vaccine
- The nurse may or may not be physically present when the actual administering of deworming tablets by Educators is done but should be able to assist with troubleshooting should a need arise
- The recording is done on the class lists prepared by the school and the information should then be posted/transferred to the prescribed School Summary Sheet. Copies of the School Summary Sheets will be collected by the District a week or two after learners have been dewormed
- Learners who were absent on the deworming day should be reported to the school nurse for follow-up.
- Refer to Appendix 32: Detailed Instructions on Administering Deworming Tablets (Guide)
- Educators should observe learners for possible side effects
- Refer to Appendix 33: Possible Side Effects of Deworming and What to do? (SOP)

#### School responsibilities – After Completion of the Deworming Process:

- All tablets and medicine bottles (used, unused, soiled, broken or damaged as well as empty bottles) must be collected and handed to the school nurse before the close of school day
- The school must keep the original summary sheets, the recorded class lists, School Summary Sheet as well as the consent forms safe for a period of five (5) years
- A copy of all school summary sheets must be handed to the District NSNP Co-ordinator within 2 weeks of the deworming day

#### **Sustainable Food Production**

Sustainable Food Production (SFP) is a sub-programme of the NSNP and its focus is to mobilise and support school communities to establish and sustain food production initiatives in schools, especially food gardens.

Food production initiatives are the activities which relate to small scale / back yard agricultural production such as for vegetables, herbs, fruits, flowers, nurseries and livestock rearing.

#### Which food production initiatives are suitable for schools?

- A vegetable garden is a basic food production initiative which all schools are required to have and they are fairly easy to establish and sustain compared to other initiatives
  - The school should decide on the size of the garden, but it should be planned to benefit teaching and learning and should afford every learner an opportunity (space) for hands-on practical activities
  - Food gardens can be established in open fields, in protective structures such as shade-nets and in containers (tyres, bags etc)
- The programme welcomes other types of food production initiatives such as food preservation, poultry and small livestock, in addition to the food garden

#### Where should initiatives be implemented?

- The NSNP focuses on initiatives on school premises or on sites designated for use by schools
- All schools are encouraged and supported even if they do not participate in the NSNP

#### What are the target groups of the initiatives?

- Teachers
  - School principals, school management teams and subject educators are the key implementers of the core and extra curriculum activities in the schooling system
  - Initiatives are likely to be more successful and sustainable if educators are given full control and ownership
- Learners and the community
  - o Learners are the key beneficiary but the broader community may also benefit indirectly
  - Community members are encouraged to provide information, knowledge and skills which could complement teachers' expertise
  - Parents can contribute their time and assist with difficult physical tasks

# APPENDICES

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# **APPENDIX 1**

### **Serve A Nutritious Meal On Time**

(Key Slides)

# NSNP CONDITIONAL GRANT MANDATE

# Our Conditional Grant Mandate is to...

# Serve a nutritious meal on time

You will be a green school if:

Every day you prepare and serve:

• The meal **on time** 

• A balanced meal

• The correct quantities

# On Time.....

# Finish feeding all learners before 10:00am



Finish feeding by 10:00 am

- Try to align time tables to finish feeding on time
- Encourage Food handlers to start preparing food early to be able to finish feeding before 10:00am

# Balanced Meal....

# Serve 3 food groups every day



# Correct Quantities.....

### Use quantities per your school's specific menu

MEAL PLAN Plichard stew with sweet potato, rice or	NSNP LEARNERS: FOOD GROUP Protein	244 PRODUCT		QUANTITY TO PREPARE	
		PRODUCT		QUANTITY TO DECIMAL	
Plichard stew with sweet potato, rice or	Buttele			GOARTITT TO PREPARE	
Plichard stew with sweet potato, rice or	PTODEID	Pilchards in Tomato	400 g	24 tins	
		T PLOB OF THE OWNER	425 g	23 tins	
brown bread and yellow, orange or red vegetables	100 m	Sweet Potatoes		12 kg	
	Starch	Rice		12 kg	
		Brown Bread (Fortifi	Brown Bread (Fortified)		
	Vegetable/Fruit	Yellow/Orange/Red Veg	estable C	15 kr	
		0	<u>nv</u>		
Samp with sugar beans and green	Protein	Sugar Bears	<b>Y</b>	9.9	
vegetables	Stanth	and the second se			
	Veral barrait	Shen Vegetablet		15 kg	
1	-101	Mik (LPHT)		49 litres	
Phutu/Mphokogo with amasi or milk	Protein	Pastechen Ale	6	49 litres	
and fruit in season	Starch	Maire Med (Partile	ed0	12 kg	
	Vegetable Fruit	Fuit In Season		244	
Samp with supar beans and organ	Protein	Sugar Beans		9 kg	
vegetables	Starofi	Samp		12 kg	
	Vegetable/Fru	Green Vegetables	5	15 kg	
	-ne		ards)	10 kg	
Chicken stewarth papend	Potein			12 kg	
Starch Maize Meal (Fortilied)			12 kg		
	Vegetable/Fruit	Yellow/Orange/Red Veg	etables	15 kg	
	Vegetables Phutu/Mphokogo with amasi or milk and fruit in season Samp with sugar beans and green	Samp with sugar beans and green vegetables     Protein       Stand     Stand       Phutul/Mphokogo with amasi or milk and fruit in season     Protein       Samp with sugar beans and green vegetables     Starch       Samp with sugar beans and green vegetables     Protein       Samp with sugar beans and green vegetables     Protein       Starch     Starch       Vegetable/Fruit     Starch	Samp with sugar beans and green vegetables         Protein         Sugar Beans Standel           Phutu/Mphokogo with amasi or milk and fruit in season         Protein         Mile (19/1)           Phutu/Mphokogo with amasi or milk and fruit in season         Protein         Mile (19/1)           Samp with sugar beans and green vegetiables         Starch         Mile Mell/Postile           Samp with sugar beans and green vegetiables         OProtein         Sugar Beans           Samp with sugar beans and green vegetiables         OProtein         Sugar Beans           Starch         Mile Original Starch         Sugar Beans           Starch         Sugar Beans         Starch           Vegetable/Fruit         Green Vegetables           Chicken stawk bit papt ind yellowides of an er vegetables         Protein           Chicken stawk bit papt ind yellowides of an er vegetables         Starch         Maize Meal (Foritile Vegetable/Fruit           Vegetable/Fruit         Yellow/Orange/Red Vegetable/Fruit         Yellow/Orange/Red Vegetable/Fruit	Samp with sugar beans and green vegetables         Protein         Sugar Bean           Stand         Sigar Bean         Sigar Bean           Phutu/Mphokogo with amasi or milk and fruit in seeson         Protein         Milk (2HT)           Stanch         Milk (2HT)         Prate           Stanch         Milk (2HT)         Protein           Samp with sugar beans and green vegetables         Protein         Sugar Beans           Stanch         Stanch         Samp           Vegetables/Fruit         Green Vegetables         Protein           Chicken seen vegetables         Stanch         Milze Meal (Fortfied)           Vegetable/Fruit         Vegetable/Fruit         Velow/Drange/Red Vegetables	

# **APPENDIX 2**

**School Specific Budget** 

(Example)

SCHOOL ANNUAL NSNP BUDGET 2017/2018					
EMIS Number:	500012				
School Name:	BALENI JUNIOR SECONDARY SCHOOL				
District:	ALFRED NZO EAST	EASTERN CAPE			
Circuit/AO:		discritos			
Number Of Learners:	398				
Number Of Food handlers:	2				
Monthly Stipend:	R1150.00 per food handler per month				

# THE ORIGINAL BUDGET SHOULD BE KEPT ON FILE AT THE SCHOOL. ONCE UPDATED, ATTACH A COPY TO THE MONTHLY FINANCIAL PACK

Month	No. Feeding Days		BUD	Total	Total		
		Stipend	Food	Cooking Fuel (gas/wood)	Total Allocation	Monthly Expenditure	Expenditure as a % of Budget
October	17	R 2,300.00	R 15,426.48	R 1,320.00	R 19,046.48		
November	22	R 2,300.00	R 19,963.68	R 1,320.00	R 23,583.68		
December	4	R 2,300.00	R 3,629.76	R 1,320.00	R 7,249.76		
	+		1	Quarterly Total	R 49,879.92		
			Quarterly Tra	ansfer Received			
	1	1				1	
TOTAL	43	Total annual be	udget		R 49,879.92		

# **APPENDIX 3**

# **School NSNP Monthly Reporting Pack**

(Key Slides)

# Managing NSNP Funds

Key Slides

### **MONTHLY REPORTING PACK CONSISTS OF:**

### **Control Sheet**

### AND

### 8 attachments

- 1. Daily School Feeding Summary
- 2. Daily Food Handler Attendance Register
- 3. Food Handler Acknowledgement of Payment Form
- 4. NSNP Income and Expenditure Register
- 5. Copies of Invoices & Supporting Vouchers
- 6. Expenditure vs Budget Analysis
- 7. Bank Statement (Once per quarter reflecting NSNP funds received)
- 8. Copies of Cheques



# CONTROL SHEET

Easter	n Cape	
School NSNP Monthly Rep	porting Pack Control Sh	eet
EMIS Number		
School Name District		
School Contact Number		
Month		
		Tick if submitted
Daily School Feeding Summary	7	
• Daily Food Handler Attendance	e Register	
Food Handler Acknowledgmen	t of Payment Form	
NSNP Monthly Income and Ex	penditure Register	
Copies of Invoices & Supporting	g Vouchers	. 🗆
• Expenditure vs Budget Analysi	S	
• Bank Statement (1 x per quarter r	eflecting NSNP funds received	0
• Copies of Cheques		
We the undersigned confirm that the inform and confirmed as true/correct:	ation supplied in this pack ha	s been verified
Principal:		
Name		
Signature	School Stamp	
SGB Chairperson:		
Name		
Signature	8	

This control sheet should be sent to the district every month with the listed documents attached

# **CONTROL SHEET**

#### Eastern Cape School NSNP Monthly Reporting Pack Control Sheet EMIS Number 100300717 School Name AMAMBALU PRIMARY SCHOOL District AMATHOLE EAST School Contact Number 043 712 4681 Month June 2017 Tick if submitted ~ Daily School Feeding Summary $\mathbf{V}$ Daily Food Handler Attendance Register • Food Handler Acknowledgment of Payment Form Tick the boxes if the NSNP Monthly Income and Expenditure Register M relevant document • Copies of Invoices & Supporting Vouchers has been attached 1 Expenditure vs Budget Analysis Bank Statement (1 x per quarter reflecting NSNP funds received) Copies of Cheques We the undersigned confirm that the information supplied in this pack has been verified and confirmed as true/correct: Principal: Name Mr. C Ramaphosa School Stamp AMAMBALU PRIMARY SCHOOL Signature C. Songention Attach school stamp and BUTTERWORTH EMIS 100300717 Principal and SGB SGB Chairperson: Mr. K Mothlante Name Chairperson to sign Signature K. Mothlante

Version 2018 - 1

# DAILY SCHOOL FEEDING SUMMARY

# DAILY SCHOOL FEEDING SUMMARY

DAILY SCHOOL FEEDING SUMMARY							
School Name	School Name EMIS Number						
School Enrolment	School Enrolment Total learners approved for NSNP						
District Month							

Feeding		Feedin	Feeding Time Menu Served			Total No.			
Days	Date	Start	Finish	Starch	Protein	Fruit or Veg	Learners Fed	Comments	NSNP Coordinator Signature
1			1						
2									
3		S							
4						10			
5									
6			1.			<u></u>	<u>.</u>		
7		÷						4	
8		1	Ĵ.						
9									5 P
10			1 1						
11						0	16		
12									
13		20				101			
14		8	1			8 8	5		3
15									
16						10			
17			1 1			8	S		
18							16.		5
19									
20				· · · · · · · · · · · · · · · · · · ·		10			2.0
21		8	1 I I I I I I I I I I I I I I I I I I I				2		3
22									
23									
24			1. A.				5		
		Т	otal numb	er of learne	rs fed for the	month (A)		= Total No. learners in shade	d column for all feeding days
			N	umber of da	ays fed in the	month (B)		= No. days on which feeding	took place in the month
Average number of learners fed for the month (C)						= A divided by B			
### DAILY SCHOOL FEEDING SUMMARY

chool Na	me	AMAMBAL	U PRIMARY	3		EMIS Nun	nber		100300	1717	
chool En	rolment	152				Total lear	ners approve	ed for NSNP	150		
District		AMATHOLI	E EAST			Month		1	June 2	017	
				2							
eeding		Feedin	g Time		Menu Served		Total No.	0.647.037.04		NSNP	Coordinato
Days	Date	Start	Finish	Starch	Protein	Fruit or Veg	Learners Fed	Com	nents		gnature
1	1 June	9:35am	9:55am	Pap	Chicken liver	Butternut	145			,	P. Nhlapo
2	2 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	141			,	P. Nhlapo
3	5 June	9:35am	9:55am	Phutu	Amasi	Orange	141			,	P. Nhlapo
4	6 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	142			,	P. Nhlapo
5	7 June	9:35am	9:55am	Bread	Pilchards	Carrots	148	The registe	r 🗖	,	P. Nhlapo
6	8 June	9:35am	9:55am	Pap	Chicken liver	Butternut	1 40	must be		7	P. Nhlapo
7	9 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	145			7	P. Nhlapo
8	12 June	9:35am	9:55am	Phutu	Amasi	Orange	142	updated da	dated daily		P. Nhlapo
9	13 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	142	with this		7	P. Nhlapo
10	14 June	9:35am	9:55am	Bread	Pilchards	Carrots 145				1	P. Nhlapo
11	15 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	142 information		n 🗖	, ,	P. Nhlapo
12	19 June	9:35am	9:55am	Phutu	Amasi	Orange	145			, ,	P. Nhlapo
13	20 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	144			,	P. Nhlapo
14	21 June	9:35am	9:55am	Bread	Pilchards	Carrots	143			,	P. Nhlapo
15	22 June	9:35am	9:55am	Pap	Chicken liver	Butternut	141			,	P. Nhlapo
16	23 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	141				P. Nhlapo
17	26 June	9:35am	9:55am	Phutu	Amasi	Orange	142			1	P. Nhlapo
18	27 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	148			7	P. Nhlapo
19	28 June	9:35am	9:55am	Bread	Pilchards	Carrots	147			1	P. Nhlapo
20	29 June	9:35am	"Total		ers Fed" on	ut	150				
21	30 June	9:35am				e	152			The NSNP	
22			daily ba	asis must	be determi	ned				Coordinate	or should
23			hy the	school fr	om class/gra	ade 🗖				sign the fe	oding
24										-	-
50	Tecords						3,028	= Total No. lea	= Total No. learners in s summary every day		
			Nu	umber of d	ays fed in the	month (B)	21	= No. days on	which fee	ding took place in t	ne month
		Aver	age numbe	er of learne	rs fed for the	month (C)	144	= A divided by	в		

### DAILY SCHOOL FEEDING SUMMARY

School N	lame	AMAMBAL	U PRIMARY	0		EMIS Nun	nber		100300717	,	
School E	Inrolment	152				Total lear	ners approve	d for NSNP	150		
District		AMATHOL	E EAST			Month		June 2017			
		Feedin	g Time		Menu Served	- 1	Total No.				
Feeding Days	Date	Start	Finish Starch Protein V		Fruit or Veg	Learners Fed	Comments		NSNP Coordinato Signature		
1	1 June	9:35am	9:55am	Pap	Chicken liver	Butternut	145			P. Nhlapo	
2	2 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	141			P. Nhlapo	
3	5 June	9:35am	9:55am	Phutu	Amasi	Orange	141			P. NhLapo	
4	6 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	142			P. Nhlapo	
5	7 June	9:35am	9:55am	Bread	Pilchards	Carrots	148			P. Nhlapo	
6	8 June	9:35am	9:55am	Pap	Chicken liver	Butternut	142			P. Nhlapo	
7	9 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	145			P. Nhlapo	
8	12 June	9:35am	9:55am	Phutu	Amasi	Orange	142	6		P. Nhlapo	
9	13 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	142	8		P. Nhlapo	
10	14 June	9:35am	9:55am	Bread	Pilchards	Carrots	145			P. Nhlapo	
11	15 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	142			P. Nhlapo	
12	19 June	9:35am	9:55am	Phutu	Amasi	Orange	145			P. Nhlapo	
13	20 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	144			P. Nhlapo	
14	21 June	9:35am	9:55am	Bread	Pilchards	Carrots	143			P. Nhlapo	
15	22 June	9:35am	9:55am	Pap	Chicken liver	Butternut	141			P. Nhlapo	
16	23 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	141	In ord	ortowor	kitout cimply	
17					Amasi	Orange	142			k it out, simply	
18	At the end	d of the m	honth, th	e [	Sugar Beans	Cabbage	148	🔲 follow	these ins	structions	
19	"average	number c	of learner	's fed"	Pilchards	Carrots	147			<u></u>	
20	-		-	5,00	Chicken liver	Butternut	150			P. Nhlapo	
21	needs to l	pe calcula	ited		Sugar Beans	Cabbage	152			P. Nhlapo	
22						-					
23											
24									V		
	Total number of learners fed for the month (						3,028	= Total No. lea	arners in shaded	d column for all feeding days	
	Number of days fed in the month (E						21	= No. days on	which feeding t	took place in the month	
		Aver	Average number of learners fed for the month (C					= A divided by B			

# DAILY FOOD HANDLER ATTENDANCE REGISTER

### DAILY FOOD HANDLER ATTENDANCE REGISTER

	lumber								
School									
District									
Total le	earners ap	proved for NS Handlers enga	SNP						
Numbe	r of Food	Handlers enga	aged	1					
Month				2					
		2				8	-		-
FEED DAYS	DATE	F/H 1:	F/H 2:	F/H 3:	F/H 4:	F/H 5:	F/H 6:	F/H 7:	NSNP Coordinator Signature
1									
2		10		1.0					
3									
4			20						
5		12							
6									
7									
8									
9	15.	15	6	15		15			65
10									
11			22						
12									
13			2 6						
14	-		0.2						
15	65.	15.	6	15	5				00
16									
17	10	12		12					2
18									
19									
20			0.2						
21		100		100		(a)			
22			200 700				2		
23	2		1						
24									

### DAILY FOOD HANDLER ATTENDANCE REGISTER

	lumber Name			100300	717 BALU PRIM	MADY		Food	l handler		
Distric					OLE EAST						
		menued for NC	MD		ULE EAS			nam	e should		
Numbe	earners ap	proved for NS Handlers enga	and	150 2							
Month		nationers enga	iyeu	June 20	017			be ti	lled in here	5	
Monui	<u>.</u>			June 20	/1/						
FEED	DATE	F/H 1:	F/H 2:	F/H	3:	F/H 4:		·/H 5:	F/H 6:	F/H 7:	NSNP
DAYS	DATE -	J. Luthuli	S. letlape			<u>16 (j) (j)</u>	5 B <u> </u>	{[3]}	- 1 <u>0</u>	<u> </u>	Signatu
1	1 June	} Laka	s idlaps								P. Nhla
2	2 June	} Lake	s ietlape								P. Nhla
3	5 June	} Lake	s ietlape		Food	d handle	er mi	JST			P. Nhla
4	6 June	} Lake	s ietlape								P. Nhla
5	7 June	} Lake	s ietlape	$\boldsymbol{\leftarrow}$	sign	every d	lay tr	ney			P. Nh
6	8 June	} Lake	s ietlape			aracant	<u>at 11</u>	مداد			P. NhL
7	9 June	& Lithill	s istlape		arep	present	at w	OFK			P. Nhla
8	12 June	} Lake	s ietlape								P. Nhla
9	13 June	} Laket	s ietlape		1.0		100				P. Nhla
10	14 June	} Lake	s istlape				20				P. Nhla
11	15 June	} Lakat	s istlape				20				P. Nhla
12	19 June	} Lake	s istlape								P. Nhla
13	20 June	} Lake	s integr				24		2		P. Nhla
14	21 June	& Lake	s integr		1		14		2		P. Nhla
15	22 June	} Lake	s ietlape		1	Г				1	P. Nhla
16	23 June	} Lake	s settepe		ŝ		NSN	P Coc	ordinator	$\mapsto$	P. Nhla
17	26 June	} Lake	s istlepe		2		-				P. Nhla
18	27 June	} Laket	s útlape				mus	t sign	daily to		P. Nhla
19	28 June	} Laket	s ietlape					•			P. Nhla
20	29 June	} Lathe	s ietlape				cont	firm tł	neir		P. Nhla
21	30 June	} Lake	s istlape		1		<b></b>	ما ج اج -			P. Nhla
22							atte	ndano	e		
23							~		1 1		
24											

# FOOD HANDLER ACKNOWLEDGEMENT OF PAYMENT

#### FOOD HANDLER ACKNOWLEDGEMENT OF PAYMENT

#### FOOD HANDLER ACKNOWLEDGEMENT OF PAYMENT FORM

EMIS Number	District	
School Name	Total learners approved for NSNP	
No. Food Handlers Engaged	Month	

No. FH Engaged	Surname	Initials	ID Number	Amount Received	Signature	Date Received
1						
2						
3						
4						
5						
6		3		4 <sup>-3</sup> 42		
7		· · · · · ·		94 (S		
8						
9						
10						

NSNP Coordinator \_\_\_\_\_

Date \_\_\_\_\_

#### FOOD HANDLER ACKNOWLEDGEMENT OF PAYMENT

FO	OD HANDLER ACKNO	WLEDGEMENT OF PAYMENT	FORM
EMIS Number	100300717	District	AMATHOLE EAST
School Name	AMAMBALU PRIMARY	Total learners approved for NSNP	150
No. Food Handlers Engaged	2	Month	June 2017

No. FH Engaged	Surname	Initials	ID Nun	ıber	Amount Received	Signature	Date Received
1	Luthuli	J.L	67101230	03007	R1,089	} Lithuli	30 June 2017
2	Letlape	5.5	74112345	81008	R1,089	s Lettape	<b>S</b> 0 June 2017
3							
4						<b></b>	
5							
6						0	
7	The school shou	Id inser	t the			Each food ha	ndler should
8	Name, Initials, I	D No. ar	nd Amount			sign monthly	
9	Received for all	food ha	ndlers		2	receipt of th	•
10						on the date i	ndicated
NSNP Date	CoordinatorP. <u>p</u>	<u>une 2017</u>	_←	sign to	confirm th	nator should da at all food han ir stipends	
			Ve	rsion 2018 - 1			

SNP MONTHL	Y INCOME & EXPENDI	TURE REPORT		PRINCIPAL	(signato	ry 1)		SGB CHAIR	PERSO	N (signatory	y 2)
CHOOL NAME				SIGNATURE				SIGNATURE			
				DATE				DATE			4
IONTH				NAME			_	NAME	_		
	NSNP Funds on hand -	brought forward from prev	ious mon <mark>t</mark> h								
	ADD : NSNP Funds (trans	fers) received during the m	onth								
Date	Item(s) purchased	Payment made to	Cheque	ΤΟΤΑΙ	-	Food	1	Stipe	nd	Cooking (gas/w	) Fi
		10.07* 018*00400 Benelation	no.	R	c	R	c	R	c	R	_
		21			-		-		-	-	_
						0					_
				-	-						
		P2							-	-	_
			S				-	-	-		
			-								_
									_		
							-	-		-	_
		-	+				-		-	-	_
								-			_
							-				_
		-	-		-		-				_
	LESS: Total Monthly Exp	penditure	1							°	_
	NSNP Funds on hand - ca	arried forward to next mon	th					1			_
									chool sta		
								S	choor sta	nub.	

CHOOL NAM	IE Amambalu Primary So	shool	]	SIGNATURE DATE	C: 24 30-Jun	-17	Ś	SIGNATURE DATE	K MOT	HLANTE	
IONTH	Jun-17			NAME	C. Rar	naposa	NAME	K.H Mothlante			
	NSNP Funds on han	d - brought forward from prev	ious month	11,187	40						
	ADD : NSNP Funds (tra	insfers) received during the m	onth	0	00						
Date	Item(s) purchased	Payment made to	Cheque	TOTAL		Food		Stipend		Cooking Fi	
1335300		20070000000000000	no.	R	C	R	C	R	с	R	C
3-Jun-17	Dry goods	Alive Cooperative	19	4,226	00	4,226	00				
3-Jun-17	Fruit and vegetables	Alive Cooperative	20	787	50	787	50			2	
10-Jun-17	Fruit and vegetables	Alive Cooperative	21	787	50	787	50			2	
17-Jun-17	Fruit and vegetables	Alive Cooperative	22	787	50	787	50			8	
20-Jun-17	Gas	Nkosi Trading	23	749	00	2				749	00
30-Jun-17	Food handler stipend	Luthuli	24	1,089	00	8		1,089	00	19	
30-Jun-17	Food handler stipend	Letlape	25	1,089	00			1,089	00		
IGN	AND STAN	1P THE	-								
ONT	ROL FORM	4									
	LESS : Total Monthly E	xpenditure		9,515	50	6,588	50	2,178	1 - C - C	749	00
	NSNP Funds on hand -	carried forward to <u>next mont</u>	b	1,671	90		4	AMAMBA S BUT	coleta	RIMARY L DETH 100717	]

ISNP MON	THLY INCOME & EXPENDI IE Amambalu Primary Sci		ן ב	PRINCIPAL (s SIGNATURE DATE	120408	maphosa	SI	<u>GB CHAIRPI</u> GNATURE ATE	105-525	N (signatory 2) THLANTE	
IONTH	Jun-17			NAME C. Ramaposa				AME	K.H Mothlante		
		NSNP Funds on hand - brought forward from <u>previous month</u> <u>ADD</u> : NSNP Funds (transfers) received during the month									
Date	Item(s) purchased	Payment made to	Cheque no.	TOTAL		Food		Stipend		Cooking Fu	
3-Jun-17	Dry goods	Alive Cooperative	19	4,228	C 00	R 4,226	00	ĸ	C	R	C
3-Jun-17	Fruit and vegetables	Alive Cooperative	20	787	50	787	50				
10-Jun-17	Fruit and vegetables	Alive Cooperative	21	787	50	787		ENE	T	FURE	
17-Jun-17	Fruit and vegetables	Alive Cooperative	22	787	50	787					
20-Jun-17	Gas	Nkosi Trading	23	749	00		4		τÐ	RIES	00
30-Jun-17	Food handler stipend	Luthuli	24	1,089	00			1,089	00		
30-Jun-17	Food handler stipend	Letlape	25	1,089	00	3		1,089	00		
RE	CORD			TOT/							
EX	PENDIT	URE									
	LESS : Total Monthly E	penditure		9,515	50	6,588	50	2,178			00
	NSNP Funds on hand -	carried forward to <u>next mont</u>	<u>Þ</u> [	1,671	90	ΤΟΤΑ	LS	AMAMB BUT EMIS	ALU F CHOO TERM 100	PRIMARY OL WORTH 300717	

ICHOOL NAM	THLY INCOME & EXPENDITU IE Amambalu Primary School Jun-17	Amambalu Primary School Jun-17			30-Jur	amaphosa		SIGNATURE DATE NAME	<u>к мо</u> 30-ја	N (signatory 2) THLANTE In-17 Mothlante	
	NSNP Funds on hand - I <u>ADD</u> : NSNP Funds (transfe	prought forward from <u>prev</u> ers) received during the m		11,187 0	40 00					OUGHT FOI	
Date	Item(s) purchased	Payment made to	Cheque	TOTAL	s [	Food		Stipend		Cooking F (gas/woo	
-362,500		000000000000000000000000000000000000000		R	C	R	C	R	c	R	C
3-Jun-17	Dry goods	Alive Cooperative	19	4,226	00	4,226	00				
3-Jun-17	Fruit and vegetables	Alive Cooperative	20	787	50	787	50				
10-Jun-17	Fruit and vegetables	Alive Cooperative	21	787	50	787	50			-	
17-Jun-17	Fruit and vegetables Gas	Alive Cooperative	22	787	50 00	787	50		-	740	
20-Jun-17	Food handler stipend	Nkosi Trading Luthuli	23	749	00			1 000	00	749	00
30-Jun-17 30-Jun-17	Food handler stipend	Letlape	24	1,089	00			1,089	00		53
SU-SUTETY		Leape	20	1,008				1,008			
			Balan	<del>ce brou</del>	ght	forwar	d		F	<del>11,187</del> .	<del>40</del>
			Plus:	<b>NSNP</b> Tr	ans	fers rec	eiv	ed	÷	0.	00
CAL	CULATE NSNP FUN	DS	Less:	otal M	ont	hly Exp	enc	iture	-	9,515	50
CAF	RIED FORWARD		-							1,671.	90
	LESS : Total Monthly Expe	nditure		9,515	50	6,588	50	2,178	00	749	00
	NSNP Funds on hand - car	ried forward to <u>next mont</u>	h	1,671	90			Sen Sen	calst	PRIMARY OL ¥ORTH 300717	

SCHOOL ANNUAL NSNP BUDGET 2017/2018					
EMIS Number:	300717				
School Name:	AMAMBALU PRIMARY SCHOOL	N# (			
District:	BUTTERWORTH				
Number Of Learners:	150				
Number Of Food handlers:	2				
Monthly Stipend:	R1150.00 per food handler per month				

A school specific budget has been developed for every school

#### THE ORIGINAL BUDGET SHOULD BE KEPT ON FILE AT THE SCHOOL. ONCE UPDATED, ATTACH A COPY TO THE MONTHLY FINANCIAL PACK

	20011-0001100001		BU	Total	Total		
<mark>M</mark> onth	No. Feeding Days	Stipend	Food	Cooking Fuel (gas/wood)	Total Allocation	Monthly Expenditure	Expenditure as a % of Budget
April	7	R 2,300.00	R 2,394.00	R 1,320.00	R 6,014.00		
May	22	R 2,300.00	R 7,524.00	R 1,320.00	R 11,144.00		
June	21	R 2,300.00	R 7,182.00	R 1,320.00	R 10,802.00		
				Quarterly Total	R 27,960.00		
			Quarterly Tr	ansfer Received			
TOTAL	50	Total annual bu	Idaot		R 27,960.00	1	

It specifies the amounts that the school should spend for each category on a monthly basis

		SCHOO	L ANNUAL NS	NP BUDGET :	2017/2018			
EMIS Numbe	er:	3	00717			2		
School Name	e:	A	MAMBALU PRIM			1. S. dow	ua dite	
)istrict:		В	UTTERWORTH			他感	STERN CAPE	
lumber Of L	earners:	1	50					
umber Of F	ood handlers:	2						
Ionthly Stip	end:	R	1150.00 per food	handler per month	1			
			TO THE MO	PT ON FILE		ACK	ONCE	should transfer the "Total Expenditure" from the NSNP Income
Month	No. Feeding Days	Stipend	Food	Cooking Fuel (gas/wood)	Total Allocation	- Total Monthly Expenditure	Expenditure	and Expenditure Register
April	7	R 2,300.00	R 2,394.00	R 1,320.00	R 6,014.00	5231. Je	87%	-
May	22	R 2,300.00	R 7,524.00	R 1,320.00	R 11,144.00	11541.00		
June	21	R 2,300.00	R 7,182.00	R 1,320.00	R 10,802.00	9515.50	88%	<b>_</b>
				<b>Quarterly Total</b>	R 27,960.00			
			Quarterly Tr	ansfer Received				
OTAL	50	Total annual	budget		R 27,960.00			And transfer
								error for the second s
	Fori	<u>mula</u>		= R9	,515.50 -	÷ R10,80.	2.00 x 10	
tal Eva	ondituro -	- Total B	udget x 10	= 88	2%			

5	CHOOL ANNUAL NSNP BUDGET 2017/2018	}
EMIS Number:	300717	
School Name:	AMAMBALU PRIMARY SCHOOL	N.S. former
District:	BUTTERWORTH	EASTERN CAPE
Number Of Learners:	150	
Number Of Food handlers:	2	
Monthly Stipend:	R1150.00 per food handler per month	

#### THE ORIGINAL BUDGET SHOULD BE KEPT ON FILE AT THE SCHOOL. ONCE UPDATED, ATTACH A COPY TO THE MONTHLY FINANCIAL PACK

MODIN			BU	Total	Total		
	Month	No. Feeding Days	Stipend	Food	Cooking Fuel (gas/wood)	Total Allocation	Monthly Expenditure
April	7	R 2,300.00	R 2,394.00	R 1,320.00	R 6,014.00	5231.60	872
May	22	R 2,300.00	R 7,524.00	R 1,320.00	R 11,144.00	11541.00	104 %
June	21	R 2,300.00	R 7,182.00	R 1,320.00	R 10,802.00	9515.50	88%
				<b>Quarterly Total</b>	R 27,960.00		
			Quarterly Tr	ansfer Received	R27,960.00	< <u> </u>	
TOTAL	50	Total annual budget			R 27,960.00		

The amount of the NSNP Quarterly Transfer deposited into the school bank account must be captured to confirm receipt

5	CHOOL ANNUAL NSNP BUDGET 2017/2018	3
EMIS Number:	300717	
School Name:	AMAMBALU PRIMARY SCHOOL	) & former
District:	BUTTERWORTH	EASTERN CAPE
Number Of Learners:	150	
Number Of Food handlers:	Food handlers: 2	
Monthly Stipend:	R1150.00 per food handler per month	

#### THE ORIGINAL BUDGET SHOULD BE KEPT ON FILE AT THE SCHOOL. ONCE UPDATED, ATTACH A COPY TO THE MONTHLY FINANCIAL PACK

			BU	Total	Total		
Month	No. Feeding Days	Stipend	Food	Cooking Fuel (gas/wood)	Total Allocation	Monthly Expenditure	Expenditure as a % of Budget
April	7	R 2,300.00	R 2,394.00	R 1,320.00	R 6,014.00	5231.60	872
May	22	R 2,300.00	R 7,524.00	R 1,320.00	R 11,144.00	11541.00	104 %
June	21	R 2,300.00	R 7,182.00	R 1,320.00	R 10,802.00	9515.50	88%
				<b>Quarterly Total</b>	R 27,960.00		
			Quarterly Tr	ansfer Received	R27,960.00		
OTAL	50	Total annual budget			R 27,960.00		

The <u>original</u> should always be kept on the file at the school AND

A <u>copy</u> attached to the monthly school pack

## **BANK STATEMENT**

#### **BANK STATEMENT**

ABSA BAN	100:00 00:				
Amambalu Prin					
STATEMENT NO					
ACCOUNT	100113471				
BRANCH	Butterworth				
Date	Transaction detail	s	Debit	Credit	Balance
19-Apr-17	Opening balance				43,314.56
21-Apr-17	Transfer Zwelistha NSNP			27,960.00	71,274.56
23-Apr-17	Cheque	7	(2,172.60)		69,101.96
25-Apr-17	Cheque	8	(581.55)		68,520.4
29-Apr-17	Cheque	9	(1,089.00)		67,431.4
29-Apr-17	Cheque	10	(1,089.00)		66,342.4
29-Apr-17	Cheque	11	(299.45)		66,042.96
30-Apr-17	Bank charges		(89.14)		65,953.83
6-May-17	Cheque	12	(6,019.00)		60,023.9
13-May-17	Cheque	13	(1,014.00)		59,009.96
20-May-17	Cheque	14	(1,231.99)		57,777.97
27-May-17	Cheque	15	(1,089.00)		56,688.9
27-May-17	Cheque	16	(1,089.00)		55,599.97
27-May-17	Cheque	17	(881.67)		54,718.30
30-May-17	Cheque	18	(216.34)		54,501.90
31-May-17	Bank charges		(78.13)		54,423.8
3-Jun-17	Cheque	19	(4,226.00)		50,275.96
3-Jun-17	Cheque	20	(787.50)		49,488.46
10-Jun-17	Cheque	21	(787.50)		48,700.9
17-Jun-17	Cheque	22	(787.50)		47,913.40
20-Jun-17	Cheque	23	(749.00)		47,164.46
20-Jun-17	Closing balance				48,700.96

The school must submit a copy of the bank statement that reflects the deposit of the quarterly NSNP funds into the school bank account transfer

#### This should be done once per quarter

## **COPIES OF CHEQUES**

### **COPIES OF CHEQUES**



Copies of cheques should be attached to the NSNP Monthly Reporting Pack

The cheque numbers should tie to those reflected on the expenditure register

Copies should be made after completion and signing but before issuing to the payee

## **APPENDIX 4**

#### **School NSNP Monthly Reporting Pack**

(Blank Template)

#### Eastern Cape

#### **School NSNP Monthly Reporting Pack Control Sheet**

EMIS Number						
School Name						
District						
School Contact Number Month						
Florida		T: 1 : C 1 :				
		Tick if submitted				
• Daily School Feeding Summary	y					
• Daily Food Handler Attendance Register						
• Food Handler Acknowledgment of Payment Form						
• NSNP Monthly Income and Expenditure Register						
• Copies of Invoices & Supporting Vouchers						
• Expenditure vs Budget Analysis						
• Bank Statement (1 x per quarter r	eflecting NSNP funds received)					
• Copies of Cheques						
Ve the undersigned confirm that the inform nd confirmed as true/correct:	ation supplied in this pack has	been verifie				
incipal:						
gnature	School Stamp					
B Chairperson:						
ime						

DAILY SCHOOL FEEDING SUMMARY						
School Name	EMIS Number					
School Enrolment	Total learners approved for NSNP					
District	Month					

Feeding Days 1 2 3 4 5	Date	Start	Finish	Starch	Ductoin	Fruit or		Comments	NSNP Coordinator
2 3 4					Protein	Veg	Learners Fed	comments	Signature
3 4									
4									
5									
6									
7									
8									
9									
10									
11									
12									
13									
14									
15									
16									
17									
18									
19									
20									
21									
22									
23									
24									
		т	otal numbe	er of learne	rs fed for the	month (A)		= Total No. learners in shade	ed column for all feeding days
			N	umber of da	iys fed in the	month (B)		= No. days on which feeding	took place in the month
		Aver	rage numb	er of learne	rs fed for the	month (C)		= A divided by B	

#### DAILY FOOD HANDLER ATTENDANCE REGISTER

EMIS Number	
School Name	
District	
Total learners approved for NSNP	
Number of Food Handlers engaged	
Month	

FEED DAYS	DATE	F/H 1:	F/H 2:	F/H 3:	F/H 4:	F/H 5:	F/H 6:	F/H 7:	NSNP Coordinato Signature
1									
2									
3									
4									
5									
6									
7									
8									
9									
10									
11									
12									
13									
14									
15									
16									
17									
18									
19									
20									
21									
22									
23									
24									

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FOOD HANDLER ACKNOWLEDGEMENT OF PAYMENT FORM										
EMIS Numbe School Name No. Food Han	r dlers Engaged		District Total learners Month							
No. FH Engaged	Surname	Initials	ID Number	Amount Received	Signature	Date Received				
1										
2										
3										
4										
5										
6										
7										
8										
9										
10										
NSNP Co Date	oordinator		_							

ISNP MONT	HLY INCOME & EXPENDI	TURE REPORT		PRINCIPAL	(signate	ory 1)		SGB CHAI	RPERSO	N (signator	¥ 21
CHOOL NAME				SIGNATURE				SIGNATURE			
				DATE			1	DATE			
IONTH			_	NAME	-			NAME			
	NSNP Funds on hand -	brought forward from prev	rious month								
	ADD: NSNP Funds (trans	fers) received during the m	onth								
Date	Item(s) purchased	Payment made to	Cheque	TOTA	L	Foo	d	Stipe	bnd	Cooking (gas/w	3 Fu
			no.	R	с	R	С	R	с	R	
		Pag	g	0	1						
	LESS: Total Monthly Exp										
	NSNP Funds on hand - ca	arried forward to next mon	<u>th</u>								-
			1					1	school sta	amp:	

S	CHOOL ANNUAL NSNP BUDGET 2017/2018	В
EMIS Number:	300717	
School Name:	AMAMBALU PRIMARY SCHOOL	Concess of the
District:	BUTTERWORTH	EASTERN CAPE
Number Of Learners:	150	
Number Of Food handlers:	2	
Monthly Stipend:	R1150.00 per food handler per month	

#### THE ORIGINAL BUDGET SHOULD BE KEPT ON FILE AT THE SCHOOL. ONCE UPDATED, ATTACH A COPY TO THE MONTHLY FINANCIAL PACK

			BUI	DGET		Total	Total Expenditure as a % of Budget
Month	No. Feeding Days	Stipend	Food	Cooking Fuel (gas/wood)	Total Allocation	Monthly Expenditure	
April	7	R 2,300.00	R 2,394.00	R 1,320.00	R 6,014.00		
Мау	22	R 2,300.00	R 7,524.00	R 1,320.00	R 11,144.00		
June	21	R 2,300.00	R 7,182.00	R 1,320.00	R 10,802.00		
	- 60		0	Quarterly Total	R 27,960.00	8 % R	
			Quarterly Tr	ansfer Received		~	
OTAL	50	Total annual bu	udget		R 27,960.00		

## **APPENDIX 5**

### **School NSNP Monthly Reporting Pack**

(Completed Template)

#### Eastern Cape

#### **School NSNP Monthly Reporting Pack Control Sheet**

EMIS Number	100300717
School Name	AMAMBALU PRIMARY SCHOOL
District	AMATHOLE EAST
School Contact Number	043 712 4681
Month	June 2017

Daily School Feeding Summary	$\checkmark$
• Daily Food Handler Attendance Register	
• Food Handler Acknowledgment of Payment Form	$\checkmark$
• NSNP Monthly Income and Expenditure Register	$\checkmark$
• Copies of Invoices & Supporting Vouchers	$\checkmark$
• Expenditure vs Budget Analysis	$\checkmark$
• Bank Statement (1 x per quarter reflecting NSNP funds received)	
Copies of Cheques	$\checkmark$

We the undersigned confirm that the information supplied in this pack has been verified and confirmed as true/correct:

Principal:	
Name <u>Mr. C Ramaphosa</u>	
Signature <u> </u>	School Stamp AMAMBALU PRIMARY SCHOOL BUTTERWORTH BUTTERWORTH
SGB Chairperson:	BUTTERHONE EMIS 100300717
Name <u>Mr. K Mothlante</u>	
Signature <u>K. Mothlante</u>	

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Tick if submitted

		1		DAIL	Y SCHOOL			Y			
School Na			U PRIMARY			EMIS Num			100300717		
School En	rolment	152					Total learners approved for NSNP 150				
District		AMATHOLI	E EAST			Month			June 2017		
Feeding		Feedin	Feeding Time		Menu Served	1	Total No.			NSNP Coordinato	
Days	Date	Start	Finish	Starch	Protein	Fruit or Veg	Learners Fed	Com	ments	Signature	
1	1 June	9:35am	9:55am	Pap	Chicken liver	Butternut	145			P. Nhlapo	
2	2 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	141			P. Nhlapo	
3	5 June	9:35am	9:55am	Phutu	Amasi	Orange	141			P. Nhlapo	
4	6 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	142			P. Nhlapo	
5	7 June	9:35am	9:55am	Bread	Pilchards	Carrots	148			P. Nhlapo	
6	8 June	9:35am	9:55am	Pap	Chicken liver	Butternut	142			P. Nhlapo	
7	9 June	9:35am	9:55am	, Samp	Sugar Beans	Cabbage	145			P. Nhlapo	
8	12 June	9:35am	9:55am	Phutu	Amasi	Orange	142			P. Nhlapo	
9	13 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	142			P. Nhlapo	
10	14 June	9:35am	9:55am	Bread	Pilchards	Carrots	145			P. Nhlapo	
11	15 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	142			P. Nhlapo	
12	19 June	9:35am	9:55am	Phutu	Amasi	Orange	145			P. Nhlapo	
13	20 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	144			P. Nhlapo	
14	21 June	9:35am	9:55am	Bread	Pilchards	Carrots	143			P. Nhlapo	
15	22 June	9:35am	9:55am	Pap	Chicken liver	Butternut	141			P. Nhlapo	
16	23 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	141			P. Nhlapo	
17	26 June	9:35am	9:55am	Phutu	Amasi	Orange	142			P. Nhlapo	
18	27 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	148			P. Nhlapo	
19	28 June	9:35am	9:55am	Bread	Pilchards	Carrots	147			P. Nhlapo	
20	29 June	<i>9:35am</i>	9:55am	Pap	Chicken liver	Butternut	150			P. Nhlapo	
21	30 June	9:35am	9:55am	Samp	Sugar Beans	Cabbage	152			P. Nhlapo	
22				•	_	-					
23											
24											
		T	otal numbe	er of learne	ers fed for the	month (A)	3,028	= Total No. lea	arners in shade	d column for all feeding days	
			Νι	umber of d	ays fed in the	month (B)	21	= No. days on	which feeding	took place in the month	
		Aver	age numbe	er of learne	ers fed for the	month (C)	144	= A divided by	В		

#### DAILY FOOD HANDLER ATTENDANCE REGISTER

EMIS Number	100300717
School Name	AMAMBALU PRIMARY
District	AMATHOLE EAST
Total learners approved for NSNP	150
Number of Food Handlers engaged	2
Month	June 2017

FEED DAYS	DATE	F/H 1: J. Luthuli	F/H 2: <i>S. letlape</i>	F/H 3:	F/H 4:	F/H 5:	F/H 6:	F/H 7:	NSNP Coordinator Signature
1	1 June	} Lithili	s Lettape						P. Nhlapo
2	2 June	} Lithili	s Lettape						P. Nhlapo
3	5 June	} Lithili	s settape						P. Nhlapo
4	6 June	} Lithuli	s settape						P. Nhlapo
5	7 June	} Lithili	s Lettape						P. Nhlapo
6	8 June	} Lithuli	s setlape						P. Nhlapo
7	9 June	} Lithuli	s Lettape						P. Nhlapo
8	12 June	} Lithuli	s Lettape						P. Nhlapo
9	13 June	} Lithuli	s Lettape						P. Nhlapo
10	14 June	} Lithuli	s Lettape						P. Nhlapo
11	15 June	} Lithuli	s setlape						P. Nhlapo
12	19 June	} Lithuli	s Lettape						P. Nhlapo
13	20 June	} Lithuli	s setlape						P. Nhlapo
14	21 June	} Lithuli	s Lettape						P. Nhlapo
15	22 June	} Lithuli	s Lettape						P. Nhlapo
16	23 June	} Lithuli	s Lettape						P. Nhlapo
17	26 June	} Lithul	s Lettape						P. Nhlapo
18	27 June	} Lithuli	s Lettape						P. Nhlapo
19	28 June	} Lithuli	s Lettape						P. Nhlapo
20	29 June	} Lithuli	s Lettape						P. Nhlapo
21	30 June	} Lithuli	s Lettape						P. Nhlapo
22		0.000.00.00							,
23									
24									

FOOD HANDLER ACKNOWLEDGEMENT OF PAYMENT FORM											
EMIS Num		100300717		District		AMATHOLE EAST					
School Na			J PRIMARY		pproved for NSNP	150					
No. Food	Handlers Engaged	2		Month		June 2017					
No. FH Engaged	Surname	Init	ials	ID Number	Amount Received	Signature	Date Received				
1	Luthuli	J.	L	6710123003007	R1,089	} Lithuli	30 June 2017				
2	Letlape	5.	5	7411234581008	R1,089	s Lettape	30 June 2017				
3											
4											
5											
6											
7											
8											
9											
10											
NSNF	P Coordinator	P. Nhlan	0								
Date		30 <sup>th</sup> June 20	<u>017</u>								

	Amambalu Primary School			SIGNATURE	signatory 1) C. Ramaphosa			SIGNATURE	ERSON (signatory 2) K MOTHLANTE		
				DATE		80-Jun-17		· ·	30-Jun-17 K.H Mothlante		1
IONTH	Jun-17	Jun-17				maposa					
		d - brought forward from <u>previ</u> nsfers) received during the mo		<b>11,187</b> 0	<b>40</b>						-
Date	Item(s) purchased	Payment made to	Cheque no.	TOTAL		Food		Stipend		Cooking Fuel (gas/wood)	
Duto				R	С	R	С	R	С	R	c
3-Jun-17	Dry goods	Alive Cooperative	19	4,226	00	4,226	00				
3-Jun-17	Fruit and vegetables	Alive Cooperative	20	787	50	787	50				
10-Jun-17	Fruit and vegetables	Alive Cooperative	21	787	50	787	50				
17-Jun-17	Fruit and vegetables	Alive Cooperative	22	787	50	787	50				
20-Jun-17	Gas	Nkosi Trading	23	749	00					749	00
30-Jun-17	Food handler stipend	Luthuli	24	1,089	00			1,089	00		
30-Jun-17	Food handler stipend	Letlape	25	1,089	00			1,089	00		
											$\square$
											_
											$\vdash$
											$\vdash$
	LESS : Total Monthly E	nenditure	1	9,515	50	6,588	50	2,178	00	749	00
		carried forward to <u>next month</u>		1,671	90			AMAMBA	ALU P CHOO		]

Amambalu Primary School Attention: The Principal	ς.						
<u>Ali</u>	<u>ve Cooperat</u>	ive					
		DATE:	3-Jun-17				
		INVOICE NO: VAT REG:	114566 4150242568				
DESCRIPTION AND PURPOSE	E QUANTITY	COST	TOTAL				
Maize Meal - Ace 10kg		6 R 65.00	R 390.00				
Samp - Elite 10kg		6 R 70.00	R 420.00				
Sugar Beans - 5kg		5 R 100.00	R 500.00				
Tinned Pilchards trays - 400g x 24tins		2 R 360.00	R 720.0				
Rice - 10kg		4 <u>R 99.00</u>	R 396.0				
UHT Milk - litres Chicken - 10kg	120		R 1,200.00 R 600.00				
	· · · · ·	2 R 300.00	R 000.00				
Paid ch	eque 19						
			R 4,226.00				
			R 0.00				
			R 4,226.00				
Amambalu Primary School Attention: The Principal							
---	---------------------	--	--	--	--	--	--
Alive Cooperative							
		DATE:	3-Jun-17				
		INVOICE NO: VAT REG:	3001 391724167				
DESCRIPTION AND PURPOSE	QUANTITY	COST	TOTAL				
Carrots - 10kg Butternut - 10kg Cabbage - each Oranges	5 5 25 150	R 55.00 R 55.00 R 5.00 R 0.75	R 275.00 R 275.00 R 125.00 R 125.00 R 112.50				
Paid cheque	20						
			R 787.50 R 0.00				
			R 787.50				

Amambalu Primary School Attention: The Principal				
Aliv	e Coopei	rati	ve	
			DATE:	10-Jun-17
			INVOICE NO: VAT REG:	3001 391724167
DESCRIPTION AND PURPOSE	QUAN	ΓΙΤΥ	COST	TOTAL
Carrots - 10kg Butternut - 10kg		5	R 55.00 R 55.00	R 275.00 R 275.00
Cabbage - each Oranges		25 150	R 5.00 R 0.75	R 125.00 R 112.50
Paid	cheque 21			
				R 787.50
				R 0.00
				R 787.50

Amambalu Primary School Attention: The Principal								
Alive Cooperative								
		DATE:	17-Jun-17					
		INVOICE NO: VAT REG:	3001 391724167					
DESCRIPTION AND PURPOSE	QUANTITY	COST	TOTAL					
Carrots - 10kg Butternut - 10kg Cabbage - each Oranges	5 5 25 150	R 55.00 R 55.00 R 5.00 R 0.75	R 275.00 R 275.00 R 125.00 R 125.00 R 112.50					
	Paid cheque	22						
			R 787.50 R 0.00					

Amambalu Primary School Attention: The Principal			
<u>Nkosi</u>	Trading	L	
		DATE:	20-Jun-17
		INVOICE NO: VAT REG:	204177 Not registered
DESCRIPTION AND PURPOSE	QUANTITY	COST	TOTAL
19kg	1	R 749.00	R 749.00
Paid	cheque 23		
			R 749.00
			R 0.00

SCHOOL ANNUAL NSNP BUDGET 2017/2018				
EMIS Number:	300717			
School Name:	AMAMBALU PRIMARY SCHOOL	N. A. Anarata		
District:	BUTTERWORTH	EASTERN CAPE		
Number Of Learners:	150			
Number Of Food handlers:	2			
Monthly Stipend:	R1150.00 per food handler per month			

#### THE ORIGINAL BUDGET SHOULD BE KEPT ON FILE AT THE SCHOOL. ONCE UPDATED, ATTACH A COPY TO THE MONTHLY FINANCIAL PACK

		BUDGET				Total
Month No. Feeding Days	Stipend	Food	Cooking Fuel (gas/wood)	Total Allocation	Monthly Expenditure	Expenditure as a % of Budget
7	R 2,300.00	R 2,394.00	R 1,320.00	R 6,014.00	5231.60	87 2
22	R 2,300.00	R 7,524.00	R 1,320.00	R 11,144.00	11541.00	104 %
21	R 2,300.00	R 7,182.00	R 1,320.00	R 10,802.00	9515.50	88%
			<b>Quarterly Total</b>	R 27,960.00		
		Quarterly Tr	ansfer Received			
50		idaoi		D 07 050 00	1	
	7 22 21	Days         Stipend           7         R 2,300.00           22         R 2,300.00           21         R 2,300.00	No. Feeding Days         Stipend         Food           7         R 2,300.00         R 2,394.00           22         R 2,300.00         R 7,524.00           21         R 2,300.00         R 7,182.00	No. Feeding DaysStipendFoodCooking Fuel (gas/wood)7R 2,300.00R 2,394.00R 1,320.0022R 2,300.00R 7,524.00R 1,320.0021R 2,300.00R 7,182.00R 1,320.00Quarterly TotalQuarterly Transfer Received	No. Feeding Days         Stipend         Food         Cooking Fuel (gas/wood)         Total Allocation           7         R 2,300.00         R 2,394.00         R 1,320.00         R 6,014.00           22         R 2,300.00         R 7,524.00         R 1,320.00         R 11,144.00           21         R 2,300.00         R 7,182.00         R 1,320.00         R 10,802.00	No. Feeding Days         Stipend         Food         Cooking Fuel (gas/wood)         Total Allocation         Monthly Expenditure           7         R 2,300.00         R 2,394.00         R 1,320.00         R 6,014.00         52.31.65           22         R 2,300.00         R 7,524.00         R 1,320.00         R 11,144.00         11541.00           21         R 2,300.00         R 7,182.00         R 1,320.00         R 10,802.00         95/5.55           Quarterly Total           Quarterly Total

#### ABSA BANK

Amambalu Primary School

STATEMENT NO. 114

ACCOUNT 100113471

BRANCH Butterworth

Date	Transaction details		Debit	Credit	Balance
19-Apr-17	Opening balance				43,314.56
21-Apr-17	Transfer Zwelistha NSNP			27,960.00	71,274.56
23-Apr-17	Cheque	7	(2,172.60)		69,101.96
25-Apr-17	Cheque	8	(581.55)		68,520.41
29-Apr-17	Cheque	9	(1,089.00)		67,431.41
29-Apr-17	Cheque	10	(1,089.00)		66,342.41
29-Apr-17	Cheque	11	(299.45)		66,042.96
30-Apr-17	Bank charges		(89.14)		65,953.82
6-May-17	Cheque	12	(6,019.00)		60,023.96
13-May-17	Cheque	13	(1,014.00)		59,009.96
20-May-17	Cheque	14	(1,231.99)		57,777.97
27-May-17	Cheque	15	(1,089.00)		56,688.97
27-May-17	Cheque	16	(1,089.00)		55,599.97
27-May-17	Cheque	17	(881.67)		54,718.30
30-May-17	Cheque	18	(216.34)		54,501.96
31-May-17	Bank charges		(78.13)		54,423.83
3-Jun-17	Cheque	19	(4,226.00)		50,275.96
3-Jun-17	Cheque	20	(787.50)		49,488.46
10-Jun-17	Cheque	21	(787.50)		48,700.96
17-Jun-17	Cheque	22	(787.50)		47,913.46
20-Jun-17	Cheque	23	(749.00)		47,164.46
20-Jun-17	Closing balance				48,700.96

Absa Buiterworth	Cheque nr
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Bullerworth	Date 03 JUNE 17
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0000023099 122000257 1302451693	
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170 Main Street	
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Absa Butterworth 3rd Floor	Cheque nr 24
Absa Butterworth 3rd Floor 170 Main Street	- C+
Absa Butterworth 3rd Floor	Cheque nr 24- Date <u>105000 17</u>
Absa Butterworth 3rd Floor 170 Main Street	- C+
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Absa Butterworth 3rd Floor 170 Main Street Butterworth PAY TO: Alline Concernations	- C+
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Absa Butterworth 3rd Floor 170 Main Street Butterworth PAY TO: Alive Cooperative AMOUNT OF: Seven Hundred Fighty Seven	Date <u>tojune 17</u>
Absa Butterworth 3rd Floor 170 Main Street Butterworth PAY TO: Alive Cooperative AMOUNT OF: Seven Hundred Eighty Seven Good 717ty Cents	Date <u>IOJUNE IJ</u> R <u>R7.5D</u>
Absa Butterworth 3rd Floor 170 Main Street Butterworth PAY TO: Alive Cooperative AMOUNT OF: Seven Hundred Fighty Seven	Date <u>IOJUNE IJ</u> R <u>R7.5D</u>
Absa Butterworth 3rd Floor 170 Main Street Butterworth PAY TO: Alive Cooperative AMOUNT OF: Seven Hundred Eighty Seven Good 717ty Cents	Date 10 JUNE 17 R 787.50 AUTHORISED SIGNATURE
Absa Butterworth 3rd Floor 170 Main Street Butterworth PAY TO: Alive Cooperative AMOUNT OF: Seven Hundred Fighty Seven Onid 717ty Cents 0000023099 122000257 1302451693	Date <u>IOJUNE IJ</u> R <u>R7.5D</u>
Absa Butterworth 3rd Floor 170 Main Street Butterworth PAY TO: Alive Cooperative AMOUNT OF: Seven Hundred Fighty Seven Onid 7174 Cents 0000023099 122000257 1302451693	Date <u>IOJUNE IJ</u> R 787.5D AUTHORISED SIGNATURE Cheque nr <b>222.</b>
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Absa Butterworth 3rd Floor 170 Main Street Butterworth PAY TO: <u>Aluxe Cooperative</u> AMOUNT OF: <u>Seven Hundred Eighty Seven</u> <u>Onid</u> 717ty <u>Cents</u> 0000023099 122000257 1302451693 Absa Butterworth 3rd Floor 170 Main Street Butterworth Butterworth	Date <u>IOJUNE IJ</u> R 787.5D AUTHORISED SIGNATURE Cheque nr <b>222.</b>
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Absa Butterworth 3rd Floor 170 Main Street Butterworth PAY TO: <u>Aluxe Cooperative</u> AMOUNT OF: <u>Seven Hundred Eighty Seven</u> <u>Onid</u> 717ty <u>Cents</u> 0000023099 122000257 1302451693 Absa Butterworth 3rd Floor 170 Main Street Butterworth Butterworth	Date <u>IOJUNE IJ</u> R 787.5D AUTHORISED SIGNATURE Cheque nr <b>222.</b>
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### **APPENDIX 6**

### Equipment/Utensils Funds Tracking Form

(Blank and Completed Template)

#### EQUIPMENT AND UTENSILS FUNDS TRACKING FORM

School Name

**EMIS Number** 

Date	Details	Name of Supplier & Invoice Number	Amount	Balance Remaining

#### EQUIPMENT AND UTENSILS FUNDS TRACKING FORM

School Name	Bekinkosi Primary	EMIS Number	300100818	
Date	Details	Name of Supplier & Invoice Number	Amount	Balance Remaining
14 May 2017	Receipt of funds from Department	-	R12,317.11	R12,317.11
1 June 2017	Purchase of pots and gas stove	BBC Catering (Inv 1212)	-R5,409.36	R6,907.75
21 June 2017	Purchase of eating utensils	PK Wholesalers (Inv 1387)	-R4,814.40	R2,093.35

### **APPENDIX 7**

### Application for Utilisation of NSNP Surplus/Savings

(Blank Template)



Province of the EASTERN CAPE EDUCATION

#### APPLICATION FOR UTILISATION OF NSNP SURPLUS / SAVINGS

#### 1. SCHOOL DETAILS

School Name		No. NSNP Approve	ed Learners	
Emis Number		Financial Status		
District Name		Quintile Status		
2. AMOUNT OF NSNP SURPLUS	S AS AT EN	D OF FINANCL		
Total NSNP Funds received during Financia	l Year			f Financial Year (March 201):
Less: NSNP Expenditure during Financial Ye	ear		-	y Income & Expenditure Register vs Budget Analysis
Equals: NSNP Surplus remaining at end of I	Financial Year		3. Bank Stateme	
3. PROPOSED USE OF SURPLUS	5			
Expenditure type	Tick	Provide detail a	nd state why ap	proval should be granted
Feed learners at beginning of new financial year				
Improve menu (provide animal protein or provide fruit twice a week)				
Cooking facilities/mobile kitchen, eating utensils, fire extinguishers				
Breakfast for orphans/other vulnerable learners				
Protective clothing for food handlers				
Water tanks, seedlings, garden implements				
Meals for Gr 12 learners during study periods/weekend classes/holiday periods				
NB. Relevant supporting documents (b	ank statemen	ts, quotations, plar	ns, etc.) must be	e attached to this application.
4. DECLARATION				
We the undersigned hereby certify the PRINCIPAL - INITIAL AND SURNAME S			d true.	SCHOOL STAMP
SGB CHAIRPERSON - INITIAL AND SUR	NAME SIGNA	TURE DATE		
RECOMMENDED/NOT RECOMMENDED				
	••••••	••••••		
	••••••			
CES:ESSS - INITIAL AND SURNAME APPROVED/NOT APPROVED	SIGNATU	RE	DATE	
DISTRICT DIRECTOR - INITIALS AND SU		-	DATE	CNOND and loss from 1
<b>NB:</b> All the information given above must be ver	med before appr	oval is granted for the re	equested utilization	OI INDIN' SURPLUS funds.

### **APPENDIX 8**

### Eastern Cape NSNP - School File Index

(Template)

#### Eastern Cape NSNP – School File Index

#### Annual Planning (All for Current Financial Year)

- 1. Business Plan Amendment Circular
- 2. Annual NSNP Transfer Schedule
- 3. School Specific Menu
- 4. School Specific Budgets
- 5. Feeding Calendar

#### **NSNP Related Minutes and Circulars**

- 6. Minutes of NSNP Committee Meetings and Reports to the SGB
- 7. NSNP Circulars/Memoranda

#### **School NSNP Monthly Reporting Packs**

8. Completed packs (filed monthly for the current financial year)

#### **NSNP Procurement and Supplier Management**

- 9. Audit trail of *6 monthly procurement* process to select suppliers
  - a. Advertisements for Quotations
  - b. Register of Supplier Quotations received
  - c. Completed Quotation Sheets received from suppliers
  - d. Completed/Signed Evaluation Sheet
  - e. Completed and signed Contract (SLA) between the School and the Supplier
- 10. Completed NSNP Order Forms
- 11. Signed copies of Supplier Delivery Notes

#### **Food Handlers**

- 12. Food Handler Appointment Ratios Guide
- 13. Food Handler Standard Duty Lists (English, Afrikaans, IsiXhosa, Sesotho)
- 14. Annual Food Handler Engagement Process
  - a. Food Handler Advertisement
  - b. Food Handler Application Forms Received
  - c. Completed/Signed Food Handler Evaluation Form
  - d. For each Food Handler engaged for the current year
    - i. Completed Food Handler Registration Form
    - ii. Completed/Signed Food Handler Contract
    - iii. Certified Copy of SA Identity Document (ID)

#### **Administration**

- 15. Simplified Soya Specification
- 16. Completed Equipment/Utensils Funds Tacking Form
- 17. Completed NSNP Stock Control Registers
- 18. Application for Utilisation of NSNP Surplus/Savings (if applicable)

### **APPENDIX 9**

### **School NSNP Quotation Process**

(Key Slides)

### SCHOOL NSNP PROCUREMENT PROCESSES (KEY SLIDES)

### Intro and Overview

<u>The procurement templates and this guide have been</u> prepared to assist schools to be able to do the following:

- Request quotations from suppliers using a standard template which has pre-formatted quantities for specific menu items
- Compare these quotations on a like for like basis
- Evaluate and select the most suitable supplier(s)
- Formalise the appointment of the supplier(s) and maintain an audit trail of the entire process

# This entire process should take place every 6 months

### Intro and Overview

This pack focuses on "choosing the right supplier(s)"



#### <u>NOTE</u>

- Assumptions we make when choosing the right supplier are not intended to always rule decisions we might need to make later on in the process (i.e when contracting with/managing the supplier)
- For example, if samp was not included in the standardised quotation template, then it should not prevent the school from procuring the product from the appointed supplier if learners prefer it to the starch options included on the standardised quotation templates

### SCHOOL SPECIFIC QUOTATION SHEET (SSQS)

Δ

5

### School Specific Supplier Quotation Sheet

The **School Specific Quotation Sheet (SSQS)** is the foundation document for the entire process

SSQS's will be created annually by the provincial office for all schools and distributed at the beginning of each financial year

#### The SSQS template has been developed using the:

- Approved number of learners for the NSNP
- Provincial menu per the annual NSNP Business Plan

### The SSQS template has also been developed based on the following assumptions:

- Suppliers <u>must include transport costs</u> in the cost of each product
- <u>Bread and sweet potato have been excluded</u> from the template because they are not DRY Groceries and are likely to significantly complicate the quotation process
- <u>Seasoning has been excluded</u> from the quotation template as it is of a very low value and difficult to standardise for schools (broad range of products/preferences at schools)

### **SSQS** Template - Overview

chool Name	Nyosana JS	S			Number of NS	NP Learners	736
Column no.	A	A		С	D	E	F
Category	Produ	Product		Unit	Total Weekly Quantity	Total Weekly Cost (Rands)	Comments
	Samp			Kg	74		
	Maize Meal		-	Kg	74		
	Rice		-	Kg	37		
DRY	Sugar Beans		-	Kg	52		EXAMPLE
GROCERIES		π if Amasi chosen		Litre	147		
	nerst unitere at	Select one tin size &		400g tin	74		ONLY
	Pilchards in Tomato cross out the other			425g tin	69		1
		Contraction of the contraction o	WEEK		ORY GROCERIES		
ASTEURISED	Cross out if UHT mill	k selected above		Litre	147		
11111000			WEEKLY	COST - PAST	EURISED AMASI		
	Chicken livers/gizzards Select one product &			Kg	29		
POULTRY	Chicken with bones	cross out the other		Kg	37		
			2	WEEKLY	COST - POULTRY		
_	Yellow/Orange/Red Veg	getables		Kg	88		
FRUIT & VEG	Green Vegetables			Kg	88		
	Fruit in Season			Each	736		
			w		T - FRUIT & VEG		
<ul> <li>a) Valid for a period (</li> <li>b) Based on deliverier)</li> <li>b) Based on deliverier)</li> <li>b) Based on deliverier)</li> <li>(we hereby also deliverier)</li> <li>(we hereby also deliverier)</li> <li>(method also deli</li></ul>	r prices quoted above are INCL ofmonths from is of "DRY GROCERIES" being ri is of "PERISHABLES" (thut/veg, i sclare that : early and correctly labeled and is ored and transported to the scho fortified in line with government is an UHT (Uttra High Temperature	to made <u>once per month</u> amasi, poutry) being made upplied in original manufact oi under hygienically accept pecs and bear the appropri	once per week urer packaging (no repackaging able conditions	0	Fuil Name Capacity Date Signature Company Stamp		

**NSNP** Procurement Process

### SSQS Template – 2 Sections

School Speci	fic Supplier Quotatio	n Sheet			Supplier Name		
School Name	Nyosana JSS	5			Number of NSI	NP Learners	736
Column no.	A		В	С	D E	E	E
Category	Product		Description (brand/ or product)	Unit	Total Weekly Quantity	Total Weekly Cost (Rands)	Comments
	Samp Maize Meal			Kg	74		
			1	Kg	74		
	Rice			Kg	37		
GROCERIES	Sugar Beans	0		Kg	52		EXAMPLE
GROOLINES	UHT Milk Cross ou	t if Amasi chosen		Litre	147		A construction of the
	200 V 102 V	Select one tin size &		400g tin	74		Section 1
	Pilchards in Tomato	cross out the other		425g tin	69		
	2	-10 - 10 -	WEE	LY COST - D	ORY GROCERIES		Weekly
PASTEURISED AMASI	Cross out if UHT milk	selected above		Litre	147		Product
-			WEEKLY	COST - PAST	EURISED AMASI		
	Chicken livers/gizzards	Select one product &		Kg	29		Costing
POULTRY	Chicken with bones	cross out the other	-	Kg	37		cooling
5		· · · · · · · · · · · · · · · · · · ·	1.	WEEKLY	COST - POULTRY		
	Yellow/Orange/Red Veg	jetables		Kg	88		
FRUIT & VEG	Green Vegetables			Kg	88		
10.101	Fruit in Season			Each	736		
	A 11	3	v	EEKLY COS	T - FRUIT & VEG		
				TOTAL	WEEK Y COOT		
hereby declare that a) Valid for a period o	prices quoted above are INCL f months from	USIVE of transport to the	school and are:		Full Name		Section 2
b) Based on deliverie	s of "DRY GROCERIES" being n	nade once per month			Capacity		
c) Based on deliverie / we hereby also de	s of "PERISHABLES" (fruit/veg, a	amasi, poultry) being made	once per week		Date		Cumpling
d) Products will be civ	early and correctly labelled and su			0	Signature		Supplier
) Malze Meal will be f	ored and transported to the schoo fortified in line with government sp am UHT (Ultra High Temperature eurised	pecs and bear the appropria			Company Stamp		eclaration

**NSNP** Procurement Process

# SSQS Template – Understanding it

School Spec	ific Supplier Quotation	on Sheet			Supplier Nan	ne	
School Name	Nyosana JSS	i		Number of N	SNP Learners	736	
Column no.	A	1	В	С	D	E	F
Category	Product		Description (brand/ or product)	Unit	Total Weekly Quantity	Total Weekly Cost (Rands)	Comments
	Samp			Kg	74		
	laize Meal			Kg	74		_
DRY GROCERIES	Rice	e e e e e e e e e e e e e e e e e e e		Kg	37		
	Sugar Beans			Kg	52		EXAMPLE
	JHT Milk Cross out if Amasi chosen			Litre	147		ONLY
	Pilchards in Tomato	Select one tin size & cross out the other		400g tin 425g tin	74 69	Î	ONLY
			WEEKLY (	COST - DRY	GROCERIES		
PASTEURISED AMASI	Cross out if UHT milk	selected above		Litre	147		
			WEEKLY COST	r - Pasteu	RISED AMASI		
POULTRY	Chicken livers/gizzards	Select one		Kg	29		
PUULIRY	Chicken with bones	product & cross out the other		Kg	37		
			WE	EKLY COS	T - POULTRY		
	ellow/Orange/Red Ve	getables		Kg	88		
FRUIT & VEG	Green Vegetables			Kg	88		
	ruit in Season			Each	736		
			WEEK	(LY COST -	FRUIT & VEG		
					EEKLY COST		

**NSNP** Procurement Process

### SSQS Template – Understanding it

Pre-determined products per category Pre-determined weekly quantities

School Spec	ific Supplier Quotation	on Sheet			Supplier Nan	ne	
School Name Nyosana USS					Number of N	SNP Learners	736
Column no.	PA .		В	C		E	F
Category	Product		Description (brand or product)	Unit	Total Weekly Quantity	Total Weekly Cost (Rands)	Comments
	Samp			Kg	74		
	Maize Meal	Meal		Kg	74		1
001	Rice			Kg	37		
DRY GROCERIES				Kg	52	0	EXAMPLE
ONOGENEO	UHT Milk Cross out in	<sup>4</sup> Amasi chosen		Litre	147		ONLY
	Pilchards in Tomato	Select one tin size & cross out the other		400g tin 425g tin	74 69		ONLI
		Con Inc. Ciner	WEEKLY		Y GROCERIES		
PASTEURISED AMASI	Cross out if UHT milk	selected above		Litre	147		
		1	WEEKLY COS	- PASTEU	IRISED AMASI		
10000000	Chicken livers/gizzards	Select one		Kg	29	6	
POULTRY	Chicken with bones	product & cross out the other		Kg	37		
			5	EKLY COS	it - Poultry		
	Yellow/Orange/Red Ve	getables		Kg	88		
FRUIT & VEG	Green Vegetables			Kg	88		
	Fruit in Season			Each	736		
			WEEF	(LY COST -	FRUIT & VEG		
				TOTAL W	EEKLY COST		

**NSNP** Procurement Process



#### Before school specific quotations can be sent to suppliers the SCHOOL must:

- 1. Select one tin size for Pilchards and cross out tin size not used
- Choose between <u>UHT milk</u> and <u>pasteurised amasi</u> and cross out the one not used
- 3. Choose between <u>chicken livers/gizzards</u> and <u>chicken with bones</u> and cross out the one not used
- 4. Fill in a product description if required (brand or type of product)
- 5. Make **5 copies** of this <u>partly completed</u> Supplier Quotation Sheet
  - a) Keep 1 copy for the school in case needed
  - b) Make copies available to potential suppliers and make sure that they <u>understand how to correctly complete it</u> and they know the <u>date by which it is to be submitted</u> back to the school

*Example:* School wants 400g tins of pilchards, UHT milk & chicken livers/gizzards

They must therefore <u>cross out 425g</u> pilchards tin, pasteurised amasi & chicken with bones

School Spec	ific Supplier	Quotation	n Sheet			Supplier Nar	ne	
School Name	Ny	yosana JSS				Number of N	ISNP Learners	736
Column no.		A		В	с	D	E	F
Category	Product			Description (brand/ or product)	Unit	Total Weekly Quantity	Total Weekly Cost (Rands)	Comments
	Samp				Kg	74		
	Maize Meal			Ace Super	Kg	74		
	Rice				Kg	37		
DRY GROCERIES	Sugar Beans	Sugar Beans			Kg	52		
	UHT Milk	Cross out i	l Amasi chosen		Litre	147		
	Pilchards in Tomato Select one tin size & cross out			400g tin	74			
	Plicnards in	Tomato	size & cross out the other		-425g tin -			
				VEEKLY (	COST - DRY	GROCERIES		
PASTEURISED AMASI	- 80000	#-0#7- <b></b> #	7.000 00 00 00 00 00 00 00 00 00 00 00 00		li#ræ -	447		
				VEEKLY COST	- PASTEUR	RISED AMASI		
20200000000	Chicken live	rs/qizzards	Select one		Kg	29		
POULTRY	Chickenwrith	-	product & cross					
				v		T - POULTRY		
_	Yellow/Oran	nge/Red Ve	getables	Carrots/butternut	Kg	88		
FRUIT & VEG	Green Vege	tables		Cabbage/spinach	Kg	88		
	Fruit in Seas	son		Apple/orange	Each	736		
				VEE	(LY COST -	FRUIT & YEG		
	1							

If the school wants to be quoted on UHT Milk <u>AND</u> Pasteurised Amasi then do not cross out one of the products but instead **halve** the quantities  $(147 \div 2 = 74)$ 

School Name	Nyosana JSS	;			Number of N	ISNP Learners	736
Column no.	A		В	C	D	E	F
Category	Produc	:t	Description (brand/ or product)	Unit	Total Weekly Quantity	Total Weekly Cost (Rands)	Comments
	Samp			Kg	74		
)	Maize Meal		Ace Super	Kg	74		
	Rice			Kg	37		
DRY GROCERIES	Sugar Beans UHT Milk Cross out if Amasi chosen			Kg	52		
GINUCLINED				Litre	147 74		
	Dilaharda in Tanata	Select one tin size & cross out		400g tin	74		
	Pilchards in Tomato			425g tim			
			WEE	KLY COST - I	DRY GROCERIES		
	1						
PASTEURISED AMASI	Cross out if UHT milk s	ielected above		Litre	74		
			WEEKLY	COST - PAST	EURISED AMASI		
POULTRY	Chicken livers/gizzards	Select one product & cross		Kg	29		
	Chicken with bones	out the other		Kg	37		
				WEEKLY C	OST - POULTRY		
	Yellow/Orange/Red Veg	aetables	Carrots/butternut	Kg	88		
FRUIT & VEG	Green Vegetables		Cabbage/spinach	Kg	88		
	Fruit in Season		Apple/orange	Each	736		
	The in obusin				T - FRUIT & VEG		
				TOTAL	L WEEKLY COST		

**NSNP** Procurement Process

The same applies if the school wants to be quoted on Chicken livers/gizzards <u>AND</u> Chicken with bones  $(29 \div 2 = 15 \text{ and } 37 \div 2 = 18)$ 

chool Name	Nyosana JSS				Number of N	SNP Learners	736
Column no.	A		В	С	D	E	F
Category	Produc	t	Description (brand/ or product)	Unit	Total Weekly Quantity	Total Weekly Cost (Rands)	Comments
	Samp			Kg	74		
	Maize Meal		Ace Super	Kg	74		
	Rice			Kg	37		
DRY GROCERIES	Sugar Beans UHT Milk <i>Cross out if Amasi chosen</i>			Kg	52		
GROOLNEO				Litre	147		
	Pilchards in Tomato	Select one tin size & cross out		400g tin	74		
	Plichards in Tomato	size & cross out the other		425g tim			
			WEE	KLY COST -	DRY GROCERIES		
PASTEURISED							
AMASI	Crass out if UHT milk s	elected above		Litre	147		
			WEEKLY	COST - PAST	EURISED AMASI		
						1	
POULTRY	Chicken livers/gizzards	Select one product & cross		Kg	29 15		
	Chicken with bones	aut the other		Kg	3 18		
				WEEKLY C	OST - POULTRY		
	Yellow/Orange/Red Veg	etables	Carrots/butternut	Kg	88		
FRUIT & VEG	Green Vegetables	,	Cabbage/spinach	Kg	88		
	Fruit in Season		Apple/orange	Each	736		
					T - FRUIT & VEG		
				TOTA	L WEEKLY COST		

The school should add product "descriptions" where required into Column B

Eg: Ace Super Maize Meal, and specify the fruits and vegetables they want

School Spec	ific Supplier	Quotation	n Sheet			Supplier Nar	ne	
School Name	Ny	osana JSS				Number of N	ISNP Learners	736
Column no.		A		В	С	D	E	F
Category	Product			Description (brand/ or product)	Unit	Total Weekly Quantity	Total Weekly Cost (Rands)	Comments
	Samp				Kg	74		
	Maize Meal		Ace Super	Kg	74			
	Rice				Kg	37		
DRY GROCERIES	Sugar Beans			Kg	52			
	UHT Milk	Cross out i	l Amasi chosen		Litre	147		
	Pilchards in 1	Tomato	Select one tin size & cross out the other		400g tin 	74		
PASTEURISED				VEEKLY	:OST - DRY	GROCERIES		
AMASI		/-on/-uni-	rateatest-strate=	VEEKLY COST		RISED AMASI		
POULTRY	Chicken liver	s/gizzards	Select one product & cross		Kg	29		
ROOLINI	Chicken with	bones	-Mentemer-		— <del>Ку</del> —			
				v	EKLY COS	T - POULTRY		
	Yellow/Oran	ge/Red Ve	getables	Carrots/butternut	Kg	88		
FRUIT & VEG	Green Vege	tables		Cabbage/spinach	Kg	88		
	Fruit in Seas	on		Apple/orange	Each	736		
				<b>VEE</b>	LY COST -	FRUIT & YEG		
						N 8	2	

### Step 2 – Suppliers insert costs & sign



**NSNP** Procurement Process

### Step 2 – Supplier to insert costs & sign

- <u>Insert</u> supplier name in top right hand corner
- Insert Total Weekly Cost (Rands) for each product into Column E
- The supplier should base their costing on:
  - Total Quantity for the week as indicated in Column D
  - Product description (eg: brand, veg type) as indicated in Column B
  - "Delivered to school" cost no delivery costs can be added separately
- If a supplier is not able to supply the product/brand requested by the school then they should note that in the "comments" column and provide the name of an alternative brand if applicable
- Fill in the period that the costs will be valid for
- <u>Read, sign and stamp</u> the declaration at the bottom of the sheet
- <u>Return</u> the completed sheet to the school by the agreed date

### Step 2 – Supplier to insert product costs

Supplier to insert Costs into Column E for each product (The cost should be for the indicative quantity in Column D) Supplier to insert name

School Spec	ific Supplier Quota	tion Sheet	e	ABC Cooperative			
School Name	Nyosana JSS				Number of NS	SNP Learners	736
Calumana			-	0		C C	-
Column no.	A		В	C	D		F
Category	Produc	t	Description (brand/ or product)	Unit	Total Weekly Quantity	Total Weekly Cost (Rands)	Comments
	Samp			Kg	74	R 478.40	
	Maize Meal		Ace Super	Kg	74	R 478.40	
	Rice			Kg	37	R 294.40	
DRY GROCERIES Sugar Beans				Kg	52	R 772.80	
	UHT Milk Cross out is	f Amasi chosen		Litre	147	R 1,545.60	
	Pilchards in Tomato	Select one tin size & cross out the other		400g tin - 425g tin -	74	R 956.05	
			WEEK	_	RY GROCERIES	R 4,525.65	
PASTEURISED AMASI	- <del>Cross</del> out il UI +7 milk.	selected above		<mark>L</mark> itre	147		
			WEEKLY C	OST - PASTE	URISED AMASI		
1 10/05/04/05/05/00	Chicken livers/gizzards	Select one		Kg	29	R 942.08	
POULTRY	Chicken with bones	product & cross		Kg	37		
				WEEKLY CO	ST - POULTRY	R 942.08	
	Yellow/Orange/Red Veg	etables	Carrots/butternut	Kg	88	R 529.92	
FRUIT & VEG	Green Vegetables		Cabbage/spinach	Kg	88	R 529.92	
	Fruit in Season		Apple/orange	Each	736	R 736.00	
			W	EEKLY COST	- FRUIT & VEG	R 1,795.84	
				TOTAL	WEEKLY COST	R 7,263.57	

## Step 2 – Supplier to insert product costs Supplier to calculate the "Weekly Cost" for each category and in TOTAL

School Spec	ific Supplier Quota	tion Sheet			Supplier Nam	e	ABC Cooperative
School Name	Nyosana JSS				Number of NS	SNP Learners	736
Column no.	A		В	С	D	E	F
Category	Produc	t	Description (brand/ or product)	Unit	Total Weekly Quantity	Total Weekly Cost (Rands)	Comments
	Samp			Kg	74	R 478.40	-
	Maize Meal		Ace Super	Kg	74	R 478.40	
	Rice			Kg	37	R 294.40	
DRY GROCERIES	Sugar Beans			Kg	52	R 772.80	
	UHT Milk Cross out in	Amasi chosen		Litre	147	R 1,545.60	
	Pilchards in Tomato			400g tin	74	R 956.05	
	Flicitatus in Fornato	the other		- 425a tin -	<del>69</del>	K 950.05	
			WEEK	LY COST - D	RY GROCERIES	R 4,525.65	Dry Groceries (A)
PASTEURISED AMASI	- <del>Cross</del> out il UHT milk.	selected above		<mark>Litre</mark>	147		<b>.</b>
			WEEKLY C	O <mark>st - Paste</mark>	URISED AMASI		Amasi (B)
POULTRY	Chicken livers/gizzards	Select one		Kg	29	R 942.08	
FUULIRT	Chicken with bones	product & cross out the other		Ka	37		<b>Y</b>
			L	WEEKLY CO	OST - POULTRY	R 942 08	Poultry (C)
	Yellow/Orange/Red Veg	etables	Carrots/butternut	Kg	88	R 529.92	
FRUIT & VEG	Green Vegetables		Cabbage/spinach	Kg	88	R 529.92	V
	Fruit in Season		Apple/orange	Each	736	R 736.00	•
				EEKLY COST	- FRUIT & VEG	R 1,795.84	Fruit & Veg (D)
					WEEKLY COST	R 7,263.57	= (A)+(B)+(C)+(D)

**NSNP** Procurement Process

### Step 2 – Supplier signs declaration

(a) Valid for a period of <u>6</u> months from <u>1/4/2017</u> to <u>30/9/2017</u>	Full Name	Jabulani Nkosi		
(b) Based on deliveries of "DRY GOCERIES" being made once per month	Capacity	Treasurer		
(c) Based on deliveries of "PERISHABLES" (fruit/veg, amasi, poultry) being made once per week	Date	21-Mar-17		
I / we hereby also declare that :	Signature	J.B. Nkosi		
(d) Products will be clearly and correctly labelled and supplied in original manufacturer packaging (no repackaging)	orginatare	80		
(e) Products will be stored and transported to the school under hygienically acceptable conditions		ABC COOPERATIVE		
(f) Maize Meal will be fortified in line with government specs and bear the appropriate logo		LETLANG TOWNSHIP		
(g) Milk will be full cream UHT (Ultra High Temperature)	Company Stamp	BUTTERWORTH		
(h) Amasi will be Pasteurised		REG NO. 137891-2012		
(i) Fruit and vegetables will be fresh and free from damages and blemishes				

Supplier to indicate price validity

Supplier to read, sign and stamp the declaration
# Step 3 – School checks supplier quotations



**NSNP** Procurement Process

## Step 3 – School checks supplier quotations

- Create a <u>register</u> of completed quotations sheets received
- Check quotation sheets received to ensure suppliers have:
  - Inserted their name in top right hand corner
  - Provided costs for each product (including transport)
  - Indicated the price validity period in the supplier declaration and signed and stamped it
- Check that the supplier has added up the costs per category and in total for the week:
  - WEEKLY COST DRY GROCERIES
  - WEEKLY COST PASTEURISED AMASI
  - WEEKLY COST POULTRY
  - WEEKLY COST FRUIT & VEG
  - TOTAL WEEKLY COST



**NSNP** Procurement Process

# NSNP SUPPLIER EVALUATION SHEET

# **NSNP** Supplier Evaluation Sheet

The **NSNP Supplier Evaluation Sheet** is the key document to assist schools to:

- Compare quotations they have received on a like for like basis
- **Evaluate and select** the most suitable supplier(s)
- *Formalise* the decision made to appoint the supplier(s)

# Supplier Evaluation Sheet - Overview

Comment on supplier capability to manage the business (reliability, quality, capacity etc
1
Reason for selection
Signature

**NSNP** Procurement Process

# **Supplier Evaluation Sheet - Overview**

NSNP SUPPLIER EVALU	JATION SHEE	Ξ			School Nan	ne	
		Total W	eekly Cost (	Pands)		0433	S N 0 5985.0
Supplier Name	Dry Groceries	Pasteurised Amasi	Poultry	Fruit & Veg	Total	Price Ranking	Comment on supplier capability to manage the business (reliability, quality, capacity etc)
1				-			
			0		9. G		Section 1 Cost
						-	summary per
	5		2			5	supplier
Weekly costs chosen						1	
	5 day fo	ood budget				]	
		Supplier Name	)	]	Cate	gories	Reason for selection
We hereby select				to supply			Section 2
	[			]			Supplier
We hereby select	1			to supply			Selection
				to ouppy			
Approved by Procureme	nt Committee	e			~		Section 3
		Nam	ne		D	ate	Procurement
Principal		80.10					Committee
Committee Convener					2		Committee
Committee Member							Approval

**NSNP** Procurement Process

Transfer costs for suppliers that completed & returned a SSQS

NSNP SUPPLIER EVALU	ATION SHEE	Γ			School Name Nyosana JSS		Nyosana JSS
Supplier Name		Total V	Veekly Cost (F	Rands)		Price	Comment on supplier capability to manage the business (reliability, quality, capacity etc)
	Dry Groceries	Pasteurised Amasi	Poultry	Fruit & Veg	Total	Ranking	
ABC Cooperative	R 4,525.65	2	R 942.08	R 1,795.84	R 7,263.57	1	Cheapest option / can supply all brands
Zinkwazi Traders CC	R 4,912.80	<u>2</u>	R 1,030.40	R 2,156.48	R 8,099.68	3	Most expensive / can supply all brands
Amahobe Construction	R 4,861.28	2	R 971.52	R 1,884. <mark>1</mark> 6	R 7,716.96	2	Affordable but cannot supply all products
Weekly costs chosen	R 4,525.65		R 942.08	R 1,795.84	R 7,263.57		
	5 day for	od budget			R 8,390		

**NSNP** Procurement Process

NSNP SUPPLIER EVALU	ATION SHEET	Γ			School Nam	e	Nyosana JSS	
		Total V	Veekly Cost (F	Rands)		Duine		
Supplier Name	Dry Groceries	Pasteurised Amasi	Poultry	Fruit & Veg	Total	Price Ranking	Comment on supplier capability to manage the business (reliability, quality, capacity etc	
ABC Cooperative	R 4,525.65	5	R 942.08	R 1,795.84	R 7,263.57	1	Cheapest option / can supply all brands	
Zinkwazi Traders <mark>C</mark> C	R 4,912.80	5	R 1,030.40	R 2,156.48	R 8,099.68	3	Most expensive / can supply all brands	
Amahobe Construction	R 4,861.28	5	R 971.52	R 1,884.16	R 7,716.96	2	Affordable but cannot supply all products	
Weekly costs chosen	R 4,525.65		R 942.08	R 1,795.84	R 7,263.57			
	5 day for	od budget			R 8,390	1		

Rank suppliers based on their total weekly cost and provide details on their ability to manage the NSNP business:

- Reliability in terms of delivery time / delivery quantities
- Quality of products (if brands are different from requested)
- Capacity (access to products, delivery capability, order taking)

NSNP SUPPLIER EVALU	ATION SHEET	l.			School Name	e	Nyosana JSS
		Total V	/eekly Cost (F	Rands)	Price	Price	Comment on supplier capability to manage the business (reliability, quality, capacity etc)
Supplier Name	Dry Groceries	Pasteurised Amasi	Poultry	Fruit & Veg	Total	Ranking	
ABC Cooperative	R 4,525.65	2	R 942.08	R 1,795.84	R 7,263.57	1	Cheapest option / can supply all brands
Zinkwazi Traders CC	R 4,912.80	<u>i</u>	R 1,030.40	R 2,156.48	R 8,099.68	3	Most expensive / can supply all brands
Amahobe Construction	R 4,861.28	2	R 971.52	R 1,884.16	R 7,716.96	2	Affordable but cannot supply all products
Veekly costs chosen	R 4,525.65		R 942.08	R 1,795.84	R 7,263.57		
	5 day foo	od budget			R 8,390		

Insert the cost for the supplier chosen for each category and add them to get a total weekly cost **NSNP** Procurement Process

NSNP SUPPLIER EVALU	NSNP SUPPLIER EVALUATION SHEET					9	Nyosana JSS
	-	Total W	/eekly Cost (F	Rands)		Price	Comment on ourplier conchility to menage
Supplier Name	Dry Groceries	Pasteurised Amasi	Poultry	Fruit & Veg	Total	Ranking	Comment on supplier capability to manage the business (reliability, quality, capacity etc)
ABC Cooperative	R 4,525.65	2	R 942.08	R 1,795.84	R 7,263.57	1	Cheapest option / can supply all brands
Zinkwazi Traders CC	R 4,912.80	ŝ	R 1,030.40	R 2,156.48	R 8,099.68	3	Most expensive / can supply all brands
Amahobe Construction	R 4,861.28	2	R 971.52	R 1,884.16	R 7,716.96	2	Affordable but cannot supply all products
Weekly costs chosen	R 4,525.65	0.000	R 942.08	R 1,795.84	R 7,263.57		Make sure Total Weekly
	5 day foo	od budget			R 8,390		Cost does not exceed 5 day food budget

Insert the **5** day food budget (found at the bottom of school specific budget)

	Supplier Name	_	Categories	Reason for selection
We hereby select	ABC Cooperative	to supply	All products	Most affordable & can supply all product References indicate supplier is reliable
We hereby select		to supply	1	
We hereby select		to supply		
Approved by Procure	ment Committee			
2	Name		Date	Signature
Principal	J. Molopo		31 March 2017	J.S. Ma opo
Committee Convener	K. Kekana		31 March 2017	K. W.K. Kana
Committee Member	P.S Radebe		31 March 2017	P.S Rad be

- Indicate the supplier(s) that have been selected
- Indicate the product category(s) they will supply
- Give reasons for the selection

The school will need substantial evidence to support a decision where the supplier with the **lowest** cost is NOT selected

	Supplier Name		Categories	Reason for selection	
We hereby select	APC Cooperative	to supply	All products	Most affordable & can supply all products	
we hereby select	ABC Cooperative	to supply	An products	References indicate supplier is reliable	
We hereby select		to supply			
We hereby select		to supply			
Approved by Procure	ment Committee				
8	Name		Date	Signature	
Principal	J. Molopo		31 March 2017	J.S. Molopo	
Committee Convener	K. Kekana		31 March 2017	K. W.K.e.Kana	
Committee Member	P.S Radebe		31 March 2017	P.S Raidebe	

The relevant members of the Procurement Committee should sign and date the document to indicate their approval

# Step 5 – Enter into contract with Supplier



**NSNP** Procurement Process

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# Step 5 – Enter into contract with Supplier

The **<u>School</u> and the <u>Supplier</u>** should formalize their arrangements by completing and signing the Memorandum of Agreement (MOA):

- "Period of Service" should be as per SSQS
- Attach the SSQS that was submitted by the successful supplier to the MOA as it makes reference to the following:
  - Products to be supplier
  - Indicative weekly quantities
  - o Costs
  - Supplier declaration

# **APPENDIX 10**

## School Specific Supplier Quotation Sheet

(Example)

School Speci	fic Supplier Quotation	n Sheet			Supplier Name	9	
School Name	Nyosana JSS				Number of NS	NP Learners	736
Column no.	A		В	С	D	E	F
Category	Produc	ct	Description (brand/ or product)	Unit	Total Weekly Quantity	Total Weekly Cost (Rands)	Comments
	Samp			Kg	74		
	Maize Meal			Kg	74		
	Rice			Kg	37		
DRY	Sugar Beans			Kg	52		
GROCERIES	-	if Amasi chosen		Litre			EXAMPLE
	UHT Milk Cross out	if Amasi chosen			147		ONLY
	Pilchards in Tomato	Select one tin size &		400g tin	74		
		cross out the other		425g tin	69		
			WEE	KLY COST - D			
PASTEURISED AMASI	Cross out it LIH L milk selected above				147		
	•		WEEKLY	COST - PAST	EURISED AMASI		
	Chicken livers/gizzards	Select one product &		Kg	29		
POULTRY	Chicken with bones	cross out the other		Kg	37		
	-				OST - POULTRY		
	Yellow/Orange/Red Vege	etables		Kg	88		
FRUIT & VEG	Green Vegetables			Kg	88		
	Fruit in Season			Each	736		
			<u> </u>		T - FRUIT & VEG		
			•				
				TOTAL	WEEKLY COST		
I hereby declare that	t prices quoted above are INCLL	ISIVE of transport to the	school and are:				
	of months from				Full Name		
	es of "DRY GROCERIES" being ma				Capacity		
. ,	es of "PERISHABLES" (fruit/veg, a	masi, poultry) being made	once per week		Date		
I / we hereby also de	eclare that : early and correctly labelled and su	onlied in original manufact	urer nackaging (no repackaging	1)	Signature		
	ored and transported to the school	-		,			
	fortified in line with government sp						
	am UHT (Ultra High Temperature)				Company Stamp		
(h) Amasi will be Past							
(i) Fruit and vegetable	es will be fresh and free from dama	ges and blemishes					

# **APPENDIX 11**

## **Supplier Evaluation Sheet**

(Blank Template)

NSNP SUPPLIER EVALU	ISNP SUPPLIER EVALUATION SHEET						
		Total W	eekly Cost (	(Rands)		Price	Comment on supplier capability to manage the business (reliability, quality, capacity etc)
Supplier Name	Dry Groceries	Pasteurised Amasi	Poultry	Fruit & Veg	Total	Ranking	
Weekly costs chosen							
	5 day fo	od budget				]	
		Supplier Name		]	Categ	ories	Reason for selection
We hereby select				to supply			
We hereby select				to supply			

Approved by Procurement Committee

We hereby select

	Name	Date	Signature
Principal			
Committee Convener			
Committee Member			

to supply

# **APPENDIX 12**

## Supplier Quotation and Evaluation Sheets

(Completed Examples)

**Example 1: School chooses 1 supplier Example 2: School chooses 2 suppliers** 

### EXAMPLE 1:

### SCHOOL CHOOSES ONE SUPPLIER FOR ALL PRODUCTS

NSNP SUPPLIER EVALU	JATION SHEE	<u>r</u>			School Name	e	Nyosana JSS
		Total W	eekly Cost (F	Rands)			
Supplier Name	Dry Groceries	Pasteurised Amasi	Poultry	Fruit & Veg	Total	Price Ranking	Comment on supplier capability to manage the business (reliability, quality, capacity etc
ABC Cooperative	R 4,525.65	-	R 942.08	R 1,795.84	R 7,263.57	1	Cheapest option / can supply all brands
Zinkwazi Traders CC	R 4,912.80	-	R 1,030.40	R 2,156.48	R 8,099.68	3	Most expensive / can supply all brands
Amahobe Construction	R 4,861.28	-	R 971.52	R 1,884.16	R 7,716.96	2	Affordable but cannot supply all products
Weekly costs chosen	R 4,525.65	-	R 942.08	R 1,795.84	R 7,263.57	   -	
	5 day fo	od budget			R 8,390		
		Supplier Name	I	]	Catego	ories	Reason for selection
We hereby select	AL	3C Cooperativ	le la	to supply	All products		Most affordable & can supply all products References indicate supplier is reliable
We hereby select				to supply			
We hereby select				to supply			
Approved by Procureme	nt Committee			-			
		Nar	ne		Dat	e	Signature
Principal	J. Molopo				31 Marc	h 2017	J.S. Molopo
Committee Convener	K. Kekana				31 Marc	h 2017	K. WK.ekana
Committee Member	P.S Radebe				31 Marc	h 2017	P.S Radebe

School Specific Supplier Quotation Sheet Suppl						e	ABC Cooperative
School Name	Nyosana JSS				Number of NS	NP Learners	736
Column no.	A		В	С	D	E	F
Category	Produc	t	Description (brand/ or product)	Unit	Total Weekly Quantity	Total Weekly Cost (Rands)	Comments
	Samp			Kg	74	R 478.40	
	Maize Meal		Ace Super	Kg	74	R 478.40	
	Rice			Kg	37	R 294.40	
DRY	Sugar Beans			Kg	52	R 772.80	
GROCERIES		f Amasi chosen		Litre	147	R 1,545.60	
				400g tin	74	N 1,545.00	
	Pilchards in Tomato	Select one tin size & cross out the other			/4 6 <del>9</del>	R 956.05	
				- 425g tim-			
			WEEP	(LY COST - D	RY GROCERIES	R 4,525.65	J
PASTEURISED AMASI	Cross-out-if-UHT-milk s	refected-above- — — — —		––Łitre––	147		
			WEEKLY	COST - PASTI	EURISED AMASI		
POULTRY	Chicken livers/gizzards	Select one product &	_	Kg	29	R 942.08	
	Chicken with bones	- cross out the other -		Кg	37		
				WEEKLY C	OST - POULTRY	R 942.08	
	Yellow/Orange/Red Vege	tables	Carrots/butternut	Kg	88	R 529.92	
FRUIT & VEG	Green Vegetables		Cabbage/spinach	Kg	88	R 529.92	
	Fruit in Season		Apple/orange	Each	736	R 736.00	
				EEKLY COS	T - FRUIT & VEG	R 1,795.84	
				TOTAL	WEEKLY COST	R 7,263.57	]
I hereby declare that	prices quoted above are INCLU	SIVE of transport to the	school and are:				
(a) Valid for a period of	f6 months from <u>1/4/2</u>	<u>017</u> toto			Full Name	Jabulani Nkosi	
(b) Based on deliveries of "DRY GROCERIES" being made <u>once per month</u>						Treasurer	
(c) Based on deliveries of "PERISHABLES" (fruit/veg, amasi, poultry) being made <u>once per week</u> I / we hereby also declare that :						21-Mar-17	
<ul> <li>I / we hereby also declare that :</li> <li>(d) Products will be clearly and correctly labelled and supplied in original manufacturer packaging (no repackaging)</li> </ul>						J.B.Nkosi	
	red and transported to the school			,			ABC COOPERATIVE
	ortified in line with government spe	cs and bear the appropria	ate logo				LETLANG TOWNSHIP BUTTERWORTH
	m UHT (Ultra High Temperature)				Company Stamp		BUTTERWORTH REG NO. 137891-2012
<ul><li>(h) Amasi will be Paste</li><li>(i) Fruit and vegetables</li></ul>	eurised s will be fresh and free from damag	tes and blemishes					

School Specific Supplier Quotation Sheet Supplier Name					e	Zinkwazi Traders CC	
School Name	Nyosana JSS				Number of NS	SNP Learners	736
Column no.	A		В	С	D	E	F
Category	Produc	ct	Description (brand/ or product)	Unit	Total Weekly Quantity	Total Weekly Cost (Rands)	Comments
	Samp			Kg	74	R 515.20	
	Maize Meal		Ace Super	Kg	74	R 515.20	
	Rice		·	Kg	37	R 331.20	
DRY	Sugar Beans			Kg	52	R 901.60	
GROCERIES		if Amasi chosen		Litre	147	R 1,619.20	
				400g tin	74	N 1,015.20	
	Pilchards in Tomato	Select one tin size & cross out the other			/4 <del>69</del>	R 1,030.40	
				<b>- 425</b> g-tin-			
			WEEP	(LY COST - D	RY GROCERIES	R 4,912.80	
PASTEURISED AMASI	Cross-out-if-UHF milk	<del>seketed above – – – –</del> –		<b>Ł</b> iŧre	147		
			WEEKLY	COST - PAST	EURISED AMASI		
POULTRY	Chicken livers/gizzards	Select one product &		Kg	29	R 1,030.40	
POULIRY	Chicken with bones	cross_out the other		Kg			
				WEEKLY C	OST - POULTRY	R 1,030.40	
	Yellow/Orange/Red Vege	etables	Carrots/butternut	Kg	88	R 618.24	
FRUIT & VEG	Green Vegetables		Cabbage/spinach	Kg	88	R 618.24	
	Fruit in Season		Apple/orange	Each	736	R 920.00	
					T - FRUIT & VEG		
				TOTAL	WEEKLY COST	R 8,099.68	
(a) Valid for a period o	f <b>prices quoted above are INCLU</b> f <u>6</u> months from <u>1/4/2</u>	2017to				Peter Selebi	
					Capacity Date	Member 22-Mar: 17	
(c) Based on deliveries I / we hereby also de		masi, poulity) being made					
(d) Products will be cle	early and correctly labelled and su			)	Signature	P.S Selebi	
	ored and transported to the school						ZINKWAZI TRADERS CC
	örtified in line with government spo am UHT (Ultra High Temperature) eurised	ecs and bear the appropria	ate logo		Company Stamp		BUTTERWORTH REG NO. 411891-2015
) Fruit and vegetable	s will be fresh and free from dama	iges and blemishes					

School Specific Supplier Quotation Sheet Supplier Na					Supplier Nam	e	Amahobe Construction
School Name	Nyosana JSS				Number of NS	NP Learners	736
Column no.	A		В	с	D	E	F
Category	Produc	ct	Description (brand/ or product)	Unit	Total Weekly Quantity	Total Weekly Cost (Rands)	Comments
	Samp			Kg	74	R 552.00	
	Maize Meal		Ace Super	Kg	74	R 552.00	We cannot supply this brand
	Rice			Kg	37	R 312.80	
DRY GROCERIES	Sugar Beans			Kg	52	R 978.88	
GROCERIES	UHT Milk Cross out	if Amasi chosen		Litre	147	R 1,472.00	
		Select one tin size &		400g tin	74		
	Pilchards in Tomato	cross out the other			<del>69</del>	R 993.60	
			WEEP			R 4,861.28	
PASTEURISED AMASI	– – – – GrossoutifUH∓milk	selected above		––+Littre––			
			WEEKLY	COST - PAST	EURISED AMASI		
POULTRY	Chicken livers/gizzards	Select one product &		Kg	29	R 971.52	
TODEIIM	Chicken with bones	_ cross out the other .		<b>к</b> g			
				WEEKLY C	OST - POULTRY	R 971.52	
	Yellow/Orange/Red Vege	etables	Carrots/butternut	Kg	88	R 574.08	
FRUIT & VEG	Green Vegetables		Cabbage/spinach	Kg	88	R 574.08	We cannot supply spínach
	Fruit in Season		Apple/orange	Each	736	R 736.00	
			v	VEEKLY COS	T - FRUIT & VEG	R 1,884.16	
				TOTAL	WEEKLY COST	R 7,716.96	
	t prices quoted above are INCLL of <u>6</u> months from <u>1/4/2</u>				Full Name	Susan Kekana	
(b) Based on deliveries of "DRY GROCERIES" being made once per month Capac					Capacity	Treasurer	
(c) Based on deliveries of "PERISHABLES" (fruit/veg, amasi, poultry) being made once per week Date I / we hereby also declare that :						23-Mar-17	
(d) Products will be cl	early and correctly labelled and su	-		1)	Signature	5.5 Kekana	TRADING
(f) Maize Meal will be (g) Milk will be full crea (h) Amasi will be Past	tored and transported to the school fortified in line with government spo am UHT (Ultra High Temperature) teurised as will be fresh and free from dama	ecs and bear the appropri			Company Stamp		AMAHOBE CONSTRUCTION AND TRADING 045 312 7118 BUTTERWORTH REG NO. 311761-2013

### EXAMPLE 2:

### SCHOOL CHOOSES TWO SUPPLIERS

NSNP SUPPLIER EVALUATION SHEET					School Name		Nyosana JSS	
		Total W	eekly Cost (F	Rands)			[	
Supplier Name	Dry Groceries	Pasteurised Amasi	Poultry	Fruit & Veg	Total	Price Ranking	Comment on supplier capability to manage the business (reliability, quality, capacity etc	
ABC Cooperative	R 4,525.65	-	R 942.08	R 1,795.84	R 7,263.57	1	Cheapest option for all except poultry	
Zinkwazi Traders CC	R 4,912.80	-	R 1,030.40	R 2,156.48	R 8,099.68	3	Most expensive / can supply all brands	
Amahobe Construction	R 4,861.28	-	R 971.52	R 1,884.16	R 7,716.96	2	Affordable but cannot supply all products	
Nkuku Trading	-	-	R 799.99	-	R 799.99	1	Best option for poultry	
Weekly costs chosen	R 4,525.65	-	R 799.99	R 1,795.84	R 7,121.48			
	5 day fo	od budget			R 8,390			
		Supplier Name		]	Categories		Reason for selection	
We hereby select	AE	3C Cooperativ	<i>ie</i>	to supply	All product	•	Most affordable & can supply all products References indicate supplier is reliable	
We hereby select	Λ	lkuku Trading	7	to supply	Poul	try	Best price Known locally/supplies other schools	
We hereby select				to supply				
Approved by Procureme	nt Committee			1			1	
		Nar	ne		Dat	e	Signature	
Principal	J. Molopo				31 Marc	h 2017	J.S. Molopo	
Committee Convener	K. Kekana				31 Marc	h 2017	K WK.okana	
Committee Member				31 Marc	h 2017	P.S Radebe		

School Specific Supplier Quotation Sheet Supplier						e	ABC Cooperative
School Name	Nyosana JSS				Number of NS	NP Learners	736
Column no.	A		В	с	D	E	F
Category	Produc	ct	Description (brand/ or product)	Unit	Total Weekly Quantity	Total Weekly Cost (Rands)	Comments
	Samp			Kg	74	R 478.40	
	Maize Meal		Ace Super	Kg	74	R 478.40	
	Rice			Kg	37	R 294.40	
DRY	Sugar Beans			Kg	52	R 772.80	
GROCERIES		if Amasi chosen		Litre	147	R 1,545.60	
						K 1,545.00	
	Pilchards in Tomato	Select one tin size & cross out the other		400g tin	74	R 956.05	
				425g-tin	69		
			WEEP	KLY COST - D	RY GROCERIES	R 4,525.65	
PASTEURISED AMASI		selected above		Litre			
			WEEKLY	COST - PAST	EURISED AMASI		
POULTRY	Chicken livers/gizzards	Select one product &		Kg	29	R 942.08	
FOULIKI	Chicken with bones	- cross out the other .		Kg			
				WEEKLY C	OST - POULTRY	R 942.08	
	Yellow/Orange/Red Vege	etables	Carrots/butternut	Kg	88	R 529.92	
FRUIT & VEG	Green Vegetables		Cabbage/spinach	Kg	88	R 529.92	
	Fruit in Season		Apple/orange	Each	736	R 736.00	
	I.		V	VEEKLY COS	T - FRUIT & VEG	R 1,795.84	
				TOTAL	WEEKLY COST	R 7,263.57	]
I hereby declare tha	t prices quoted above are INCLL	ISIVE of transport to the	e school and are:				
(a) Valid for a period	of <u>6</u> months from <u>1/4/2</u>	<u>2017</u> to_			Full Name	Jabulani Nkosi	
(b) Based on deliveries of "DRY GROCERIES" being made <u>once per month</u>					Capacity	Treasurer	
(c) Based on deliveries of "PERISHABLES" (fruit/veg, amasi, poultry) being made <u>once per week</u>						21-Mar-17	
<ul> <li>I / we hereby also declare that :</li> <li>(d) Products will be clearly and correctly labelled and supplied in original manufacturer packaging (no repackaging)</li> </ul>						J. B. Nkosi	
	tored and transported to the school			<i>57</i>		-	ABC COOPERATIVE
(f) Maize Meal will be	fortified in line with government spe	ecs and bear the appropri	ate logo				LETLANG TOWNSHIP
	am UHT (Ultra High Temperature)				Company Stamp		BUTTERWORTH REG NO. 137891-2012
(h) Amasi will be Past							REG NO. 157091 2011
<ul><li>(I) ⊢ruit and vegetable</li></ul>	es will be fresh and free from dama	iges and blemishes					

School Specific Supplier Quotation Sheet Supplier Name					e	Zinkwazi Traders CC	
School Name	Nyosana JSS				Number of NS	SNP Learners	736
Column no.	A		В	С	D	E	F
Category	Produc	ct	Description (brand/ or product)	Unit	Total Weekly Quantity	Total Weekly Cost (Rands)	Comments
	Samp			Kg	74	R 515.20	
	Maize Meal		Ace Super	Kg	74	R 515.20	
	Rice			Kg	37	R 331.20	
DRY	Sugar Beans			Kg	52	R 901.60	
GROCERIES		if Amasi chosen		Litre	147	R 1,619.20	
				400g tin	74	N 1,019.20	
	Pilchards in Tomato	Select one tin size & cross out the other				R 1,030.40	
				- 425g tin-	69		
			WEEP	(LY COST - D	RY GROCERIES	R 4,912.80	
PASTEURISED AMASI	Cross-out-if-UH7-milk	<del>selected above –</del> – – –		Litre			
			WEEKLY	COST - PAST	EURISED AMASI		
POULTRY	Chicken livers/gizzards	Select one product &		Kg	29	R 1,030.40	
POULIKI	Chicken with bones			Kg	37		
				WEEKLY C	OST - POULTRY	R 1,030.40	
	Yellow/Orange/Red Vege	etables	Carrots/butternut	Kg	88	R 618.24	
FRUIT & VEG	Green Vegetables		Cabbage/spinach	Kg	88	R 618.24	
	Fruit in Season		Apple/orange	Each	736	R 920.00	
	1			EEKLY COS	T - FRUIT & VEG	R 2,156.48	
				TOTAL	WEEKLY COST	R 8,099.68	
(a) Valid for a period o	f <b>prices quoted above are INCLU</b> f <u>6</u> months from <u>1/4/2</u>	2017to				Peter Selebi	
· · · · · · · · · · · · · · · · · · ·					Capacity Date	Member 22-Mar: 17	
(c) Based on deliverie I / we hereby also de		masi, poulity) beiling made	Unde per week				
(d) Products will be cle	early and correctly labelled and su			)	Signature	P.S Selebi	
	ored and transported to the school						ZINKWAZI TRADERS CC
	örtified in line with government spo am UHT (Ultra High Temperature) eurised	ecs and bear the appropria	ate logo		Company Stamp		BUTTERWORTH REG NO. 411891-2015
) Fruit and vegetable	s will be fresh and free from dama	ges and blemishes					

School Specific Supplier Quotation Sheet Supplier Na					Supplier Nam	e	Amahobe Construction
School Name	Nyosana JSS				Number of NS	NP Learners	736
Column no.	A		В	с	D	E	F
Category	Produc	ct	Description (brand/ or product)	Unit	Total Weekly Quantity	Total Weekly Cost (Rands)	Comments
	Samp			Kg	74	R 552.00	
	Maize Meal		Ace Super	Kg	74	R 552.00	We cannot supply this brand
	Rice			Kg	37	R 312.80	
DRY GROCERIES	Sugar Beans			Kg	52	R 978.88	
GROCERIES	UHT Milk Cross out	if Amasi chosen		Litre	147	R 1,472.00	
		Select one tin size &		400g tin	74		
	Pilchards in Tomato	cross out the other			<del>69</del>	R 993.60	
			WEEP			R 4,861.28	
PASTEURISED AMASI	– – – – GrossoutifUH∓milk	selected above		––+Littre––			
			WEEKLY	COST - PAST	EURISED AMASI		
POULTRY	Chicken livers/gizzards	Select one product &		Kg	29	R 971.52	
TODEIIM	Chicken with bones	_ cross out the other .		<b>к</b> g			
				WEEKLY C	OST - POULTRY	R 971.52	
	Yellow/Orange/Red Vege	etables	Carrots/butternut	Kg	88	R 574.08	
FRUIT & VEG	Green Vegetables		Cabbage/spinach	Kg	88	R 574.08	We cannot supply spínach
	Fruit in Season		Apple/orange	Each	736	R 736.00	
			v	VEEKLY COS	T - FRUIT & VEG	R 1,884.16	
				TOTAL	WEEKLY COST	R 7,716.96	
	t prices quoted above are INCLL of <u>6</u> months from <u>1/4/2</u>				Full Name	Susan Kekana	
(b) Based on deliveries of "DRY GROCERIES" being made once per month Capac					Capacity	Treasurer	
(c) Based on deliveries of "PERISHABLES" (fruit/veg, amasi, poultry) being made once per week Date I / we hereby also declare that :						23-Mar-17	
(d) Products will be cl	early and correctly labelled and su	-		1)	Signature	5.5 Kekana	TRADING
(f) Maize Meal will be (g) Milk will be full crea (h) Amasi will be Past	tored and transported to the school fortified in line with government spo am UHT (Ultra High Temperature) teurised as will be fresh and free from dama	ecs and bear the appropri			Company Stamp		AMAHOBE CONSTRUCTION AND TRADING 045 312 7118 BUTTERWORTH REG NO. 311761-2013

School Specific Supplier Quotation Sheet Supplier Name						e	Nkuku Trading	
School Name	Nyosana JSS				Number of NS	SNP Learners	736	
Column no.	A		В	с	D	E	F	
Category	Produc	ct	Description (brand/ or product)	Unit	Total Weekly Quantity	Total Weekly Cost (Rands)	(Commonte	
	Samp			Kg	74			
	Maize Meal		Ace Super	Kg	74			
	Rice			Kg	37			
DRY	Sugar Beans			Kg	52			
GROCERIES		if Amasi chosen		Litre	147			
				400g tin	74			
	Pilchards in Tomato	Select one tin size & cross out the other				-		
				- 425g-tin-	69			
			WEEP	KLY COST - D	RY GROCERIES			
PASTEURISED AMASI	GrossoutifUHFmilk	selected-above		Litre				
			WEEKLY	COST - PAST	EURISED AMASI			
	Chicken livers/gizzards	Select one product &		Kg	29	R 799.99		
POULTRY	Chicken with bones	- cross out the other						
	1-			Ű	OST - POULTRY	R 799.99		
	Yellow/Orange/Red Vege	etables	Carrots/butternut	Kg	88			
FRUIT & VEG	Green Vegetables		Cabbage/spinach	Kg	88			
	Fruit in Season		Apple/orange	Each	736			
					T - FRUIT & VEG			
			•					
				TOTAL	WEEKLY COST	R 799.99		
I hereby declare tha	t prices quoted above are INCLL	ISIVE of transport to the	e school and are:					
(a) Valid for a period	of <u>6</u> months from <u>1/4/2</u>	2 <u>017</u> toto			Full Name	Peter Thabethe		
(b) Based on deliveries of "DRY GROCERIES" being made <u>once per month</u>					Capacity	Owner		
(c) Based on deliveries of "PERISHABLES" (fruit/veg, amasi, poultry) being made <u>once per week</u> <i>I / we hereby also declare that :</i>					Date	23-Mar-17	1	
<ul> <li>(d) Products will be clearly and correctly labelled and supplied in original manufacturer packaging (no repackaging)</li> </ul>					Signature	P.L Thabethe		
	tored and transported to the school						NKUKU TRADING	
5.7	fortified in line with government sp am UHT (Ultra High Temperature)	ecs and bear the appropri	ate logo		Company Stamp		083 112 9768 REG NO. 411801-2015	
(h) Amasi will be Past	· · · ,				,		REG NO. 411007 2011	
(i) Fruit and vegetable	es will be fresh and free from dama	iges and blemishes						

# **APPENDIX 13**

### **Service Level Agreement**

(Example)



Whereas the School has procured the service from the Supplier for the supply of goods for the purpose of implementing the National School Nutrition Programme at the School;

### AND Whereas the Supplier

- Acknowledges that he/she has understood the contents of the School Specific Supplier Quotation Sheet (attached as Appendix 1 to this agreement) and
- Agrees that he she has the capacity to provide the service as requested by the School;

### PRODUCTS TO BE SUPPLIED:

• The Supplier will supply the products as reflected on the School Specific Supplier Quotation Sheet (attached as Appendix 1 to this agreement)

### PERIOD OF SERVICE:

 The Supplier will supply the above products to the School for the period of \_\_\_\_\_\_ until

#### PRODUCT PRICING:

- Prices for products should include transport to the School and will be as per the School Specific Supplier Quotation Sheet (attached as Appendix 1 to this agreement)
- Prices may not be amended unless agreement is reached in writing with the School before the delivery is made

#### **PRODUCT SPECIFICATIONS**

- The Supplier is to meet the required product specifications (where applicable)
  - Milk must be Ultra Heat Treated (UHT);
  - Amasi must be Pasteurised;
  - Maize meal must be fortified according to government regulations and bear the appropriate logo;
  - Soya must meet NSNP Approved Specifications (Protein content at least 24g per 100g dry product);
  - Fruit and vegetables must be fresh and free from damages and blemishes;
- All products must be clearly and correctly labelled with the following details:
  - o Quantity
  - o Manufacturers name and contact details
  - Original manufacturers' expiry date
  - Nutritional contents
  - Mixing and or preparation instructions (where food items require mixing or reconstituting)
- All products must be supplied in original manufacturer packaging (no repackaging/relabelling is allowed)

### **ORDERING:**

- The School will place an order which specifies the following for each product required:
  - Description or brand (if applicable)
  - Quantity required
- The order should also specify the required delivery date and time

### **DELIVERIES:**

- Deliveries should be made at the time and date as specified on the School order
- If the Supplier is unable to meet the time and/or date then the Supplier should immediately notify the School and discuss alternative options
- If the Supplier is unable to supply the products as specified on the School order then the Supplier should notify the School and obtain permission to either:
  - Supply an acceptable alternative product <u>or</u>
  - Deliver the products at an agreed date at no extra cost to the School
  - The Supplier should provide a delivery note and Tax Invoice to the School at the time of the delivery
- The School is responsible for inspecting the goods delivered and ensuring that they are in line with specifications and in acceptable condition
- A pamaged items should be identified and replaced by the Supplier at no extra cost to the School

as from

• Both parties should sign the delivery note to confirm that the correct quantities have been delivered and that all products are in an acceptable condition.

### FOOD SAFETY:

- It is the responsibility of the Supplier to ensure that the food must be stored and transported to the School under hygienically acceptable conditions
- Food and non-food items (like chemicals) should be safely separated during storage and transportation
- The transporting vehicle must be:
  - $\circ$   $\;$  Closed on all sides (with a canopy or a cover)
  - $\circ$   $\;$  Kept clean and sanitised (using hot water and bleach)
  - Capable of maintaining the required temperature controls during transportation

#### PAYMENT PROCESS:

- The unit prices on the Invoice must be the same as reflected on the School Specific Supplier Quotation Sheet
- The School will only pay the Supplier after complete delivery of the order is done <
- No cash payments may be done to the Suppliers, only by cheque and or EFT
- Cheque must be made out to the Supplier and not an indivdual

Parties choose as their respective domicilia citandi et executandi for the purpose of giving all notices either by hand, registered mail, facsimile, or electronic mail at the addresses set out below:

In case of the School	
 Tel No:	
Fax No:	
Mark for attention: Mr/Ms	
In the case of the Supplier	
Tel No:	-
Fax No:	-
Mark for attention: Mr/Ms	

AS WITNESSES:		
1		
2	SBG CHAIRPERSON Full name & ID	
THUS DONE AND SIGNED AT IN THE PRESENCE OF THE UNDERSIGN		DAY OF
AS WITNESSES:		1
1		
2	For the Supplier Full name & ID	
	<b>9</b>	
**NSNP Order Form** 

(Blank Template)

#### SCHOOL NSNP ORDER FORM

Supplier Name	
Supplier Address	
School Name	
School Address	
Order Number	
Delivery Date	
Delivery Time	
Contact Person at school	

Category	Product	Description/ Brand	Order Unit	Order Quantity
	Samp		Kg	
	Maize Meal		Kg	
	Rice		Kg	
			400g Tins	
DRY	Pilchards		425g Tins	
GROCERIES			g Tins	
	Sugar Beans		Kg	
	UHT Milk		Litres	
AMASI	Pasteurised Amasi		Litres	
	Chicken (Livers/Gizzards)		Kg	
POULTRY	Chicken with bones		Kg	
	Yellow/Orange/Red Veg		Kg	
	Green Vegetables		Kg	
FRUIT &	Sweet Potatoes		Kg	
VEGETABLES	Fruit in Season		Each	

### Safe Food Transportation

(Manual)

## SAFE FOOD TRANSPORTATION

#### 3. SAFE FOOD TRANSPORTATION

#### Purpose

This guide is intended to provide good practices for the transportation and receipt of food items in the National School Nutrition Programme (NSNP). Protecting the food from contamination during transportation will ensure that quality meals are served to learners. The guidelines also include information on warehouses.

This document may be used as a reference by the Provincial Education Departments (PEDs), including districts and schools, when procuring food for the NSNP. It provides specifications for the safe transportation of NSNP food. The guideline may form part of the bid specification document during procurement and adjudication processes.

The delivery of quality foodstuff plays an important part in serving quality nutritious meals to learners in the NSNP. The safe food transportation guidelines is intended for owners of warehouses and food transportation units that will assist in ensuring that all food delivered to schools is of acceptable quality. The safe transportation of food to schools is important to ensure that food quality is maintained; that food products are not damaged during transportation and are thus safe to eat. Improper and unhygienic transportation of food could lead to food poisoning or food spoilage. Transportation of food presents three types of hazards namely physical, chemical and biological hazards.

Good communication between the PEDs, food manufacturer/warehouses, service provider (transporter) and the schools (receiver) is essential. They share the responsibility for food safety in this food supply chain. Food manufacturers/warehouses and service providers must adhere to specific food safety control measures required for transportation of food items. The service providers of bulk foodstuff have the responsibility to deliver, as per tender/ quotation specification in provinces, districts or schools the specified quantity and quality of food items as stipulated in the approved menu of those schools that participate in the NSNP. With the intention to provide quality food to learners, it is important for the NSNP to promote and encourage proper handling of food.

#### **Overall Responsibilities**

The transporter/distributor involved in transportation of the bulk food items is responsible for the following:

- Application of adequate cleaning and sanitizing procedures of the transporting vehicle. Sanitizing includes using hot water and bleach to kill germs.
- Efficient and safe separation of food and non-food items (like equipment/books, chemicals).
- Provision of required temperature controls during transportation.

The **school** is responsible to ensure, upon receipt of the food delivery, that the food is safe to be eaten and has been maintained at proper temperatures.

The **service providers** must ensure that warehouses/manufacturers adhere to food items being stored in a hygienic manner and maintained at proper temperatures prior to transportation.

#### Packaging

Food items purchased from manufactures/main suppliers may not be repackaged or reworked. The supplier plays an important role in the quality of products provided and must adhere to food specifications. Food items to be delivered must also adhere to the specified requirements with regard to the labelling and packaging. All food items must comply with specifications for menu items available from the education website (www. education.gov.za)

The following labelling practices must be in place:

- Manufacturer's name must be clearly indicated with contact details;
- Quantity must be stated;
- Food items must have mixing and preparation instructions affixed;
- Items must have the original manufactures' expiry dates affixed. No handwritten information will be allowed; and
- All packaging must have the nutritional contents printed on.

#### Minimum Requirements for Transporting Foodstuffs

The Transportation unit (these include vehicles, trucks and trailers used to transport food) shall:

- Be designed in such a way that prevents cross contamination. Cross contamination is when bacteria is spread, that may contribute to food poisoning, from one object to another object; from one object to a person; or from person to person.
- Have a good design and be well maintained. Wall, floors, and ceilings shall be made of stainless steel, aluminum, or any other suitable material for transporting food. These internal surfaces must be easy-to-clean and smooth, dust proof, rust-free, non toxic, non-absorbent material without open joints or seams;
- Be well ventilated in such a way that decreases the temperature and humidity inside these units. Also have sufficient lighting;
- Be closed and covered from all sides as a way of preventing entry of insects, pests, and external contamination;
- The supervisor at the warehouse should inspect and ensure that transportation units are cleaned/ disinfected daily. No person shall transport food in a vehicle unless the vehicle is clean and has been cleaned to an extent that contamination of food is prevented;
- Not be used simultaneously for the transport of any person or any item that may contaminate the food;
- Be capable of keeping the transported food within the required temperature throughout the transportation period (hot food at 65°C and above, cold food at 4° C, frozen foods at -12 and colder). Simply put, hot

food should be kept hot and cold food should kept cold; and

• Have shelves or other means to separate foodstuffs and have adequate space to facilitate loading and unloading.

Non-prepacked food shall be transported in such a manner that it does not come into contact with the floor of a vehicle or the surface thereof that can be walked on or anything that can pollute the food. Sound food (safe and ready-to-eat food) should not be transported together with contaminated food or waste food, poison or any harmful substance, a live animal or any object that may contaminate or spoil the food.

Food transporters should follow the safe and hygienic practices applied during all stages of food transportation such as unloading/loading, delivery, inspection and receiving.

### In addition to the above mentioned requirements, schools should take note when transporting food with a school vehicle:

- Use containers (containers may include trolleys, bags, boxes, trays) to separate raw and ready-to-eat foods; and different types of foods transported at the same time. Containers will differ depending on the type of food and its intended use;
- Containers in the vehicle should preferably not be used for transporting anything other than food;
- Where vehicles and/or containers are used for transporting anything other than food, care should be taken to clean and sanitize the vehicle and containers effectively between loads to avoid the risk of contamination;
- Where possible and necessary, line interior surface of vehicle and/or crates with plastic sheets that can be cleaned prior and after use;
- Never leave vehicle in the sun before or after food items purchased as this will increase temperature and cause fresh food to be spoilt; and
- Vehicles used to transport food must be kept clean and in good repair.

#### The following need to be highlighted with loading, packing and offloading of food:

Boxes should be well marked, for easy identification during offloading and receiving. Packages should be neatly stacked and arranged, with lighter packages placed on top of packages that hold heavier contents.

Packages should be packed in such a way that there is sufficient space inside the vehicles to move around, so that personnel do not use boxes as stepping stools, as this will crush or break food inside, which causes quality problems when the school receives them. No packages should be accepted when bent/damaged as this can affect the food quality.

#### Responsibilities of the Food Receiver at the school

Follow the guidance of the Delivery, Invoicing and Payments Section of the NSNP Implementation, Monitoring and Reporting Manual when receiving food, which stipulates that proper documentation should be filled in on receipt. The NSNP School Co-ordinator and/or administration personnel and/or volunteer food handlers should be available to inspect food when it arrives to check that food is safe and suitable for human consumption. Ensure that all proper food storage instructions are strictly followed, the staff can refer to the NSNP Safety Directory.

#### Monitoring

The Provincial Education Department and district offices shall have the right to monitor and make unannounced visits at premises, storage and delivery facilities and /or take samples of supplies to determine if storage, transport and delivery facilities are adequate and compliant. The assistance of the Department of Health will be requested where their expertise is required.

#### **Useful Contacts**

#### **Department of Health**

Mail:Private X828, PRETORIA, 0001Street :Civitas Building, Corner Andries and Struben Streets, PRETORIATel :(012) 395 8000/9000Fax:(012) 395 8422

Also visit your local municipality for further information

## **Stock Control Register**

## (Blank and Completed Template)

#### **NSNP STOCK CONTROL REGISTER**

						W	/EEK <sup>·</sup>	1								WEE	K 2			
		Date																		
	Product	Unit	Open	Receive			Used			Write	Close		Receive			Used			Write	Close
	FIGUUCI	Unit	Bal	Receive	Mon	Tue	Wed	Thur	Fri	Off	Off Bal	Receive	Mon	Tue	Wed	Thur	Fri	Off	Bal	
	Maize Meal	Kg																		
STARCH	Rice	Kg																		
STA	Samp	Kg																		
		Kg																		
	Beans	Kg																		
TEIN	Pilchards	Tin																		
PROTEIN	Milk	Litre																		
		Kg																		

						W	/EEK :	3							WEE	K 4			
	Product	Unit	Open	Open Receive			Used			Write	Close	Receive			Used			Write	Close
	FIGUUCI	Unit	Bal	Receive	Mon	Tue	Wed	Thur	Fri	Off	Bal	Neceive	Mon	Tue	Wed	Thur	Fri	Off I	Bal
	Maize Meal	Kg																	
RCH	Rice	Kg																	
STARCH	Samp	Kg																	
		Kg																	
	Beans	Kg																	
TEIN	Pilchards	Tin																	
PROTEIN	Milk	Litre																	
<u> </u>		Kg																	

#### Each sheet of this register allows a school to keep track of NSNP stock over a 4 week period

#### **NSNP STOCK CONTROL REGISTER**

						W	EEK 1									WEE	K 2			
		Date	02-Nov	02-Nov	02-Nov	03-Nov	04-Nov	05-Nov	06-Nov		06-Nov			09-Nov	10-Nov	11-Nov	12-Nov	13-Nov		13-Nov
	Product	Unit	Open	Receive	Used Wr				Write	Close	Receiv	Receive	Used				Write	Close		
	FIGUUCI	onit	Bal	Receive	Mon	Tue	Wed	Thur	Fri	Off	Off Bal		Neceive	Mon	Tue	Wed	Thur	Fri	Off	Bal
	Maize Meal	Kg	14	192	-24		-24				158			-24		-24				110
RCH	Rice	Kg	10	96					-24		82							-24		58
STARCH	Samp	Kg	20	192		-24		-24			164				-24		-24			116
		Kg																		
-	Beans	Kg	10	96		-12		-12			82				-12		-12			58
TEIN	Pilchards	Tin	10	120					-30		100							-30		70
PROTEIN	Milk	Litre	0	240			-60				180					-60				120

						W	EEK 3	1						WEE	K 4				
	16-Nov 16-Nov 17-Nov 18-Nov 19-Nov 20-Nov 20-Nov 20-Nov									20-Nov		23-Nov	24-Nov	25-Nov	26-Nov	27-Nov		27-Nov	
	Product	Unit	Open	Receive	Used Write C					Close	Receive	Used					Write	Close	
	FIGURE	Unit	Bal	Receive	Mon	Tue	Wed	Thur	Fri	Off	Bal	Receive	Mon	Tue	Wed	Thur	Fri	Off	Bal
	Maize Meal	Kg	110		-24		-24				62		-24		-24				14
RCH	Rice	Kg	58						-24		34						-24		10
STARCH	Samp	Kg	116			-24		-24			68			-24		-24			20
-	Beans	Kg	58			-12		-12			34			-12		-12			10
TEIL	Pilchards	Tin	70						-30		40						-30		10
PROTEIN	Milk	Litre	120				-60				60				-60				0
		Kg																	

### **Food Handler - Appointment Ratios**

(Guide)

#### **FOOD HANDLER TO LEARNER RATIOS:**

NUMBER OF LEARNERS APPROVED FOR THE NSNP	MAXIMUM NUMBER OF FOOD HANDLERS TO BE ENGAGED BY THE SCHOOL
1-50	ONE (1)
51-400	TWO (2)
401-600	THREE (3)
601-800	FOUR (4)
801-1000	FIVE (5)
1001-1200	SIX (6)
1201-1400	SEVEN (7)
1401-	EIGHT (8)

# Food Handler – Advertisement & Application Form

(Blank/Completed Template)

#### Food Handler Advertisement

S	chool hereby invites applications from
parents/guardians for the Services of th	ne Food Handler to prepare meals for its
learners in terms of the National School	I Nutrition Programme for the period of
months from to	_

The required duties for the position are:

#### 1. Prepare and serve nutritious meals to learners on time

- 2. Take cooked food to classes and help educators to serve learners in their classrooms.
- 3. Provide water facilities for all learners to be able to wash their hands before and after the meal.
- 4. Clean the preparation areas after use.
- 5. Clean cooking equipment and cooking and eating utensils after use.
- 6. Clean storage areas on a regular basis and manage stock properly.
- 7. Manage stock of all equipment and utensils.

#### Minimum Requirements:

Applicant must be a parent/guardian of a learner/s at the school

Applicant must be a South African citizen

Applicant must be unemployed

#### Herein under would be added advantages if an applicant:

- Lives close to the school
- Has previous experience in food service
- Has not recently been engaged by the school as a Food Handler

Food Handlers will be paid a stipend as determined by the Division of Revenue Act Framework \_\_\_\_\_

Please refer to application form on the reverse. Applications must be submitted for the attention of the Principal by not later than \_\_\_\_\_

#### Food Handler Advertisement

<u>Thembile</u> <u>Peimae</u> School hereby invites applications from parents/guardians for the Services of the Food Handler to prepare meals for its learners in terms of the National School Nutrition Programme for the period of <u>12</u> months from <u>or Aperl in</u> to <u>31 March 18</u>

The required duties for the position are:

- 1. Prepare and serve nutritious meals to learners on time
- 2. Take cooked food to classes and help educators to serve learners in their classrooms.
- 3. Provide water facilities for all learners to be able to wash their hands before and after the meal.
- 4. Clean the preparation areas after use.
- 5. Clean cooking equipment and cooking and eating utensils after use.
- 6. Clean storage areas on a regular basis and manage stock properly.
- 7. Manage stock of all equipment and utensils.

#### Minimum Requirements:

Applicant must be a parent/guardian of a learner/s at the school Applicant must be a South African citizen Applicant must be unemployed

#### Herein under would be added advantages if an applicant:

- Lives close to the school
- Has previous experience in food service
- Has not recently been engaged by the school as a Food Handler

Food Handlers will be paid a stipend as determined by the Division of Revenue Act Framework 2017/18

Please refer to application form on the reverse. Applications must be submitted for the attention of the Principal by not later than 23 Februare 2017

#### Food Handler Application Form

School Name:	
--------------	--

Name	
SA ID	
Gender	
Physical Address	
Cell number	
Highest qualification	
Disability – if yes explain	
Parent/guardian?	
Unemployed?	
Previously engaged by school for NSNP? If so when	
Previous food service experience?	

#### Food Handler Application Form

School Name:	
	Thembile PRIMARY

Name	
	Khosi Mamphele
SAID	
	6606035018007
Gender	
	FEMALE Unit 6
Physical Address	
	Zone 4 Zondspruit township
Cell number	
	072 446 1091
Highest qualification	
Ingliest qualification	5+2 6
Disability if yos ovalain	
Disability – if yes explain	5+J 6 N/A
Derent/mendien 2	
Parent/guardian?	TES-Parent of GRADE4 LeoRNER
Unemployed?	Yes
Previously engaged by school for	
NSNP? If so when	No
Previous food service	
experience?	Nes-Port of FINERAL Society
	UT HUNCENE DUCIEM

### **Food Handler - Evaluation Form**

### (Blank/Completed Template)

#### Food Handler Evaluation Form

School Name

Lis	List of Applicants:								
Applicant Name and Surname			Min	imum requir	ements		Additional a	dvantages	
		ID No.	Parent/ Certified Linemployed Live Near Previously Food				Food Experience	<u>Other</u>	
1.									
2.									
3.									
4.									
5.									
6.									
7.									
8.									
9.									
10.									
11.									
12.									
13.									
14.									

Lis	List of Food Handlers to be engaged by the school:				
	Name and Surname	ID No.	Basis for selection	We hereby wish to confirm the engagement	
1.				by the school of the listed volunteers:	
2.					
3.				SGB CHAIRPERSON	
4.					
5.				DRINCIDAL	
6.				PRINCIPAL	
7.					
8.				DATE163	

					Scho	School Name	Trenchle	Peimaol	
	l ict of Annlicante.			1999.					· · · · · · · · · · · · · · · · · · ·
מ ב	or of Application.								
	:		Mini	Minimum requirements	ements		Additional advantages	Idvantages	
	Applicant Name and Surname	ID No.	Parent/ Guardian	Certified SA ID	Unemployed	Live Near School	Previously Engaged	Food Experience	Other
-i	Khosi Momphele	6606035018007	7	7	)	1		7	
ż	Thuli Letlape	15011980013001	7		7				
ri.	Awar Khumalo	100 617101118	7	7	7	7		7	
4	Ting Swendy	9704113039003	7	7	7	7		7	
'n.	GIRACE KEKNNA	1001 21401166	7	7	7				
6.									
7.									
8.									
6		**************************************							
10.									-
11.									
12.									
13.									
14.								1. 1	
List	List of Food Handlers to be engaged by the school:	sed by the school:				- AAAAA	-	-	
	Name and Surname	ID No.	Ba	Basis for selection	ion	We hereby	wish to confir	We hereby wish to confirm the engagement	ement
	Khosi Momphele	L008103501099	Both ap	applickw15		by the scho	by the school of the listed volunteers:	d volunteers:	
5	Anna khumalo	311101 741 9001	r f	ceiterica	Ū			>	
m			PUD		- Charles	SGR CHAIRDERSON	DEPSON	X	
4.			   a	7	P.C.OOLS C				
പ		nanna		]				2	
ю.						PRINCIPAL	عذ	K. k. 84	
7.									
°i						DATE	24	24 Peberoet 2017	2013
54									Y

**Food Handler Evaluation Form** 

2017-1

### **Food Handler - Contract**

(Blank Template)



NUTRITION, POVERTY ALLEVIATION AND RURAL DEVELOPMENT

#### FOODHANDLER'S CONTRACT

This agreement is entered into		
	) duly represented by Chairperson of	the
Mr./Mrs/Miss	ID:	and
the principal of the School, Mr		
	, as the resource and contact person,	
Persal no :	and whose physical address is	
		.code
Tel no:Fax no:	:Cell	
no:		

#### And

Mrs/Miss/Mr.....ID no:..... (hereafter called the Food Handler).

This contract is a job opportunity for the purpose of planning and preparing food for learners as well as any related function as part of the **National School Nutrition Programme (NSNP).** 

#### **1. PURPOSE**

This contract is for participants who are contracted for the purpose of planning and preparing food for learners as well as any related function as part of **NSNP**. The **Stipend** received by **Food handler participant** will be provided by **the School,** in line with the **applicable NSNP Conditional Grant** and the **Food Handler Responsibilities** shall be fashioned along the lines of the **Food Handler Duty List.** 



building blocks for growth

#### 2. INTERPRETATION

This contract should be interpreted in line with the following applicable legislation:

- 1. The Skills Development Act (Act 97 of 1998)
- 2. The Basic Conditions of Employment Act (Act 75 of 1997)
- 3. Labour Relations Act of 1995
- 4. Any other applicable legislation and bargaining council agreements.

#### **3. DURATION OF CONTRACT**

#### 4. DUTIES OF A FOOD HANDLER

**Food handler responsibilities** shall be fashioned along the lines of the **Food Handler Duty List** and shall be underpinned by the following:

#### **1. OBSERVANCE OF FOOD SAFETY**

- Handling and Storage of foodstuffs in a manner that reduces chances of food contamination.
- Wearing of apron, head gear/cap, keeping well-manicured and short nails, removing earrings when preparing and serving food.
- Maintaining the highest standards of personal hygiene and cleanliness of the food preparation area and utensils.

### 2. REDUCTION OF WASTE WITHOUT COMPROMISING THE QUALITY OF SERVINGS TO LEARNERS.

- Servings should only be for learners.
- Ensure that ingredient quantities during food preparation are consistent with the School Specific Menu.
- Maintaining highest standards of ethical conduct.

#### 3. ENSURE NON -INTERRUPTION OF FEEDING AND TUITION.

- Volunteer Food handler to report for work on all feeding days.
- Commencement of food preparation to be in sync with the time for food serving.
- Feeding time to be timetabled, monitored and be consistent with the overarching requirement of feeding by 10h00.

#### **5. TERMINATION OF CONTRACT**

This contract terminates

- 1. When the **Food handler completes a twelve (12) months period)**, and the contract is not renewable unless there are extenuating circumstances which are advanced in writing by the school to the District Office.
- 2. When the Food Handler has been found to be in breach or the school has ceased operations. In respect of breach of contract **due process** shall be followed by the school. The outcome of a hearing shall be submitted to the District NSNP Coordinator together with an application for a replacement.
- 3. The **Food handler** participant gives notice, in writing, to terminate the contract. A written one month notice is mandatory. A School may accept a shorter period of notice in exceptional circumstances.
- 4. The School gives a written one month notice, for **operational reasons**, that the services of a Food Handler will no longer be required.
- 5. The Food Handler is proven beyond doubt that s/he is **incompetent**. In the case of inefficiency/incompetence or incapacity the school must first exhaust support mechanisms such as capacity building before a decision to terminate a contract is arrived at.

#### 6. DUE PROCESS IN CASES OF FOOD HANDLER MISCONDUCT

This is founded on the principle of **fairness** and the notion **of 'hearing the other side**'.

- 1. A disciplinary hearing shall be conducted by the school to ascertain the veracity of allegations. Transgressions warranting dismissal are putting the life of a learner/s at risk, serial absenteeism, pilfering and gross insubordination. Less serious transgressions may warrant a written warning.
- 2. The accuser cannot preside over the hearing.
- 3. The alleged transgressor should be afforded an opportunity to state his/her side or call for witnesses.
- 4. There shall be a record of all proceedings.

5. The Food Handler can take the outcome of the hearing on review and the District Office shall handle issues of review. The outcome of the review is binding and final.

#### 7. WORKING HOURS

#### 7.1 Normal working

a) Working hours, on all feeding days, shall be structured by the school such that food preparation, food serving, collection of utensils and tidying up are all made possible. The school shall not unduly keep food handlers at school.

Any type of leave taken by the Food handler participant should be negotiated with and agreed upon between the Supervisor and the Food handler participant.

#### 8. PAYMENT OF FOODHANDLERS

The **Foodhandler** will be paid a **monthly stipend of** ......which is in line with applicable NSNP Conditional Grant Framework. A contribution (Food Handler and Department), in respect of **Unemployment Insurance Fund (UIF)** shall be made to the Department of Labour for each contracted Food Handler participant.

**NB:** This is subject to the participant's attendance.

#### **10. CONDUCT**

The **Foodhandler** participant undertakes to abide by the code of conduct as set by school.

#### **11. DISPUTES**

In an event where a dispute arises between the **Foodhandler** participant and Supervisor, the Director will designate the principal and district coordinator to investigate, mediate and manage the conflict. In such an event all parties shall be subject to all terms and conditions contained in terms of this contract.

### **12. THE OBLIGATIONS/DUTY OF THE DISTRICT OFFICE-NSNP** UNIT:

- 1. Orientation programme on ethos of a **Food handler** is provided to all participants
- 2. **Food handler** participants are provided with Mentors or Supervisors for guidance during their term of contract.

- 3. Participants are provided with theoretical and practical work experience.
- 4. Issues of Human Rights are not violated by the school when managing Food Handler Participants.

#### **12. FOOD HANDLER PARTICIPANT DETAILS**

- 1. First Name and Surname:
- 2. Physical Address:
- 3. Postal Address:
- 4. Tel/Cell Number:
- 5. Facsimile:
- 6. Email address:

#### **12. NEXT OF KIN DETAILS**

- 1. Next of Kin Name : .....
- 2. Relationship : .....
- 3. Tel. Number : .....

#### **13. SIGNATURES:**

FOODHANDLER PARTICIPANT
CHAIRPERSON OF THE SGB
PRINCIPAL
School Stamp

.....

DATE

.....

.....

DATE

DATE

### **Food Handler - Registration Form**

### (Blank / Completed Template)

#### **Food Handler Registration Form**

School Name		
Initials		
First Name(s)		
Surname		
ID Number		
Nationality		
Date of Birth		
Gender		
Cell Number		
Contract start date		
Contract end date		
First language		
Second language		
Highest level of education		
Physical address		
Municipality / village		
Ward name / number		
Government grant	Yes	No
Disability	Yes	No
Number of people in household		
Number of dependents in household		
Number of children attending school		

#### **Completion instructions:**

- An original certified copy of ID must be attached to this form and kept on the NSNP file
- A copy of an original ID may only be certified by:
  - o SA Police
  - o Department of Home Affairs
  - o SA Post Office
  - Magistrate

#### **Food Handler Registration Form**

School Name	Thembile Primary
Initials	KL
First Name(s)	Khosi Luisa
Surname	Momphele
ID Number	660035013007
Nationality	SOUTH APRICAN
Date of Birth	3 JUNE 1966
Gender	Female
Cell Number	072 446 109)
Contract start date	1 April 2017
Contract end date	31 March 2018
First language	SETSWANA
Second language	ENGLISH
Highest level of education	STD 6
Physical address	UNIT 6 ZONE 4 ZKNDSPELIT TOWNSHIP
Municipality / village	Lekimpulu
Ward name / number	
Government grant	Yes (No)
Disability	Yes No
Number of people in household	5
Number of dependents in household	4
Number of children attending school	4

#### **Completion instructions:**

- An original certified copy of ID must be attached to this form and kept on the NSNP file
- A copy of an original ID may only be certified by:
  - o SA Police
  - o Department of Home Affairs
  - SA Post Office
  - o Magistrate

### **Food Handler - Standard Duty List**

(Templates)

English / Afrikaans / IsiXhosa / Sesotho

#### VOLUNTEER FOOD HANDLER DUTY LIST

#### Daily the Food Handler shall:

- Prepare and serve nutritious meals to learners on time on all feeding days:
  - Feed all learners before 10:00am (within time-tabling constraints)
  - Prepare and serve a balanced meal (3 food groups starch, protein & fruit/veg)
  - o Prepare quantities according to the school specific menu
- Provide water facilities for all learners to be able to wash their hands before the meal
- Clean preparation areas, cooking equipment and eating utensils after use
- Clean storage areas and manage stock properly and safely
- Maintain the highest standards of personal hygiene
- Wear an apron and head gear/cap when preparing and serving food
- Manage stock of equipment and utensils
- Sign the food handler attendance register

#### The Food Handler shall also:

- At his/her own cost ensure the availability of a "stand-in" food handler in the event that the food handler is unable to attend to his/her duties on a specific day. The food handler needs to inform the school in advance of this possibility and of the identity of the person
- Sign for payment of stipend on a monthly basis
- Report issues to the relevant school official where necessary

#### ULUHLU LWEMISEBENZI YABANTU ABAPHEKA UKUTYA KWABANTWANA EZIKOLWENI

#### Yonke imihla bayakwenza oku kulandelayo:

- Balungise kwaye baphekele abantwana besikolo ukutya okunesondlo ngexesha elifanelekileyo ngazo zonke iintsuku zokutyisa
  - Baqinisekise ukuba abantwana besikolo bonke batya phambi kwentsimbi yeshumi kusasa (phakathi kwexesha lokufundisa)
  - Baqinisekise ukuba bapheka ukutya okusempilweni kube nemifuno okanye iziqhamo, isitatshi (esinokuba ngu-mngqusho, itapile, ipapa, umphokoqo okanye i-riayisi) kunye ne proteyini (enokuba yi-nyama, intlanzi okanye imbotyi)
  - Baqinisekise ukuba papheka ngokwemilinganiselo yoluhlu lokutya oludweliswe ngokwentsuku zeveki (specific menu)
- Banike abantwana amanzi okuhlamba izandla phambi kokuba batye ukuze bakwazi ukuhlamba izandla phambi kokuba batye
- Bacoce igumbi lokuphekela ndawonye nazo zonke izixhobo zokupheka kunye nezitya zabantwana
- Bacoce igumbi lokugcina ukutya kwaye baqiniseke ukuba konke ukutya kugcinwe ngendlela efanelekileyo
- Bqiniseke ukuba izinga lococeko likwi nqanaba eliphezulu ngawo onke amaxesha
- Banxibe i-faskoti kwaye bathwale entloko bagqume inwele xa bepheka ukutya kwabantwana
- Babeke iliso kuzo zonke izixhobo zokuphekela abantwana
- Batyikitye i-rejista ngayo yonke imihla xa bephangele

#### Kulindeleke ukuba benze noku kulandelayo:

- Xa engazukubakho emsebenzini uyakuthi ngendleko zakhe aqinisekise ukuba ukhona umntu oyakummela ngolosuku kwaye azise isikolo kwangexesha ade amchaze amazise loo mntu oza kumbambela.
- Atykitye imvume yokuba uwufumene umrholo wakhe inyanga nenyanga
- Azise isikolo ngemiba efuna ukuqwalaselwa xa kukho imfuneko

#### **VRYWILLIGE VOEDSEL-HANTEERDER : PLIGTE LYS**

#### Die Voedsel Hanteerder sal daagliks:

- 'n voedsame en gebalanseerde ete voorberei en betyds voorsit:
  - All leerders moet teen 10:00vm bedien word (binne die beperkinge van die skool-skedule)
  - Die ete moet gebalanseerd wees (3 voedselgroepe: stysel, proteïne en groente/vrugte)
  - Voorbereide hoeveelhede moet in lyn wees met die Skool-Spesifieke Spyskaart
- Waterfasiliteite voorsien waar alle leerders hulle hande kan was voor die ete
- Die voorbereidingsarea, sowel as alle kook en eet toerusting en eetgerei skoonmaak na gebruik
- Handhaaf die hoogste standaard van persoonlike higiëne
- Dra 'n voorskoot en kop-bedekking/hoed terwyl kos voorberei en bedien word
- Alle stoor-fasiliteite gereeld skoonmaak en voorraad korrek bestuur
- Die voorraad van toerusting en eetgerei bestuur
- Die Voedsel Hanteerder Daaglikse Teenwoordigheidsregister teken

#### Die Voedsel Hanteerder sal ook:

- Op eie onkoste verseker dat 'n plaasvervanger Voedsel Hanteerder diens doen, in 'n geval waar die Voedsel Hanteerder nie op 'n gegewe dag hulle dienste kan uitvoer nie. In so 'n geval moet die Voedsel Hanteerder die skool voor die tyd in kennis stel en die identiteit van die persoon verskaf
- Teken vir die ontvangs van sy/haar maandelikse toelae (op die amptelike Voedsel Hanteerder Erkenning van Ontvangs van Betaling Vorm)
- Enige relevante kwessies onder die relevante skoolbeampte se aandag bring, waar nodig

#### **MOSEBETSI WA MOITHAOPI YA LOKISETSANG BAITHUTI DIJO**

#### Letsatsi le leng le leng motho ya lokisang dijo o tla:

- Lokisetsa mme a phakele baithuti dijo tse ahang mmele ka nako e tshwanelehileng le ka matsatsi ohle a ho fepa:
  - Fepa baithuti pele ho hora ya leshome (ho ya ka moralo wa tsamaiso ya sekolo)
  - Lokisa a phake diahammele ka tekanyetso e nepahetseng (mekga e 3 setatjhe, protein le ditholwana kapa meroho)
  - Kala dijo ho ya ka moralo wa ho ja wa sekolo
- Etsa hore ho be teng metsi a hore baithuti kaofela ba hlape matsoho pele ba eja
- Hlwekisa sebaka sa ho phehela, disebediswa tsa ho pheha mmoho le tsa ho jela ka mora ho di sebedisa
- Hlwekisa polokelong ya dijo o be o hlokomele setoko hantle
- Nnetefatsa boemo bo hodimo ba haejini
- Apara fereskoto o rwale tuku/katiba ha o lokisa dijo le ha o phaka
- Hlokomela palo ya disebediswa tsa ho pheha le tsa ho jela
- Tekena/saena rejistara ya boteng ba hao

#### Hape mohlophisi wa dijo o tlameha ho:

- Nnetefatsa hore ha yena a sa tlo ba teng ho lokisa dijo a batle motho ya tla kena dieteng tsa hae, ka ditshenyehelo tsa hae. O tlameha ho tsebisa sekolo e sa le ka nako hore o tla ba siyo mme a tlise ya tla mo emela ka pele.
- Saenela tefo ya hae kgwedi le kgwedi
- Tlaleha mathata ho mookamedi wa sekolo

2018-1\_SESOTHO

## Food Handler - Acknowledgement of Payment Form

(Blank/Completed Template)
## FOOD HANDLER ACKNOWLEDGEMENT OF PAYMENT FORM

EMIS Number	District	
School Name	Total learners approved for NSNP	
No. Food Handlers Engaged	Month	

No. FH Engaged	Surname	Initials	ID Number	Amount Received	Signature	Date Received
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						

NSNP Coordinator

Date

## FOOD HANDLER ACKNOWLEDGEMENT OF PAYMENT FORM

EMIS Number	200300718	District	Butterworth
School Name	TEKO SPRINGS JSS	Total learners approved for NSNP	434
No. Food Handlers Engaged	3	Month	June 2014

No. FH Engaged	Surname	Initials	ID Number	Amount Received	Signature	Date Received
1	Luthuli	J.L	6710123003007	R900	f Luthuli s LetCape	27 June 2014
2	Letlape	5.5	7411234581008	R900	s Lettape	27 June 2014
3	Pafumi	M.K	7512044067009	R900	M Patumi	27 June 2014
4						
5						
6						
7						
8						
9						
10						

NSNP CoordinatorP. NhlapoDate27th June 2014

# **APPENDIX 24**

# **Food Handler - Attendance Register**

# (Blank/Completed Template)

# DAILY FOOD HANDLER ATTENDANCE REGISTER

EMIS Number	
School Name	
District	
Total learners approved for NSNP	
Number of Food Handlers engaged	
Month	

FEED DAYS	DATE	F/H 1:	F/H 2:	F/H 3:	F/H 4:	F/H 5:	F/H 6:	F/H 7:	NSNP Coordinator Signature
1									
2									
3									
4									
5									
6									
7									
8									
9									
10									
11									
12									
13									
14									
15									
16									
17									
18									
19									
20									
21									
22									
23									
24									

# DAILY FOOD HANDLER ATTENDANCE REGISTER

EMIS Number	200300718
School Name	TEKO SPRINGS JUNIOR SECONDARY
District	Butterworth
Total learners approved for NSNP	434
Number of Food Handlers engaged	3
Month	June 2014

FEED DAYS	DATE	F/H 1: J. Luthuli	F/H 2: <i>S. letlape</i>	F/H 3: M. Pafumi	F/H 4:	F/H 5:	F/H 6:	F/H 7:	NSNP Coordinator Signature
1	2 June	} Lithuli	s Lettape	M Pafumi					P. Nhlapo
2	3 June	J Luthuli	s Lettape	M Patumi					P. Nhlapo
3	4 June	J Luthuli	s Lettape	M Patumi					P. Nhlapo
4	5 June	J Luthuli	s Lettape	M Patumi					P. Nhlapo
5	6 June	J Luthuli	s Lettape	M Patumi					P. Nhlapo
6	9 June	J Luthuli	s Lettape	M Pafumi					P. Nhlapo
7	10 June	J Luthuli	s Lettape	M Patumi					P. Nhlapo
8	11 June	J Luthuli	s Lettape	M Patumi					P. Nhlapo
9	12 June	J Luthuli	s Lettape	M Patumi					P. Nhlapo
10	13 June	J Luthuli	s lettape	M Pafumi					P. Nhlapo
11	17 June	J Luthuli	s Lettape	M Patumi					P. Nhlapo
12	18 June	J Luthuli	s lettape	M Patumi					P. Nhlapo
13	19 June	J Luthuli	s Lettape	M Patumi					P. Nhlapo
14	20 June	J Luthuli	s Lettape	M Patumi					P. Nhlapo
15	23 June	J Luthuli	s lettape	M Patumi					P. Nhlapo
16	24 June	J Luthuli	s settape	M Patumi					P. Nhlapo
17	25 June	J Luthuli	s Lettape	M Patumi					P. Nhlapo
18	26 June	J Luthuli	s Lettape	M Patumi					P. Nhlapo
19	27 June	J Lithul	s settape	M Patumi					P. Nhlapo
20		· · · · · · · · · · · · · · · · · · ·							
21									
22									
23									
24									

# **APPENDIX 25**

**Food Safety Manual** 

# FOOD SAFETY

# 4. FOOD SAFETY

## 4.1 What is food safety?

Food safety is the handling of food in such a way that it is not exposed to germs.

## 4.2 What are germs?

Germs are very small organisms that cannot be seen by the naked eye, but can be seen under a microscope. Germs can settle on food, work surfaces, utensils, human skin and pets. Bacteria are the most dangerous germ when they get into contact with food. You cannot see, smell or taste bacteria in food. Bacteria and other germs spread very quickly if good standards of hygiene are not kept. Bacteria need food, moisture, heat and sometimes air to grow. Most bacteria are destroyed at temperatures above 60 ° Celsius. Bacteria are destroyed at 100 ° Celsius. Warm temperatures help the bacteria to multiply quickly. Cold food should be stored below 10° Celsius. Food poisoning is characterised by symptoms like stomach cramps, headache, diarrhoea, vomiting and fever. The affected person can die if they do not get medical attention. Following basic hygiene guidelines can prevent food poisoning.



## 4.3 Hiding Places for Germs

# Did you know?

More than 200 known diseases are transmitted through food: Source WHO

Source: www.glowtec.co.uk

### **Personal Hygiene**

- Cover cuts with a water proof band aid or wear rubber or plastic gloves, to prevent transferring germs to food.
- Wear light coloured protective clothes (Apron and headgear).
- Cover hair completely to avoid hair from falling into food.
- Remove any jewellery as it can harvest germs.
- Fingernails should be kept short, clean and unpolished (no artificial nails).



### Handwashing

Wash hands before starting work, in between, AND after any break. To ensure cleanliness hands must be washed using antibacterial detergent, rinsed and dried.



# Kitchen Hygiene

To ensure safe food is served to learners, good kitchen hygiene should be a priority practice. The following principles are key:

- Clean and disinfect cutting boards and countertops.
- Wash utensils using hot soapy water
- Wash dish cloths in bleach (disinfectant)
- Keep the kitchen free from flies and cockroaches
- Wipe worktops as you work
- Good ventilation is necessary during cooking
- Sweep and mop kitchen floors every day
- Practice " clean as you go principle"

### How clean is your kitchen?



Keep everything clean in your kitchen. Cleanliness is a major factor in preventing illness resulting from eating contaminated or unwashed food. Everything that touches food should be clean.

## **Kitchen Safety**

The infrastructure and equipment used for preparing meals must also comply with hygiene and safety rules.

### Kitchen accidents can be caused by:

- Creating unsafe conditions
- Ignoring hazards (picking up broken glass)
- Not paying attention
- Unsafe practices

Types of accidents/injuries	Cause
Cuts	Knives, cutters, slicers
Burns	Open flames, hot oils, steam,
Electric shocks	Appliances
Carbon monoxide poisoning	Gas leaks
Slips and falls	Slippery and cluttered floors
Itching, skin redness	Exposure to detergents and cleaning solutions

### **Preventing Accidents/Injuries**

- Make sure you understand how equipment works before you use it.
- Unplug electric equipment before disassembling or cleaning.
- Make sure the switch is off before plugging in equipment.
- Do not touch or handle electric equipment, including switches, if your hands are wet or if you are standing in water.
- Use equipment only for the purpose intended.
- Stack pots and other equipment properly on pot racks so that they are stable and not likely to fall.
- Use extreme caution when opening cooking equipment steam needs to escape.
- Where necessary wear safety shoes to protect from slipping, hot water and sharp objects.
- Allow only registered gas installers to fit and maintain your gas equipments.

How to use knives safely: preventing cuts & accidents

- Keep knives sharp. A sharp knife is safer than a dull one it requires less pressure and is less likely to slip.
- When using a knife or cutting equipment, pay attention to your work.
- Cut away from your body when cutting or trimming.
- Use knives only for cutting do not use for opening containers or for other tasks.
- Don't try to catch a falling knife. Step back and let it fall.
- Don't put knives in a sink, under water or any place where they cannot be seen.
- Clean knives carefully, with sharp edge away from you.
- Store knives in a safe place, such as in a rack or knife block, when not in use.
- Carry knives properly.

• Use the correct knife for the job you are doing.

Know the location of fire extinguishers and how to use them.

## **Food Handling**

### Care should be taken when handling food to ensure that food is not contaminated with germs

- Good personal hygiene is important for handling food
- Do not mix food with bare hands. Use forks, spoons or wear clean plastic gloves to avoid spreading germs from the skin to the food e.g. salads
- Use tongs, spoons, forks or plastic gloves to handle cooked food.
- · Wash fresh fruits and vegetables under running water before eating
- Use safe water or treat it to make it safe
- Keep food covered



# Food Storage

### ALL food items should be stored on shelves, and not directly on the floor surface.

The space beneath the lowest shelf needs to be enough for effective cleaning. The recommended space is 30cm (a ruler's length) above floor level.

- Store dry food such as rice, maize meal and samp in air tight containers.
- Store bags of food above floor level.
- Do not leave food exposed to the sun.
- Keep detergents, chemicals, books and tools away from food stuffs.
- Keep raw food and cooked food separately.
- Practice the principle of "first in first out" (FIFO).
- Foodstuffs should be properly labeled indicating ingredients, name and address of manufacture, expiry date and batch number.

## Do's and don't's of Food Storage





Food must never be stored on the floorstove



After opening packaging, store food in labelled air-tight containers



bags/containers must not be left open



### CONTAMINATED FOOD IS NOT FIT FOR HUMAN CONSUMPTION

ALWAYS CHECK EXPIRY DATE

### Storage of vegetables:

Sort vegetables before storing them and remove bruised ones

- Keep all vegetables in a cool room.
- Store food in a dry, well ventilated area.
- Frozen vegetables should be kept frozen until used.
- Frozen vegetables should be cooked when they are still frozen.
- Dried vegetables should be stored in an airtight container and stored in a cool dry place.

### Storage of tinned food:

- Store in a clean, cool, dry, well lit and ventilated place.
- Tins with dents should not be used, they must be thrown away.



Never buy damaged tins as the food may be spoilt

Throw away bulged, rusted or swollen tins

# **PEST CONTROL**

Waste should be handled and stored in a manner that will not contribute to contamination through the presence of pests

- Pests (flies, cockroaches, and rats) carry bacteria through the kitchen and onto food, thus creating the potential for food poisoning. They also spoil and damage food stocks, which can become very costly for school feeding.
- Stop pests coming in the kitchen by sealing external holes and cracks, and where possible use fly screens on windows.
- Take away the pests' food and water by maintaining a high standard of cleanliness through good hygiene practices. Remember, pests like warm, dark areas such as below sinks and hot water systems and cupboards. Make sure you don't have any leaking pipes or taps

- Store all foods in containers with tight fitting lids.
- Use registered pest control operators for pest treatment.
- There should be no sign of pest infestation in the kitchen (e.g. rodent droppings).

# **REFUSE STORAGE AND DISPOSAL**

- Store waste in a refuse bin (where practical and possible, lined with a garbage plastic bag) with a tight fitting lid.
- Refuse should be taken out when full and at the end each cooking session.
- Clean the bin every day.



Do not burn waste. It causes air pollution.

# **APPENDIX 26**

# Food Safety Tips To Prevent Food Poisoning and Contamination

(Guide)

# FOOD SAFETY TIPS TO PREVENT FOOD POISONING AND CONTAMINATION IN THE NSNP

### **PREPARATION**

- Sort, separate and check for foreign objects in food before cooking
- ✓ Use clean water and boil to make it safe

## KEEP CLEAN

- ✓ Wash your hands at all times
- ✓ Keep hair covered at all times
- ✓ Wear clean clothing with apron
- ✓ Keep surfaces and utensils clean

## COOK THOROUGHLY

- ✓ Avoid pre-cooking
- ✓ Cook food every morning and serve immediately
- ✓ Eat food on the day it is cooked. DO NOT EAT LEFTOVERS

### **RECEIVING FOOD**

- Check expiry dates, quality and quality
- ✓ Use the FIRST IN FIRST OUT (FIFO) principle

## FOOD STORAGE

- ✓ Keep all food on shelves
- ✓ Store food out of direct sunlight
- Place cleaning products chemicals away from food

## WASTE DISPOSAL

- ✓ Store waste in a refuse bin with tight fitting lid
- ✓ Clean up spills around garbage containers immediately

### GOOD PRACTICE

 Take a small food sample from all food prepared and keep it overnight and discard the next morning



basic education

Department: Basic Education REPUBLIC OF SOUTH AFRICA

# **APPENDIX 27**

# Managing Suspected Food Poisoning and Contamination

(SOP)

# FOOD SAFETY STANDARD OPERATING PROCEDURES TO MANAGE SUSPECTED FOOD POISONING AND CONTAMINATION IN THE NSNP



- Teachers to accurately keep record of learners that are affected
- Inform the parents/guardians of affected learners
- Notify the Department of Basic Education at the toll free number 0800 20 29 33
- The Provincial Education Department (Communications) to address any media enquiries when necessary
- The District Coordinator for NSNP will advise when feeding can resume

NB: Adhere to food safety tips to prevent a similar incident

Provincial Environmental Health services	Telephone number
Eastern Cape	040 606 1719/8
Free State	051 408 1541/1421
Kwa-Zulu Natal	033 846 7510/7503
Limpopo	015 293 6199/6193
Mpumalanga	013 766 3448/3154
North West	018 397 2685
Northern Cape	053 830 0537/0539/0540
Western Cape	021 421 1124
Gauteng	011 355 3479/3145/3754



Department: Basic Education REPUBLIC OF SOUTH AFRICA

# **APPENDIX 28**

**Gas Safety Manual** 



# GAS SAFETY

# GAS SAFETY

# 2. GAS SAFETY

## 2.1 What is LP Gas?

*LP Gas* stands for Liquefied Petroleum Gas, which is energy in a cylinder. It is flexible, fast, clean, portable and powerful. It is safely used in a wide range of applications like cooking, heating, refrigeration and lighting. The NSNP use it mainly for cooking.

Cylinder gas is available in a wide range of cylinders to fit a variety of appliances. The nearest dealer can refill cylinder sizes up to 6kg. With the larger sizes – 9kg and bigger, your cylinder will be replaced by the dealer with a full one when required. A dealer, who is a member of the LP GAS Safety Association, should fill LP Gas cylinders.



## Please take note:

Working with LP Gas requires legal compliance for safety in the workplace:

It is mandatory for all appliances falling within the Safe Appliance Scheme to comply with the requirement of specifications and mandatory aspects detailed within the Occupational Health and Safety Act of 1993.

The Department of Labour appointed the Liquefied Petroleum Gas Safety Association of Southern Africa (LPGASSA) to verify whether LP Gas appliances, regulators and hoses are compliant with Safe Appliance Scheme.

There is a National Standard published by the South African Bureau of Standards (SABS) covering the Safety requirements of LP Gas appliances. The Standard number is SANS 1539. The title is 'Appliances operating on liquefied petroleum gas – safety aspects'. SANS 1539 is the only safety standard to which LP Gas appliances must comply.

Please note that only registered gas installers may undertake LP Gas installations. The following must be adhered to:

- No user shall use, or require or permit a gas container to be used, and no user shall fill, place in service, handle, modify, repair, inspect, or test any portable gas container, other than in compliance with relevant standards
- It is mandatory for appliances, hoses and regulators to be tested for compliance and for the manufacturers or importers of such products to obtain a Verification Permit from the LPGSASA.
- LP Gas installers are required by law to be registered.
- LP Gas installers are required by law to undergo specific training.

## **Remember:**

When procuring gas equipment, provinces, districts and schools should ensure that all appliances have a certificate of compliance

# 2.2 Precautions and safety measures when cooking with Gas

Precautions when	cooking with gas:	Safety measures:			
	Always make sure your window is open to allow fresh air into the room		If you smell gas turn the cylinder off		
	Light the match first, THEN Turn on the gas to ignite the burners		If there are flames, protect your hands with a damp cloth		
	Place the pot in the middle of the cooker plate		Do not re-use a cylinder that was in a fire.		

# 2.3 Working with Gas

- 2.3.1 Connection, Storage and Maintenance
- Do not put a leaking cylinder into your car
- Gas cylinders should be handled by accredited service providers
- The cooker/cylinder must be checked regularly
- New purchased gas stoves should always have a certificate of compliance
- The hand wheel on most regulators connects to the cooker in an anti-clockwise direction when screwing into the cylinder.
- All stoves and boiling tables used in schools connect to the cylinders using a regulator.



### 2.3.2 The regulator



- At the front of the regulator where it screws into the cylinder, is an "O" ring or shaped rubber seal. Check this regularly and replace if necessary.
- Check the hose (not a garden hose) between the regulator and the stove (boiling table). It must be secured with a small metal hose clamp at both ends.
- Check all the rubber seals (washers) and "O" rings and replace them regularly.



- Check all clamps and hose connections regularly.
- Check the hose for cracks and wear and damage by fats and oil regularly. If the connecting hose is worn it must be replaced.

### 2.3.3 Storage of the Gas cylinder:

- Never store your gas cylinder near a direct source of heat (such as stove, heater, fire)
- Cylinders in any public place such as a school must be stored outside the kitchen in a steel cage. Clear safety signage must be visible on the cages.
- Always allow enough time for your appliance to cool down after use, before touching it or storing it away.

### 2.3.4 When using the gas cylinder:

• Place your cylinder on a level surface



Never leave a gas cylinder on a stove



### 2.3.5 Check for leaking

• Never check for the leak with a naked flame!

### **Procedure:**

Use soapy water



- Take a cup of soapy water and a small paint brush and brush around all connections between the stove (boiling table) and the cylinder. An alternative is to put the soapy water solution in a spray bottle and then spray the liquid onto the joints. If there is even the smallest leak the soapy water will bubble, and indicate exactly where the leak is.
- Obviously if there is a leak, close the cylinder valve.
- Never try to repair a leaking cylinder yourself, it should only be checked by an accredited service provider.

# **APPENDIX 29**

# Waste Management Manual

# WASTE MANAGEMENT

VANAGE

/ENT

# 5. WASTE MANAGEMENT

Waste from food preparations is a reality and a general waste build up is produced in the running of schools. Using this booklet will contribute to safer waste management practices in schools. The NSNP has three objectives: to enhance learning capacity through school meals; to strengthen nutrition education in schools; and to promote sustainable food production initiatives in schools through the management of the programme in an environment friendly manner.



## Did you know?

There are over 8 million learners on the programme. Fish is served at least once a week, resulting in 1.2 million canned fish containers that can either be thrown away or reused and recycled

This booklet is intended for educators, learners and their families with the aim of raising awareness of poor waste management disadvantages and the benefits of integrated waste management. All members of the school community are encouraged to adopt an active role in planning and implementing strategies to **reduce**, **re-use and recycle** waste.



# The South African Constitution states, "Everyone has a right to an environment that is not harmful to their health or well being".

What is waste and who creates it?

Waste is defined as rubbish and unwanted things that is thrown out of our homes, offices, schools and industries every day. We all generate waste when we throw away packaging, food and other things.

### Waste can harm us!

All waste can harm us and our environment if it is not properly managed

### Some of the harmful short-term effects of unmanaged waste are:

- The environment looks bad and smells bad
- Flies, rats and other pests breed and spread diseases
- Plants, animals and humans are poisoned
- The air and water becomes polluted

### Long-term harmful effects of waste include:

- Poisonous chemicals stay in the environment and do not breakdown
- Damage to our natural resources like soil and water
- Cancer and birth defects

### What is waste management?

*Waste management* is the collection, transport, processing, recycling or disposal and monitoring of waste material. Managing waste is generally done to reduce possible negative effects on health, the environment or the beauty of a place. We all need a clean and safe environment to live healthy lives. About 80 percent of the waste filling our landfills could be recycled and used to manufacture new products.





### Why is it important to manage waste? What are the benefits?

By using materials wisely at schools you can reduce the need for raw materials. General waste in schools include plastics, cans, food scraps, paper and glass. Waste ends up in landfills (disposal sites with a permit from relevant government departments', where dumping rubbish is allowed). Reduced waste will lesson pollution and has the potential to create an income from the sale of recyclable materials.

Management of waste control pests and the spread of harmful diseases. When we properly manage and dispose waste we eliminate conditions where rodents and insects can breed and multiply. We also eliminate burning and burial methods that could pose long term and dangerous health risks.

### Waste in the NSNP



The following table indicate waste from the NSNP that can be reduced, re-used and recycled

Types of waste	Food scraps	Beverage/ Food Cans	Paper (magazines, newspapers, office papers)	Glass	Plastic (bags, bottles, containers)
		J L L			J North Contraction of the second se
Disposal of waste	Compost	Collect-a-can agents	Recycling agents	Recycling agents	Recycling agents
End use of waste	↓ Vegetable gardens	▼Fund raisingfor NSNP inschools	★ Reuse of product and clean environment	★ Reuse of product and clean environment	▼   Reuse of   product   and clean   environment

REMEMBER THE 3 R'S- REDUCE, RE-USE, RECYCLE !!!

# WHAT CAN THE SCHOOL COMMUNITY DO TO INCREASE RECYCLING AND REDUCE WASTE? HOW TO GET INVOLVED?

**YOU CAN DO A LOT:** Waste can be **Reduced**, **Reused and Recycled**. This is the preferred approach to waste management since, once waste is produced, it is costly to clean up afterwards.

# REDUCE Minimise waste

- Shop carefully: buy in bulk to reduce the amount of packaging required.
- Choose returnable or reusable containers. Choose durable equipments and materials that will last a long time. Avoid disposable plates, cups and cutlery.
- Buy products that can be recycled. Shop with re-usable bags to avoid using new plastic bags each time.
- Use cloth dishtowels instead of paper ones.
- Print only when necessary, using the double sided option, also photocopy on both sides of the paper.

**RE-USE** Where possible re-use a product. If you can't use it again, find somebody who can.

- Use plastic packets and containers in which products and containers are sold to store things. Wash and dry plastic bags for re-use.
- Staple together office paper that has only been written on one side, for scrap paper, before recycling.
- Repair things rather than throw them away. Find alternative uses for materials i.e. cans re-used as cups or to make the environment beautiful.

**RECYCLE** If a product cannot be re-used, then recycle it. Firstly **separate waste at source**; this means to separate waste where it is produced, either at work, at home or at school rather than waste being sorted at landfill sites where it is wet and mangled and it costly and difficult to recycle.

**Energy Saving Tips** - The production of forms of energy such as electricity takes up precious resources. It is therefore important to use energy wisely. Energy saving can reduce the school's electricity bill. Do the following to reduce energy:

- Use energy saving light bulbs. Switch off lights and computers, if classrooms are not in use. Switch lights off at night.
- Switch geysers off during long weekends and holidays.

### Where to start?

Find out if there is a local collection point for glass, plastics, cans, paper, oil, e-waste or tyres - and use it.

Find out if there is a sidewalk pick-up service in your area – and use it. Help to start a school or community collection programme.

### Ask the following questions to recycling companies

- Do you collect?
- Do you supply bags or drums?
- How much do you pay?
- What do you take?
- Do I need to clean?
- Where can I deliver?

# COMPOSTING

This is natures' way of recycling! Composting enriches and improves the quality of the soil.

### Step 1 Select & prepare a site.



### Step 2 Choose the right materials to put in your compost site.

Shred materials into small pieces, the compost process goes faster! Then add materials. Water ingredients and mix often. The pile should be kept moist but not too wet. Turn the pile often.



& nut shells, stalks, wood ashes, horse & cow manure, leaves, apple cores Meat, fish, fat, bones, poultry, vegetable oils, dairy products, cat/dog waste, invasive weeds, plastic, glossy magazines

### Step 3 Ready to use

Compost can be ready anywhere from two weeks to two years. Compost is ready to use when it has turned dark brown.



# **RECYCLING IN ACTION!**





Used fish cans buried in the soil to enhance soil fertility.

Redone desk and wooden chair



Play items from used yoghurt tubs and can and steel items.



Car rim used as a braai stand

Table mat made from sweet wrappers



Charcoal made from egg holders





Egg holders used as to hold scissors

Used paper plates used to teachers numbers

### **Department of Environmental Affairs**

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ALVER	Mondi Recycling Gauteng/KZN 0800 022112 W. Cape 021 931 5106 www.paperpickup.co.za Nampak Recycling 0800 018 818 www.nampak.com e-mail Recycling@za.nampak.com Sappi www.sappi.com Gauteng: 082 876 7468 W. Cape: 083 227 1379 Mpumalanga/Limpopo: 083 234 6217 Other provinces: 083 234 6284 Paper Recycling Association of SA 011 803 5063 www.prasa.co.za	A STIC	Plastics Federation of SA 011 314 4021 www.plasticsinfo.co.za Buyisa-e-Bag 011 452 0414 www.buyisaebag.co.za PETCO 0860 147 738 www.petco.co.za e-mail: info@petco.co.za Polystyrene Packaging Council 012 259 0554 www.polystyrenepackaging.co.za e-mail: info@polystyrenepackaging.co.za
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	National Recycling Forum Tel: 011 675 3462 www.recycling.co.za	TYRES: Tyre Recycling Association 011 792-0359 BATTERIES: Fry's Metals 011 827-5413 www,frys. co.za INTEGRATED WASTE EXCHANGE: IWEX BUILDERS' RUBBLE & COMPOSING: Contact your local authority	
Extract from Ways with Waste, Central Branch, Institute of Waste Management of SA			

# **APPENDIX 30**

# **Guidelines For Tuck Shop Operators**

(Manual)

# National School Nutrition Programme

# **TUCK SHOP OPERATORS**

GUIDELINES FOR



basic education

Department: Basic Education **REPUBLIC OF SOUTH AFRICA** 


## **National School Nutrition Programme**

### **GUIDELINES FOR TUCK SHOP OPERATORS**

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#### 1. FOREWORD



Between poor diet and a lack of exercise, our children are becoming more prone to obesity. If children are exposed to energy-rich foods at every turn and do not have many opportunities to exercise, the inevitable result is an increase in body mass. Obese children are more susceptible to developing chronic lifestyle conditions such as diabetes, heart disease, high blood pressure (hypertension), hyperlipidaemia and certain types of cancers. Other problems may arise such as sleep apnea (breathing difficulties), bone conditions such as weakening of hips, gastro-intestinal diseases, and even the early onset of puberty. Unhealthy lifestyle behaviours begin early in childhood and have the potential to progress into adolescence and adulthood. By preventing or reducing the prevalence of childhood obesity, for example, we may reduce the prevalence of adult obesity significantly.

It is to this end that these guidelines have been developed. All stakeholders bear responsibility towards the health of our nation's children. The Department of Basic Education, schools, tuck shop operators, and parents/ caregivers must work together with all stakeholders that our children can adopt a healthy lifestyle.

MR PB SOOBRAYAN DIRECTOR-GENERAL DATE: 2014/02/21

#### 2. ACRONYMS

CAPS	Curriculum and Assessment Policy Statement
COA	Certificate of Acceptability
CRC	(United Nations) Convention on the Rights of the Child
CSTL	Care and Support for Teaching and Learning
DBE	Department of Basic Education
DoH	Department of Health
FBDG	(South African) Food Based Dietary Guidelines
NCS	National Curriculum Statement
NCS NE	National Curriculum Statement Nutrition Education
NE	Nutrition Education
NE NPA	Nutrition Education National Programme of Action
NE NPA NSNP	Nutrition Education         National Programme of Action         National School Nutrition Programme

#### 3. INTRODUCTION

The prevalence of overweight and obesity in South Africa has risen alarmingly while the problem of under nutrition still exists (Faber and Wenhold, 2006<sup>1</sup>). A study by Mchiza 2010<sup>2</sup> confirmed this; "Obesity is fast becoming a timebomb in South Africa, especially in poverty-stricken urban areas, where most ethnic communities associate the condition with beauty and wellness, rather than a health risk".

According to the Heart and Stroke Foundation of South Africa, overweight/obesity is usually due to either eating too much food or the wrong type of food coupled with the lack of regular physical activity.<sup>3</sup> "Obesity has many causes. Put simply, it's caused by taking in more energy than is used up over a period of time. Research studies have helped us to understand more about an individual's likelihood of becoming overweight or obese, but the most important factors are in our lifestyle."

The problem of childhood obesity in South Africa is reaching epidemic proportions. According to the Medical Research Council of South Africa<sup>4</sup>, it is estimated that 17% of children between the ages of 1-9 are either overweight or obese (Lee.2004)<sup>5</sup>. Unhealthy food and beverage items sold by vendors and tuck shops to learners have a negative impact on child nutrition and thus related illnesses.

According to the study by Feeley A. 2011<sup>6</sup>, "Townships such as Soweto, have a wide selection of food vendors, both commercial and informal (street vendors and tuck shops) that sell fast-food items, including vetkoek (fried fat cakes), fried chicken, deep-fried fish, fried chips and fried meats including processed sausages. The study found that food prepared away from home was higher in total and saturated fatty acids and lower in calcium, iron and fibre than foods prepared in the home. In addition, learners generally buy other food items from school tuck shops and vendors such as bread, fat cakes, sweets and "chips" etc. outside the school premises.

The Ministry of Education in the Seychelles has developed a National School Nutrition Policy on the premise that the school environment is known to powerfully influence students' attitudes, preferences and behaviours and, as such, can promote and positively support healthy eating.<sup>7</sup> These DBE guidelines take cognisance of this fact based on a common observation that schools generally have tuck shops and/or vendors in and around their premises.

The Department of Basic Education (DBE), through the National School Nutrition Programme (NSNP), promotes nutrition education in schools. This seeks to ensure that learners receive nutrition education messages which are reinforced throughout the entire school environment, to supplement the curriculum.

The Life Skills subject of the Curriculum and Assessment Policy Statement (CAPS) emphasises healthy eating among school children. The Specific Aim (3), of the Life Skills subject, contained in the NCS Policy Statement is to "guide learners to make informed and responsible decisions about their health and environment." The environment learners find themselves in during school hours needs to support the messages conveyed in the classroom. Foods and beverages sold to learners should not cause confusion or contradict what has been taught.

#### 4. LEGISLATIVE FRAMEWORK

The foundation of Government's commitment to nutrition is derived from the following imperatives:

- **Constitution of the Republic of South Africa**, 1996 (Act 108 of 1996). The Bill of Rights which is contained in Chapter 2 articles 27 (1) and 28 guarantees the right of children to health care, food and social security.
- The National Programme of Action (NPA) which was launched by Government in May 1996 provides a framework for the implementation of the United Nations Convention on the Rights of the Child (CRC). Nutrition is the first of seven priority areas in which South Africa needs to report on the progress in meeting the mandates of the CRC.
- Certificate of Acceptability (COA) issued by the Environmental Health Services located within Municipalities. It is a legal requirement that all food premises (including hawker stalls) should be registered with the Department of Health. Is a registration certificate for food premises in terms of Foodstuffs, Cosmetics and Disinfectants Act 1972 (Act No 54 of 1972). The person in charge of any food premises wishing to obtain a certificate of acceptability shall apply in writing to the local authority in whose area of jurisdiction the food premises are situated. It clarifies that the premises conform to the general hygiene requirements and the transport of food as laid down in the Act and Regulation.
- **The Reconstruction and Development Programme (RDP)** provides the context within which programmes for improving nutrition can be implemented and coordinated. It also highlights government's commitment to address malnutrition and hunger (Western Cape Provincial tuck shop guidelines)<sup>8</sup>.
- According to the Department of Basic Education's Action Plan to 2014 Towards Schooling 2025, learner well-being is at the forefront of the government's initiatives to improve children's learning abilities. Goal 25 clearly states that "Proper schooling cannot happen if learners suffer from desperate poverty, malnutrition or illness."9
- The Education Mandate for **Care and Support for Teaching and Learning (CSTL)** obligates the DBE to provide nutritional support and nutrition education to learners as part of the nutritional support priority area.
- The NSNP **Grant Framework Division of Revenue Act (DORA)** outlines three key objectives of the NSNP viz. to provide school meals to deserving learners during all school days, to promote nutrition education and food production in schools.
- **The Draft Nutrition Education (NE) Strategy** is intended "to make every school a healthy school where health promotion and awareness is integrated into school life".

#### 5. **OBJECTIVES**

These guidelines are intended for School Management Teams (SMTs), School Governing Bodies (SGBs), educators, tuck shop operators and learners, parents and the wider community. Schools are encouraged to consider and make these guidelines meaningful for their respective situation. The guidelines are intended to:

- **5.1** empower School Management Teams (SMTs) and School Governing Bodies (SGBs) to promote the availability of healthy food alternatives from school tuck shops in school premises.
- **5.2** ensure that good nutrition and healthy lifestyles are promoted in schools by educators through emphasising nutrition education and that these are properly followed by all involved in school (school community members, educators, learners, tuck shop operators).
- **5.3** provide guidance and agreement on how tuck shop operators can support and promote good nutrition and healthy lifestyles by selling healthy food and beverage items to learners. The sweets, chocolates and unhealthy snacks should be offered in small grams/packages.
- **5.4** educate learners, parents/caregivers and the community on how to clearly distinguish between healthy and non-healthy food items that may be sold at tuck shops.

#### 6. **RESPONSIBILITIES OF STAKEHOLDERS**

#### 6.1 School Management Teams (SMTs) and School Governing Bodies (SGBs)

- The SGB and SMT should play a leading role in ensuring that healthy food snacks and beverages are sold to learners.
- Each school should have the South African Food Based Dietary Guidelines<sup>10</sup> (FBDG) as the basis of translating information to its learners. The FBDG are guidelines developed by the Department of Health (DoH) to encourage people to buy and eat healthy food stuffs. These are attached as ANNEXURE A and can be accessed from <u>http://www.fao.org/ag/humannutrition/nutritioneducation/fbdg/49849/en/zaf/</u>
- The school should keep a database of individuals selling food and beverage items on or near the school premises.
- The school should offer training or hold meetings with tuck shop operators on the nutritional value of different products being sold.
- The SGB should enter into a Service Level Agreement (SLA) with school tuck shop operators. Such a Service Level Agreement should include the right to sanction and/ or terminate the services of a non-complying tuck shop operator.
- Although selling food can be a fund-raising activity for the school, care must be taken that learners are offered healthy and affordable alternatives at all times.
- There should be no marketing of any unhealthy foods at schools; thereby not permitting school sign boards sponsored by manufacturers of unhealthy foods and beverages
- Each school should make available clean, safe water within its premises.

#### 6.2 Educators

- Educators should teach the Life Skills subject of the CAPS to emphasise healthy eating among school children. The Specific Aim (3), of the Life Skills subject, contained in the NCS Policy Statement is to "guide learners to make informed and responsible decisions about their health and environment."
- Educators should lead by example and be role-models of a healthy lifestyle through good nutrition and regular exercise.

#### 6.3 Tuck shop operators

- Each tuck shop operator must sign a Service Level Agreement with the school.
- Each tuck shop operator should have a copy of the FBDG.
- Tuck shop operators should sell healthy foodstuffs and beverages as alternatives such as fresh fruits, roasted unsalted peanuts etc, as shown in Table 1 in Section 7.
- The items that should be avoided in school premises are such items as fries, processed food items, etc, as shown in Table 2, Section 7.
- Only drinks allowed to be sold at school would be milk, 100% fruit juice and water. These drinks would have to be in 200ml to 250ml containers.
- Vending machines at schools should be unbranded.

#### 6.4 Learners, Parents, Caregivers and the Community

- Parents and caregivers must ensure that they provide healthy food alternatives to their children.
- The community should encourage tuck shop operators to sell healthy alternatives.
- Parents and caregivers should lead by example and be role-models of a healthy lifestyle through good nutrition and regular exercise.
- Learners must balance their nutritional intake and do regular exercise such as jogging, cycling and playing different games.

#### 7. SUGGESTIONS FOR TUCK SHOP OPERATORS

Schools are encouraged to give the following ideas to the tuck shop operators within their schools in order to build relations and ensure good health for learners.

- As a marketing tool use a small chalkboard at the tuck shop to advertise food that is available on a particular day, and write nutrition messages as well.
- Have a weekly or quarterly newsletter sent to parents and caregivers.

#### 7.1 Good practices

- Drinking plenty of clean safe water: 6-8 glasses include any liquid taken;
- Boiling water if harvested from an unreliable source;
- Practicing good personal hygiene behaviour: Washing hands with soap under clean running water (after using the toilet, before and after meals);
- Covering hair during food preparation;
- Keeping short finger nails without nail polish for people preparing meals;
- Covering open wounds;
- Wearing clean clothes and using protective clothing during meal preparation;
- Providing unsweetened or 100% pure fruit juices and;
- Providing milk drinks that are low fat and unsweetened;
- Making available nutritious snacks as they are good for the provision of required energy and for metabolic processes and growth;
- Using snacks in moderation;
- Selling very limited quantities of processed snacks;
- Providing fruit and vegetables; and
- Selling soup during winter.

#### TABLE 1: EXAMPLES OF HEALTHY ALTERNATIVES

Examples of nutritious snacks	Nutrition information	Indication
Fresh Fruits and vegetables	Good sources of vitamins, minerals and fibre	Good for protection against illnesses, ease in bowel movement and absorption of other nutrients
Roasted unsalted Peanuts	Good source of proteins and good fats	Required for the development growth and replenishing of body cells and tissues.
Fish: grilled or canned	Good source of protein and iodine	Part of the thyroid hormone which regulates development of cells, growth, body temperature, and nerve functioning.
Egg sandwich	Good source of protein	Required for the development, growth and replenishing of body cells and tissues.
	Tomato contains Lycopene	The antioxidant lycopene is good for the prevention of some cancers.
Tomato sandwich		

Examples of nutritious snacks	Nutrition information	Indication
Lean Mince sandwich	Good source of protein	Required for the development, growth and replenishing of body cells and tissues.
Chicken liver sandwich	Good source of iron and protein	Iron is required by the body for the development of red blood cells that transport oxygen to all cells.
Peanut butter sandwich	Good source of Vitamin E	An antioxidant protecting cells from oxidation and stabilizes cells.

#### 7.2 Examples of high nutritional value foods

- Fresh fruit and salads are good sources of vitamins which protect against illnesses;
- Roasted unsalted peanuts and nuts, grilled/ canned fish, boiled eggs are good sources of protein required for growth and development;
- Chicken livers are good source of iron required for the development of red blood cells; and
- Brown bread sandwiches.

#### 7.3 Bad practices

- Selling of ice lollies (isiqeda);
- Selling and use of pre-used frying oil;

- Selling of items containing drugs to learners: Drugs are addictive; they cause behavioural changes and contribute to psychological problems; and
- Selling sugar laden fizzy drinks. These should be replaced with water, milk or juice.

#### 7.4 Examples of low nutritional value foods

- Energy-rich foods (starch based and fatty) such as vetkoek and fried foods;
- Snacks that are loaded with colourants and additives cause learners to be hyperactive and lead to lack of concentration in class which leads to behavioural problems;
- Foods with a high salt content (lead to hypertension, cardiovascular and kidney diseases); and
- Snacks loaded with sugar.

#### TABLE 2: EXAMPLES OF SNACKS TO AVOID

Snack	Nutrition information	Indication
Fries	High fat content	Risk of obesity and Coronary Heart Disease. The use of pre-used oil to prepare fries can cause illnesses.
Processed food items	High salt content	May contribute to the development of hypertension, cardiovascular and kidney diseases.
Homemade pie/pasty or sandwich filling with fats as a base (e.g. vetkoek mince)	High unhealthy fat content	The pie/pastry is more often fat than a filling. Risk of obesity and Coronary Heart Disease.
Weighed chips (umcaphuno; amakip-kip; ubhamfoqo)	High content of colourants and additives. High sodium (salt) content Susceptible to contamination during self packaging.	Many colourants e.g. Tartrazine, quinoline, allura red and benzoate are associated with hyperactivity in children.
Powdered cold drink	High concentration of additives and colourants	The powder is for dilution and if sold to learners they consume it as a powder. This should only be drunk after dilution so as to avoid concentrated chemicals

#### **ANNEXURE A**

#### SOUTH AFRICAN GUIDELINES FOR HEALTHY EATING<sup>11</sup>

#### **Food Based Dietary Guidelines**

The Department of Health (DoH) in 2012 reviewed the Food Based Dietary Guidelines (FBDGs) which addresses South African food security and enables people to eat healthily.

#### The South African Guidelines for Healthy Eating

- Enjoy a variety of foods;
- Make starchy food part of most meals;
- Eat plenty of vegetables and fruit every day;
- Eat dry beans, split-peas, lentils and soya regularly;
- Fish, chicken, lean meat or eggs could be eaten daily;
- Have milk, maas or yoghurt every day;
- Use fat sparingly; choose vegetable oils rather than hard fats;
- Use salt and food high in salt sparingly;
- Use sugar and food and drinks high in sugar sparingly;
- Drink lots of clean safe water; and
- Be Active!

See also: The 3 Fives - Five keys to safer food, Five keys to a healthy diet, Five keys to appropriate physical activity published by the Department of Health<sup>12</sup>. The following diagram is the food guide that supports the FBDG messages.



#### (Endnotes)

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- 2. Dr Zandile Mchiza African obesity threatens health 2010
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Published by the Department of Basic Education

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# **APPENDIX 31**

# Various Wall Charts On Healthy Lifestyles And Hygiene

(Posters)





# NATIONAL SCHOOL NUTRITION PROGRAMME

# STOP HARMFUL GERMS !! =





Always keep your hands clean After Scratching your hair/ touching your face



After sneezing blowing your nose or coughing



Before touching or eating food





Use clean water and soap





After touching the dustbin







After touching or playing with pets



# NATIONAL SCHOOL NUTRITION PROGRAMME





Use soap to wash your hands







Rub your fingers and palms and spaces between them



Scrub your nails and palms



**Rinse your hands** 



Rub your thumbs in your palms



Use hand towel

Scrub your fingers and thumbs



Scrub your fingertips in your palms



Dry hands



Department: Basic Education REPUBLIC OF SOUTH AFRICA

# NATIONAL SCHOOL NUTRITION PROGRAMME

Please follow the rules below when preparing food





# **APPENDIX 32**

# Detailed Instructions on Administering Deworming Tablets

(Guide)

### **Detailed Instructions on Administering the Deworming Tablets:**

- Only learners with signed consent forms may be dewormed
- All learners and educators must wash their hands with soap and water and dry them before administering
- Each learner should each have a cup or bottle containing a small amount of clean water (if water is not available then learners can chew and swallow the tablet)
- A tablet should be poured from the medicine bottle into a clean cup/container which was rinsed with boiling water and dried (the tablets should not be touched when being given to learners)
- With a clean spoon a tablet is then placed on the learner's (washed) hand
- The learner should place the tablet in his/her mouth and swallow the tablet with their water
- The tablets are small and easy to swallow and most learners will swallow their tablet without difficulty
- Some learners, especially younger learners, may not want to swallow the tablet or may struggle to do so and educators should encourage and assist learners who are unable or unwilling to swallow the tablets
- If the learner is anxious, it may be better to wait for a while and allow the learner to try again
- The tablet can also be crushed if this will assist the learner to swallow the tablet
- On no account should any learner be forced to swallow a tablet against their will
- Girls, who suspect that they may be pregnant, should not take the medication. No learner should be asked whether they are pregnant, only if the educators know or can visibly see that the learner is pregnant the deworming medication should not be given to the learner as its effect on pregnant women has not been established
- Learners who are ill on the treatment day should not receive the deworming medicine. This is not due to the danger of side effects, but to prevent the potential misconception that the medication caused any illness
- Educators of Grade 4 classes should wait 20 minutes before administering the deworming tablets to the girls who have first received the HPV vaccine

# **APPENDIX 33**

# Possible Side Effects of Deworming and What to do?

(SOP)

- Deworming tablets are extremely safe
- They may, however, cause mild reactions which are likely to disappear within 2 hours
- Educators should observe learners for possible side effects and if they occur record them on the recording form
- The school nurse should be informed about any serious side effects
- If this is not possible the learner should be referred to the nearest health facility

Mild Side Effects	What to do?
<ul> <li>Nausea</li> <li>Vomiting</li> <li>Abdominal Pain</li> <li>Headache</li> </ul>	<ul> <li>Reassure the learner and encourage them to lie down in the sick bay</li> <li>Observe the learner carefully until they feel better</li> </ul>
Uncommon Side Effects	What to do?
<ul> <li>Persistent uneasiness or symptoms lasting longer than 3 hours</li> <li>Very sick learner</li> </ul>	<ul> <li>Report to the school nurse or health</li> </ul>

# **Objectives of the NSNP**









### 1. Nutritious Meals

Provide nutritious meals to learners on time so as to improve their ability to learn

### 2. Nutrition Education

Promote healthy lifestyles amongst learners and parents

### 3. Deworming

A write up about deworming

### 4. Sustainable Food Production

Promote the development of school vegetable gardens

### **Contact us:**

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